#AMWA2024

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Transforming

AMWA

109th Annual Meeting
March 22-24, 2024, Virtual

SECURING YOUR FUTURE IN THE
CHANGING LANDSCAPE OF MEDICINE

amwa-doc.org/amwa109
MEETING LOGISTICS AND IMPORTANT LINKS

The Main AMWA Zoom link has been emailed to all registrants (please do not share this link with non-registered attendees)
This is the main link which will be open all weekend. This will be the home for all keynote and plenary sessions. When there are no sessions, there will be information and contact information displayed if attendees have questions and need help.

Main Meeting Virtual Page: bit.ly/amwa2024meeting
(sign in with the password you used during registration)
This is the virtual meeting page which will have links to all sessions as well as recordings when they are posted. You can also access this page from the pain AMWA meeting webpage (amwa-doc.org/amwa109), and you will be prompted to log-in.

Other questions?
E-mail program@amwa-doc.org.

VIRTUAL NETWORKING

Virtual Networking is available on Friday through the AMWA Gather Platform!
During Breaks, visit the AMWA committee and exhibitor tables. Don’t miss the poster presentations, special networking sessions, and the speed networking event on Friday afternoon starting at 4:30 pm ET.

Set up your avatar on Friday 3/22: bit.ly/amwa2024exhibit
Print Instructions on setting up your avatar bit.ly/amwagatherinstructions
Video instructions on setting up your avatar: https://youtu.be/69I8d2wll2I

FREE 30 MINUTE COACHING SESSION
FOR PHYSICIAN AND RESIDENT ATTENDEES

Visit the Coaching tab on the AMWA meeting page (amwa-doc.org/amwa109) and browse through our AMWA coaches list. Click on the links to set up an appointment! We thank our coaches for donating generously of their time to support AMWA members.
I send my warmest greetings to the American Medical Women’s Association (AMWA) as you celebrate your 109th anniversary.

Throughout America’s history, the fields of science and medicine have been transformed by trailblazing women opening the doors of opportunity wider for everyone. And since it was founded 109 years ago, countless visionaries from AMWA have been steadfast leaders in that noble pursuit. As you have supported women in medicine and advocated for equity in the health care system, you have pushed our Nation closer to realizing our founding ideal: We are all created equal and deserve to be treated equally throughout our lives. With your partnership and leadership, we continue our efforts to live up to that promise.

I have often said that our country faces an inflection point in history—a moment where the decisions we make now will determine the course of our future for decades to come. And the health challenges we face today are enormous: from combating gun violence and fighting to protect reproductive freedom to closing gaps in women’s health research, expanding access to mental health and substance use supports and services, ending cancer as we know it, and so much more. That’s why my Administration launched the White House Initiative on Women’s Health Research—to spur innovation, unleash transformative investment to expand research efforts, and improve women’s health. And with the leadership and commitment of organizations like AMWA leading us forward, I am more optimistic than ever about the prospects of this great Nation.

As you convene virtually for your 109th Annual Meeting, I hope you take pride in the impact AMWA has had on communities all across our country. From improving women’s health outcomes to promoting women’s leadership in addressing some of the most pressing challenges of our time, you have reminded us that, here in America, there is nothing beyond our capacity when we work together.
Dear AMWA Friends,

Welcome to AMWA’s 2024 Annual Meeting!

As my term ends, I want to express my gratitude for the opportunity to serve the organization and you, its members. I thank you for your unwavering commitment to advancing women in medicine, ensuring equity in healthcare, and ensuring excellence in patient care. In these challenging times, not only here in the US but around the globe, we must continue our work to ensure access to healthcare for all. A year goes by in a flash, and I have barely scratched the surface of all that I intended to accomplish as president. I am fortunate to have supported AMWA’s advocacy work in joining a coalition focused on addressing unmet needs in women’s health, which ultimately led to the November 2023 announcement of the White House Initiative for Women’s Health Research. I look forward to continuing to work with AMWA in this exciting time for women.

To the board, thank you for your dedication. To Sue Hingle—I wish you all the best this year. To Eliza—thank you SO much for all you do. And to the pre-meds, medical students, and residents—you are the future of AMWA and the future of healthcare. My biggest regret of the year is not having had the opportunity to spend more time with you. I look forward to working with you as past president!

Thank you again, and I wish you an interesting, informative, and FUN annual meeting!

Sincerely,
Beth Garner, MD, MPH

Dr. Elizabeth Garner is Chief Scientific Officer of Ferring Pharmaceuticals US and has held positions at ObsEva, Agile Therapeutics, Myriad Genetics, Abbott, and Merck. Beth is on the Boards of Kezar Life Sciences and Sermonix Pharmaceuticals and is Board Chair of NUJA Surgical. She received her MD and MPH degrees from Harvard Medical School and the Harvard School of Public Health and trained in Obstetrics and Gynecology and Gynecologic Oncology at Brigham and Women’s and Massachusetts General Hospitals and the Dana Farber Cancer Institute. Dr. Garner speaks on a range of topics including women’s health and leadership. She is a 2019 and 2023 awardee of PharmaVoice’s 100 Most Inspiring Individuals in life sciences and was the 2022 recipient of the AMWA Woman in Science Award.

Dear AMWA Members and Supporters,

We are at a critical time in health care and medical education. Workforce shortages, misinformation, the erosion of trust, and moral injury further threaten our successes and fulfillment as individuals and as an organization. AMWA is uniquely poised to take on these challenges in collaboration with others. We are excited to work with you all to create a world full of joy, connection, and thriving where we are all co-liberated.

Sincerely,
Susan Thompson Hingle, MD, MACP, FRCP, FAMWA

Dr. Susan Hingle is a Professor of Medicine and Medical Humanities, who serves as Associate Dean for Human and Organizational Potential and Director of Faculty Development at Southern Illinois University School of Medicine. She earned a bachelor’s degree from Miami University and a medical degree from Rush University Medical College. She completed an Internal Medicine residency at Georgetown University Medical Center, where she served as Chief Resident of Internal Medicine. Dr. Hingle graduated from the Executive Leadership in Academic Medicine (ELAM) Program. In addition to AMWA, she has been active nationally in numerous organizations, including the American College of Physicians, the Alliance of Academic Internal Medicine, and the American Medical Association. She served as Chair of the ACP Board of Regents and Chair of Board of Governors. Dr. Hingle strongly believes that women in medicine have enormous potential to influence the profession and society for the better and is eager to share her experiences, expertise, and passion with AMWA.
Dear AMWA Resident and Fellows,

Training is such a formative time in one's medical career. You are still learning the nuts and bolts of your chosen field while also discovering your voice as a physician. During this period, finding mentorship and seeing examples of an attending practice that you can emulate are critical in setting up a successful, fulfilling career.

AMWA is such a special institution because it creates a network to bring about connections to other female physicians in a uniquely safe and supportive atmosphere. We hope that this conference can inspire you through its talks and that you can continue to make these formative and inspiring connections.

All my best,
Alexandra Goodwin, MD

Dr. Alexandra Goodwin is a first-year fellow in Female Pelvic Medicine and Reconstructive Surgery at UCLA Health. She graduated from Residency in Obstetrics and Gynecology at the Zucker School of Medicine at Hofstra/Northwell Health in 2023. She received her medical degree from Wake Forest University School of Medicine and her BA from Harvard University in Human Evolutionary Biology with a secondary degree in Global Health and Health Policy.

Dear AMWA Members,

Serving as the president of the AMWA Medical Student Division this past year has been an incredible experience and the highlight of my time as a medical student. I am greatly thankful for and proud of our student division leadership. They have shown curiosity, creativity, and dedication that advances not only their local AMWA communities but also our national community as well. I am especially grateful for Emily Forester, who has served as president-elect with me. I am amazed by her passion to advocate for our students and diligence to problem solve efficiently; AMWA is lucky to have her leadership.

As AMWA moves forward into a new year, I hope that we will all remember to treat ourselves and each other with compassion as we work to create a more equitable and just world for ourselves and future generations.

Sincerely,
Julia Burns, MS

Julia Burns (she/her/hers) is a fourth-year medical student at the Philadelphia College of Osteopathic Medicine (PCOM). She received her Bachelor of Science degree in Biology, with a minor in Sociology from Muhlenberg College. While pursuing her Master of Biomedical Sciences at PCOM, she spent her time bringing her spirit of advocacy and community to the AMWA PCOM Branch as Branch President. After her term as Branch President, she was elected as AMWA Region 3 Director where she supported AMWA Branches in the Mid-Atlantic region. Following her term as Region Director, she was elected as AMWA Student Division President-Elect and subsequent President, where she looks to further empower women in medicine throughout their medical journey.

Dear AMWA Members,

Getting to serve as the Premedical President this past term has been such an incredible honor and an experience I will cherish forever! I am so grateful to AMWA for giving me the opportunity to exercise my leadership skills, network with some many amazing women, and learn how to find my voice. I wouldn’t be half the woman I am today without my experiences these past 5 years on AMWA’s Premedical Board. Thank you to everyone who made my term so special!

Sincerely,
Kaylee Travis, BS

Kaylee Travis is a graduate premedical student pursuing her MS in Anatomical Sciences at The Ohio State University. Kaylee graduated from The Ohio State University in May of 2022 with a BS in Biological Sciences with a minor in General Psychology. She plans to pursue a job in Orthopedic Surgery and sports medicine as it combines her two passions of sports and medicine. Kaylee was on the AMWA National Premedical executive board for the past 3 terms as one of the Co-conference chairs, Region 6 Director, and President-Elect. Kaylee is a research assistant at the James Cancer Hospital Solove Research Institute where she helps study geriatric lung cancer. Additionally, Kaylee is a Graduate Teaching Assistant (GTA) for The Ohio State University College of Medicine’s Department of Anatomy and the Marketing Chair of Mindveristy’s Ohio State branch where she helps advocate for the destigmatization of mental health and promotion of mental health resources for those in the BIPOC and LGBTQ communities, a role she has held since 2020.
AMWA RESIDENT PRESIDENT-ELECT

Dear AMWA Members,

On behalf of AMWA’s Resident Division, I would like to welcome you to the 2024 National AMWA Conference! I am excited for us to share in learning how to lead through the transformations within the medical community and how to balance a life of discovery, wellness, and growth. With a commitment to empowering women in healthcare, it is important to share in the values of leadership, compassion, and innovation. AMWA’s mission of advancing and advocating for women in medicine, supports these ideals and I am eager to virtually listen to our speakers dedicated to creating a community that we women physicians can thrive in!

Sincerely,
Jaclyn Del Pozzo, DO

Dr. Jaclyn Del Pozzo is a resident in Obstetrics and Gynecology at Zucker School of Medicine at Hofstra/Northwell Health - South Shore University Hospital with a desire to pursue fellowship in Maternal Fetal Medicine. She graduated from New York Institute of Technology College of Osteopathic Medicine with a Masters in Neuromusculoskeletal Sciences and obtained a Bachelor of Sciences in Integrative Neuroscience from the State University of New York at Binghamton. She desires to continue her career interests of medical education.

AMWA STUDENT PRESIDENT-ELECT

Dear AMWA Members,

Welcome to the 109th Annual AMWA meeting! I am excited for the opportunity to virtually connect with everyone who will be joining us. I hope you take full advantage of the unique opportunities for mentorship and growth that the AMWA Annual meeting provides.

Additionally, I am grateful for the privilege of assuming the role of President of the AMWA Student Division. I look forward to continuing many of the impactful initiatives carried out by the Student Division, while also expanding opportunities for mentorship and connection among our members. AMWA has been an integral part of my medical school journey, and I am overjoyed to continue to grow through this amazing organization.

Sincerely,
Emily Forester

Emily Forester (she/her/hers) is a second-year medical student at the Rowan-Virtua College of Osteopathic Medicine. Emily first began her involvement with AMWA through the Rowan-Virtua chapter, where she became Vice President. She spearheaded their first pre-med mentoring program, which helped to match medical student mentors with pre-medical students at various colleges in Southern NJ. At the AMWA national level, she has worked with the Sex and Gender Health Collaborative on the Sex and Gender Differences Factsheet project, while also serving on the AMWA Student Division’s Award Committee. In addition to her AMWA involvement, Emily is a Rowan-Virtua ambassador, tutor, and teaching assistant, as well as a coordinator for the Rowan Community Health Center, a student-run free clinic in Lindenwold, NJ. Outside of medicine, she is an avid long distance runner. She completed her first marathon in the fall of 2022 at the Philadelphia marathon. In her free time, she also enjoys cooking, going to the beach, and knitting/crocheting.

AMWA PREMEDICAL PRESIDENT-ELECT

Dear Premedical Student Attendees,

On behalf of AMWA’s Premedical Division, welcome to the 109th AMWA Virtual Conference! Hearing from so many of the incredible individuals of AMWA has taught me how to amplify my own voice, and I hope that throughout this conference, you are able to feel the same support and passion that has fueled me over the last three years of my undergraduate education. I encourage you all to utilize this opportunity of online accessibility to connect with people from varying geographies, experiences, and points in their medical journey. It has been an honor to serve as your President-Elect this past term, and I look forward to seeing what next year holds!

Sincerely,
Sophia Hai

Sophia Hai (she/her/hers) is a second-year premedical student at the University of Southern California studying a B.S. in Human Biology with a double minor in Health Care Studies and Performance Arts Studies. She joined AMWA and the USC Chapter of AMWA in Fall 2021, and served in 2022-23 as the Region 2 Director for the national leadership team and the National Liaison for the USC branch. Outside of AMWA, she is a Research Assistant for Keck Medical Center’s Department of Radiology Breast Imaging Studies as well as Emergency Medicine, she works as an EMT both on-campus and for American First Responder at children’s football games, and she tutors General Biology for her underclassmen peers through her university’s Supplemental Instruction Program. Working with USC’s arts and humanities initiative, Visions and Voices, Sophia also enjoys studying narrative medicine and how the liberal arts can intersect and improve the healthcare system.
11:00 Welcome
Elizabeth Garner, MD, MPH
President, AMWA, CSO, Ferring Pharmaceuticals, USA

11:05 Keynote
Monica Bertagnolli, MD
Director, National Institutes of Health

11:25 Keynote
Congresswoman Kim Schrier, MD
U.S. House of Representatives, WA

11:35 Keynote: Navigating the Changing Legal and Business Landscape of Medicine: Why Does This Matter?
Elizabeth Valencia, MD, JD
Board of Governors, American College of Legal Medicine
Former Associate Dean of Diversity, Equity, Inclusion, Mayo School of Medicine

12:00 Affirmative Action in Academic Medicine: What Does the Future Hold for Equity, Diversity, and Inclusion in Healthcare?
Karen Antman, MD
Provost, Boston Univ. Med Campus, Dean SOM
Frank Trinity, JD
Chief Legal Officer, AAMC
Donna Elliot, MD, EdD
Suzanne Rose, MD, MSEd
Senior Vice Dean Medical Education, Univ. of Pennsylvania, Pearlman SOM
Elizabeth Garner, MD, MPH
President, AMWA, CSO, Ferring Pharmaceuticals, USA

1:00 Break - Exhibits

1:15 Keynote: Can We Reach Common Ground? Navigating Difficult Conversations on Controversial Topics
Jayne Nucete, MA
Principal, CMPartners
Ken Hyatt, JD
Founder & Partner CMPartners
Sarada Peri, MPP
Founder, Peri Communications
LEGAL BREAKOUTS

2:15 Legal Breakout: Defamation
My Loss, A Cautionary Tale
Beki Denman, MD
OB/GYN, Carmel, IN

2:15 Legal Breakout: Malpractice Risks and Coverage Benefits
Paulette Dove, JD
Senior Assoc. General Counsel for Healthcare & Litigation at SIU SOM

2:15 Legal Breakout: Practical Strategies for Asset Protection in Divorce for Female Physicians
Swati Desai, Esq, CFLS
Partner, Desai Camino, APC

2:15 Legal Breakout: The Defense Health Agency
Lt. Gen. Telita Crosland
Director, Defense Health Agency

2:15 Legal Breakout: Contracts: Knowing and Pursuing your Worth
Anu Murthy, JD
Founder, Anu Murthy, Esq.

2:15 Legal Breakout: COVID-19: How a Pandemic Changed Regulatory
Rukhaya Alikhan, JD
Chief Counsel, Illinois Dept. of Public Health (IDPH)

3:15 Break - Exhibits*

HOT TOPICS

3:30 General Hot Topics
GLP1-RA (Glucagon Like Peptide 1 Receptor Agonists: Benefits & Controversies
Barbara Simon, MD
Clinical Associate Professor of Medicine, Thomas Jefferson University

Lower Back Pain: Diagnosis and Management
Lydia Kaoutzani, MD
PGY-6, Neurosurgery Resident, Wellstar MCG Health

Dementia
Mindy Fain, MD
Anne & Aiden Hart Endowed Chair in Medicine, Univ. of Arizona, COM Tucson

Insomnia: When First Line Treatment Is Elusive
Stephanie Ashraf, MD
Assistant Professor of Medicine, Indiana University School of Medicine

Inspired to Sleep: Updates in Sleep Apnea
Nathalie Foray, DO
Assistant Professor of Clinical Medicine, Southern Illinois University SOM

Friday, March 22, 2024

*B Non-CME Session
Friday, March 22, 2024

3:30 Preventive Women’s Health, Fertility and Pregnancy Hot Topics
Motherhood Rewritten: Pregnancy in Patients Over 35
Lara Hart, MD
Assistant Professor of Ob/Gyn, AU/UGA Medical Partnership

Vasomotor Symptoms in Post-Menopausal Women
Gloria Bachman, MD
Associate Dean for Women’s Health, Professor of Ob/Gyn Rutgers RWJ SOM
Nancy Phillips, MD
Professor of Ob/Gyn, Rutgers RWJ SOM, Clinical Research Investigator, IMA Research

Don’t Put All Your Eggs in the Same Basket: The Basics of Oocyte Preservation
Amy Cruz, MD
Assistant Professor of Ob/Gyn, Temple University Hospital, Lewis Katz SOM

Maternal Mortality in the US - A Public Health Approach to Improving Outcomes
Aasta Mehta, MD
Medical Officer, Women's Health Philadelphia Department of Public Health

WPSI’s Recommendations
Theresa Rohr-Kirchgraber, MD
Past President, AMWA, Professor of Medicine, AU/UGA Med. Partnership

3:30 Hot Topics - Women’s Health
Bariatric Women’s Health - A Novel Collaboration
Hamer Titus, MD
Assistant Professor of Ob/Gyn, Wellstar MCG Health, Augusta, GA
Renee Hilton, MD
Associate Professor of Surgery, Section Chief, Medical College of Georgia

Updates in Endometriosis
Kate Stampler, DO
Division Chair, Gyn/Section; Chief, Einstein Medical Center

dVIN, VAM, DEVIL, VAAD, vLSC and VaVIN: Making Sense Of It All
Rachel Kowal, MD
Assistant Professor of Pathology/Dermatology Indiana University SOM

Evaluation and Management of Women at High Risk for Breast Cancer
Jessica Fraker, MD
Sr. Assoc. Consultant Mayo Clinic, AZ

4:30 Poster Presentations, Speed Networking, Exhibits, Open Networking*

5:30 Residency Fair, Exhibits, Open Networking*

6:30 Conclusion

*Non-CME Session
Saturday, March 22, 2024

11:00 Welcome
Vidya Prakash, MD, MPH
Professor, Associate Dean of Clinical Affairs and Population Health
Chief Medical Officer, SIU Medicine, AMWA Program Co-Chair
Eleanor Chu, MD
Assoc. Clin. Professor, Radiology, UCI SOM, AMWA Program Co-chair
Alexandra Goodwin, MD - AMWA Resident President
Julia Burns - AMWA Medical Student President
Kaylee Travis - AMWA Premedical President

11:15 KEYNOTE: Preparing to Negotiate WELL Work, Education, Life and Leadership
Hannah Riley-Bowles, DBA, MPP
Roy E. Larsen Senior Lecturer
Public Policy & Management, Harvard Kennedy School of Government

12:00 From Patient Bedside to Practice Budget: Demystifying the Business Side of Medicine
Wendy Cox-Largent, MBA, CPA
CFO & COO, Medical Home Network of Chicago

12:45 Understanding the New Managed Care Environment
Maria Todd, PhD, MHA
Administrator, Robotic Orthopaedic Institute Consultant

1:45 Unveiling Health through the Lens of Sex and Gender
AMWA-Sex & Gender Health Collaborative
Kimberly Templeton, MD
Prof. & Vice Chair, Orthopaedic Surgery, Assoc. Dean for CME, Kansas Univ MC
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1:30 Break - Exhibits
Saturday, March 22, 2024

2:30 Awards, Fellowship, Artist-in-Residence, White Rose Ceremony*

3:15 "I Don't Have Time For This Cancer. Let's Take Care of This. Let's Get It Done" — Lillian Kreppel's Journey
Lillian Kreppel
Executive Director, Co-Founder and Cancer Thriver of HPV Cancers Alliance

4:15 Graduate Medical Education Symposium
The Law and GME: What Programs Need to Know
Kimberly Templeton, MD
   Prof. & Vice Chair, Orthopaedic Surgery, Assoc. Dean CME, Kansas Univ MC
Natalie Holick, JD
   Associate Vice Chancellor Integrity & Compliance, University of Kansas
Lauren McKown, JD
   Associate Vice Chancellor, Office of Civil Rights & Title IX, Kansas University
Carol Bernstein, MD
   Prof. & Vice Chair, Faculty Dev. & Wellbeing, Montefiore Medical Center
   Albert Einstein College of Medicine

AMWA 109th ANNIVERSARY GALA

5:00 Message from the U.S. Surgeon General*
Vice Admiral Vivek H. Murthy, MD, MBA
   U.S. Surgeon General

5:05 Gala Keynote
Courage, Grit, and Being Human
Carrie Cunningham, MD
   Associate Professor of Surgery, Harvard Medical School
   Past President, Association for Academic Surgery

6:00 AMWA Leadership Transition*

6:15 AMWA President 2024-2025 Inauguration
Susan Hingle, MD
   Assoc. Dean, Human & Organizational Potential, Chair, Med. Humanities, SIU
   School of Medicine

6:30 Break

7:00 A Healing Harmony: Exploring the Symbiosis of Music and Medicine
Mary Rorro, DO
   Chair, Music & Medicine, Psychiatrist, NJ Dept. of Veteran Affairs
Sydelle Ross, MD, D.ABA
   Hospice and Palliative Medicine Physician, NJ VA Healthcare System
Caitlin Cavarocchi
   Medical Student, Philadelphia College of Osteopathic Medicine
Sofia Stitz
   Pre-Medical Student, University of Cincinnati

7:30 Brushes and Scalpels: A Prescription for Paint Night*

8:30 Conclusion

*Non-CME Session
SUNDAY, MARCH 22, 2024

WORKSHOPS

11:00 LIFTing Healthcare Heroes: Learn, Identify & Fight Trafficking
Puneet Anand, MBBS
Physician, Bharati Vidyapeeth Medical College
Elizabeth Adams
M4, Northwestern Univ. Feinberg School of Medicine, Co-Chair, Education and Research, AMWA-PATH
Mikayla Mefford
M3, UCLA School of Medicine, Co-Chair, Education and Research AMWA-PATH

11:00 Securing Your Future Through Intellectual Property: Navigating the Landscape
Soody Tronson, JD
Founding Managing Counsel STLG Law Firm, Founder, CEO, Presque

11:00 Create a Career You Don’t Want to Escape From
Marion McCrary, MD
Clinical Associate, Department of Medicine, Associate Director of GME Professional Development Coaching Program, Duke University

11:00 Alternative Contract Arrangements in Managed Care
Maria Todd, PhD, MHA
Administrator, Robotic Orthopaedic Institute Consultant (Managed Care, Business Development)

11:00 Narrative Medicine: Advancing Career and Care Through the Power of Story
Maria Camilla Bucco, DO
Clinical Assistant Professor, Internal Medicine, Phil. Coll. of Osteopathic Medicine
Eve Makoff, MD
Regional Medical Director, AltaMed PACE, LA
Tara Ahmadi, MD
1st Year Family Med Resident, Swedish First Hill
Kristin Stasiowski
Associate Dean, International Program and Education Abroad
Associate Professor, Italian Language and Literature
Sarah Webb, MFA
Teaching Artist, Narrative Medicine Practitioner, and Yoga Instructor

*Non-CME Session*
12:00 Coping with Breast Cancer: A Meta-analysis of Expressive Writing Interventions
Nancy Phillips, MD
Professor of Obstetrics & Gynecology, Rutgers Robert Wood Johnson School of Medicine, Clinical Research Investigator, IMA Research
Gloria Bachmann, MD, MMS
Associate Dean for Women’s Health, Professor of Obstetrics & Gynecology, Rutgers Robert Wood Johnson School of Medicine
Pooja Patel, MS
Graduate Researcher, Rutgers Robert Wood Johnson Women’s Health Inst.

12:00 Applying Antiracism to Everyday Advocacy: A Workshop for Physicians and Physicians in Training
Audrey Elegbede, PhD, PCC
Enterprise Admin. Director, Mayo Clinic Comprehensive Cancer Center
Nicole Sandhu, MD, PhD
Assoc. Professor of Medicine, Mayo Clinic, Rochester, AMWA Past President

12:00 Leading with Emotional Intelligence
Farzana Hoque, MD
Associate Professor of Medicine, St. Louis University School of Medicine

12:00 Finding the Right Mentor and Maintaining the Relationship through Key Conversations
Bisi Alli, DO, MS
Principal, WellNEST Medicine™ LLC
Asst. Prof. of Medicine, UoACOM-P
LEAN Six Sigma Black Belt
Susan Hingle, MD
Associate Dean, Human & Organizational Potential, SIU SOM
President-elect, AMWA
Eliza Chin, MD, MPH
Executive Director, AMWA
Ankita Sagar, MD
Associate Clinical Professor of Medicine, Creighton University
Paulina Awuah
M4, Touro Univ., Nevada College of Osteopathic Medicine

12:00 Thinking Outside the Box: Advancement of Women in Medicine with a Multi-Specialty Approach
Natalie Crawford, MD
Co-Founder, Fora Fertility
Affiliate Clinical Faculty University of Texas Dell Medical School
Pamela Mehta, MD
Founder, Resilience Orthopedics
Co-Founder, Pinnacle, Women in Medicine, CMO, Good Feet
Rupa Wong, MD
Managing Partner, Honolulu Eye Clinic

*Non-CME Session*
Sunday, March 22, 2024

1:00 Break - Exhibits*

1:15 A Relational Approach: Empowering Each Other through Psychological Safety
Sarah Smithson, MD
VP Partnerships, Intend Health Strategies
Christina Kelly, MD
Assistant Professor of Family Medicine Uniformed Services University of the Health Sciences

1:15 Humanities and Healing: Exploring the Symbiosis of Music and Medicine
Mary Rorro, DO
Psychiatrist, NJ Dept of VA
Caitlin Cavarocchi
Medical Student, Philadelphia College of Osteopathic Med
Gloria Bachmann, MD, MSS
Associate Dean for Women’s Health
Professor of Ob/Gyn, Rutgers RWJ SOM
Olapeju Simoyan, MD, MPH
Professor Addiction Medicine, Drexel U. SOM

1:15 Reducing Barriers to Physicians and Students Receiving Mental Health Care
Eileen Barrett, MD, MPH
Internal Medicine Hospitalist, President-elect Designee, AMWA
Susan Hingle, MD
Assoc. Dean, Human & Organizational Potential, Chair, Med. Humanities, SIU SOM
President-elect, AMWA

1:15 Gender, Racial, and Ethnic Disparities Among Authors of Clinical Guidelines
Amarilis Martin, MD
Pediatrician and Pediatric Intensivist Stony Brook Medicine

1:15 Scripting Success: Beyond Clinical Walls
Viv Babber, MD
Physician Advisor, Healthcare Innovation Media and Real Estate

2:15 Meet AMWA Communities - JEDI Council, Gender Equity, IMG, Mentoring, Studio AMWA, Domestic Violence, and more!*

3:15 Exhibits*

3:30 Conclusion

*Non-CME Session
11:00  INTRODUCTION  AMWA109 National Conference  
Student Co-Chairs Emily Marsico & Vineetha Mathew

11:10  PRESENTATION  Removing Barriers to Physicians and Students Receiving Mental Health Care  
Eileen Barrett, MD, MPH  
  President-elect designee, American Medical Women’s Association  
  Chair, Board of Regents, American College of Physicians  
Susan Hingle, MD  
  Assoc. Dean, Human & Organizational Potential, Chair, Med. Humanities,  
  SIU SOM  
  President-elect, AMWA

11:45  Stump the Professor  
Selected case reports will be presented to experts in the field

12:30  WORKSHOPS (Concurrent Sessions)  
AMWA Global Health – Anne C Carter Fellowship: How to Make a Project Proposal

AMWA PATH – You Can (and Should) Provide Trauma Informed Care  
Traci Kurtzer, MD  
  Medical Director for Trauma Informed Care and Education  
  Department of Obstetrics and Gynecology, Feinberg School of Medicine, Northwestern, President, AMWA Physicians Against the Trafficking of Humans

AMWA Gender Equity Task Force- Empowering Advocacy: Harnessing Social Media for Change  
Roberta Gebhard, DO  
  AMWA Past President, Co-Founder Gender Equity Task Force  
Brianna Clark, DO MPH  
  Co-Chair, AMWA Gender Equity Task Force

Vaishnavi Patel  
  M3, University of the Incarnate Word School of Osteopathic Medicine  
Devki Patel  
  M1, Texas Tech University Health Sciences Center SOM

1:05  KEYNOTE A Discussion on Advocacy  
Amy Burkett, MD  
  ACOG District V Legislative Chair, 2024 ACOG McCain Advocacy Fellow, Ob/Gyn Hospitalist, Cleveland Clinic, Akron General

Emily Marsico  
Vineetha Mathew  
Eileen Barrett, MD MPH  
Susan Hingle, MD  
Traci Kurtzer, MD  
Roberta Gebhard MD  
Brianna Clark, DO  
Vaishnavi Patel  
Devki Patel  
Amy Burkett, MD
SUNDAY, MARCH 22, 2024
PREMED PROGRAMMING

10:00 Premedical Branch Presentations
   Kaylee Travis
   Premedical President
   Ohio State
   Sophia Hai
   Premedical President-Elect
   USC
   Layla Aboufares
   Premedical Division Co-Conference Chair
   UC Berkeley
   University of South Florida
   University of Houston
   University of North Carolina (Charlotte)
   Northeastern University and USC.

2:15 Navigating Your Path to Medicine: Insights from AMWA
   Physician Leaders on What Matters Most
   Eliza Chin, MD, MPH
   AMWA Executive Director
   Roberta Gebhard, DO
   AMWA Past President, Co-Founder Gender Equity Task Force
   Theresa Rohr-Kirchgraber, MD
   AMWA Past President, Professor of Medicine, AU/UGA Medical
   Partnership

3:30 Premedical Division Leadership Transition Meeting

5:30 Conclusion
Accreditation Statement

In support of improving patient care, Indiana University School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

Indiana University School of Medicine designates this live activity for a maximum of 16.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Summary

Indiana University School of Medicine (IUSM) policy ensures that those who have influenced the content of a CE activity (e.g. planners, faculty, authors, reviewers and others) disclose all financial relationships with any ineligible companies so that IUSM may identify and mitigate any conflicts of interest prior to the activity. All educational programs sponsored by Indiana University School of Medicine must demonstrate balance, independence, objectivity, and scientific rigor.

There are no relevant financial relationship(s) with ineligible companies for anyone who was in control of the content of this activity, except:

- Carrie Cunningham, MD has disclosed consulting fees from 3M.
- Connie Newman, MD has disclosed honorarium from Northwell Health Center.
- Jane Nucete, MD has disclosed consulting fees from Straumann Group.
- Nancy Phillips, MD has disclosed consulting fees from Probio Biotech.
- Rupa Wong, MD has disclosed consulting fees from Vyluma (relationship has ended, speaker fees from CooperVision and Haag-Streit, and stock options with Luminopia).

All of the relevant financial relationships listed for these individuals have been mitigated.

An ineligible company is any entity whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

The activity evaluation will be sent via email. Within 30-60 days following the activity, learners will receive a separate email with instructions on how to obtain proof of participation in this IUSM activity.

For questions and concerns, please contact IU School of Medicine, Division of Continuing Education in Healthcare Professions, 317-274-0104, or cehp@iu.edu
American Medical Women’s Association

2024 AWARDS

Presidential Award – Women’s Health Access Matters (WHAM)

In 2018, Women’s Health Access Matters (WHAM) was founded by Carolee Lee to (1) Increase funding for women’s health research, (2) empower women researchers to study and share sex and gender research, and (3) build a data-driven case for accelerating women’s health research. WHAM works across diseases that impact women differently and differentially in the areas of brain health, heart health, immune and autoimmune health, and cancer. WHAM has focused on creating three platforms of expertise: The WHAM Report, The WHAM Investigator’s Fund and the WHAM Collaborative.

Presidential Award – Jamie White, MS

Jamie White serves as the Government Affairs Manager and Women’s Health Director at G2G Consulting. Previous roles have included Health Science Strategy and Relations Lead and Health Science Policy Analyst, NIH Office of Research on Women’s Health (ORWH) and Presidential Management Fellow (PMF, NIH), Public Health Analyst, and Special Assistant to the Director of ORWH. Prior to working for NIH, she was a Laboratory Analyst that developed methodologies for the destruction of chemical weapons at the Blue Grass Chemical Agent Destruction Pilot program and a Research Chemist at the Center for Disease Control and Prevention (CDC). She has expertise in multiple disciplines, including global women’s health innovation, sex, gender, and intersectionality, instrumentation analysis, analytical chemistry, behavioral neuroendocrinology, bioethics, and policy, among a few others. Recently, she served as the co-chair of the Innovation Equity Forum that was responsible for the development of the Women’s Health Innovation Opportunity Map 2023. Also in 2023, Jamie was named one of the 200 Trailblazing Leaders in Women’s Health and FemTech, received a First in Femtech Award, and her third NIH Director’s Award. Jamie White received her graduate degree in neuroscience at Tulane University and is a proud alumna of Spelman College and the Gates Millennium Scholars Program.

Presidential Award – Dr. med. Maike Scharp, MScPH

Dr. Maike Scharp is a Deputy Director in the Foundation Strategy Office at the Bill & Melinda Gates Foundation (BMGF) where she supports teams across the foundation in strategy development and execution. She co-leads the foundation’s efforts to strengthen the Women’s Health R&D ecosystem within the Gender Equality division and is co-chair for the Innovation Equity Forum (IEF), a collaborative partnership sponsored by BMGF and the U.S. National Institutes of Health with over 250 women’s health experts and stakeholders across diverse sectors and geographies. In October 2023, the IEF released the Women’s Health Innovation Opportunity Map 2023, a collaborative framework, outlining 50 equitable, high-return opportunities across the R&D continuum to maximize research and innovation, investments, and global action in women’s health. Prior to joining BMGF, Dr. Scharp was a Partner at the Boston Consulting Group and a physician in radio- oncology and palliative care and spent time in Uganda working closely with the Ministry of Health through the Clinton Health Access Initiative. She holds a Medical Doctorate from Heidelberg University as well as a Master of Science in Public Health from the London School of Hygiene and Tropical Medicine.

Presidential Award – Dr. Lucy Pérez, PhD

Dr. Lucy Pérez is the Senior Partner at McKinsey & Company's Boston office, advising CEOs and teams at leading organizations globally on growth strategy, innovation, sustainability, and organizational transformation. Dr. Pérez is especially passionate about advancements in science and technology, which are transforming patient care delivery and outcomes. A former cancer researcher at Memorial Sloan-Kettering Cancer Center, she brings a strong technical background to her work with organizations across the healthcare sector. Dr. Pérez leads the health equity portfolio for the McKinsey Health Institute, and has spearheaded multiple partnerships to advance health equity, including a collaboration with the World Economic Forum to assess the economic impact of investing in women’s health. As a leader in McKinsey's Life Sciences practice, she leads McKinsey's women's health initiative. Dr. Pérez is also a board member of the Massachusetts Business Roundtable and sits on the advisory board for the Aspen Institute's Latinos in Society program and the Women's Health Innovation Summit. She was elected one of Amplify LatinX's inaugural LatinX 100 Leaders and named one of ALPFA's 50 Most Powerful Latinas in 2023. Dr. Pérez holds a bachelor's degree and doctorate degree in Chemistry from Harvard University. She is an avid traveler, amateur photographer, and a co-inventor on multiple patents.

Elizabeth Blackwell Award – Mary Polan, MD, PhD, MPH

Dr. Mary Lake Polan is former chair of the Department of Obstetrics and Gynecology at the Stanford Medical School (1990-2006) and is currently Professor of Clinical Obstetrics, Gynecology and Reproductive Sciences at Yale Medical School. She specializes in reproductive endocrinology and infertility and hormonal issues related to gynecology patients and menopause. She received her BA from Connecticut College, a PhD in Molecular Biophysics and Biochemistry and MD from Yale University. She completed her residency and Reproductive Endocrine Fellowship at Yale. Dr. Polan received her MPH (Maternal and Child Health Program) from the University of California, Berkeley. Dr. Polan’s research has involved ovarian and urologic function with publications in both areas. She is a member of the National Academy of Medicine and has served on both NIH and university committees. She has a long-standing interest in women’s health research and has been actively involved in international public health. While at Stanford, she initiated The Eritrean Women’s Project in 2001 and has maintained this surgical project in Eritrea to repair fistulas resulting from traumatic births. Recently, she has been interested in the biologic basis of healthy longevity and executive produced an award-winning short documentary, BELOW SURFACE, screened at 17 film festivals, which highlights the stories of a multicultural, multigenerational YMCA Aquafit class, demonstrating how kindness and community, combined with exercise, supports longevity.
Bertha Van Hoosen Award – Monica D. Ormeno, DO

Born and raised in Lima, Peru, Dr. Ormeno is a board-certified psychiatrist in general and child & adolescent psychiatry. She is alumni of Old Dominion University in Norfolk, VA and New York College of Osteopathic Medicine in Old Westbury, NY. Dr. Ormeno holds an academic appointment as Assistant Professor at the Uniformed Services University of Health Sciences. She has developed curriculum for the Psychiatry and Pediatrics Residency programs. She is a Subject Matter Expert in LGBTQ+ and women’s mental health. Dr. Ormeno is a Global Health Specialist with extensive experience in Global Health Engagement missions in Asia, Africa and Latin America. Dr. Ormeno is in the Board of Governance for AMWA and is the Chair of the Military Issues Committee for AACAP. She currently serves as the Mental Health Specialist for the Office of the Chief of Naval Operations and the Navy Psychiatry Specialty Leader.

Lila Wallis Women’s Health Award – Traci Kurtzer, MD

As Medical Director for Trauma Informed Care in the Department of OB/GYN, Northwestern Medicine, Dr. Kurtzer provides specialized gynecologic care critical for patients with a trauma history. As a solo private practitioner for the first 15 years of her career, she recognized the adverse impact of gender-based violence on her patients’ health. She teaches on trauma informed care, the neurobiology of trauma, domestic violence, human trafficking and the intersection of firearms and GBV. She is past Co-chair of the Cook County Human Trafficking Task Force Healthcare Committee and the current President of the Physicians Against the Trafficking of Humans (AMWA-PATH). For her innovative work in women’s health, for creating the first dedicated trauma-informed, survivor-centered gynecology clinic in Chicago, and for her local and national efforts in advocacy, she was awarded the 2022 Victoria J. Mastrobuono Award in Women’s Health by the National Organization for Women.

Woman in Science Award – Louise McCullough, MD

Dr. Louise McCullough is the Roy M. and Phyllis Gough Huffington Distinguished Chair and Professor of Neurology at McGovern Medical School at UTHealth. She is a physician-scientist and practicing vascular neurologist with clinical expertise in sex/gender disparities, the microbiome, stroke and aging, and acute stroke treatments. A renowned investigator, she is well recognized for her research identifying sex differences in cell death pathways during stroke. Working closely with the Society for Women’s Health Research and Office of Research on Women’s Health, she was instrumental in the National Institute of Health’s requirement to include female animals in basic and translational studies. Among Dr. McCullough’s many honors are the prestigious National Institute of Neurological Disorders and Stroke (NINDS) Javits Neuroscience Investigator Award, the NINDS Landis Award for Outstanding Mentorship, the Inaugural American Heart Association (AHA) Outstanding Stroke Research Mentor Award, the AHA Merit Award and the AHA Thomas Willis Lecture Award.

Early Career Woman in Science Award – Christina LaCroix, MD

CDR La Croix graduated with honors from AZCOM. She did a residency in psychiatry at WRAMC, afterwards ultimately serving as Service Chief for the Department. After a residency in psychiatry, she was Chief of the CL Service at ATAMC, then Director in both Medicine and Psychiatry at ISC. She was also the Director of Research and did extensive TBI research as she is board certified in TBI. During her service, she developed the military rehabilitation programs for the Republic of Georgia. Among others, she received the COL Peter J. Weisma Award for Excellence in Research, Master Clinician, Defense Meritorious Service Medal, Joint Service Commendation Medal, Navy-Marine Corps Achievement Medal, and Armed Forces Achievement Medal. She is currently an assistant professor at Uniformed Services University of the Health Sciences (USU). She lives in Maryland with her family, and interests include fencing, ancient languages, and writing poetry.

Esther Pohl Lovejoy Award – Nehkonti Adams, MD

Commander Nehkonti Adams, MD, is the Director of the Naval Medical Research Command Clinical Trials Center where she is responsible for overseeing the development of vaccines and therapeutics for infectious diseases. Dr. Adams serves as principal investigator of sepsis studies in Cambodia, Ghana, Liberia, and Uganda and she has coordinated rigorous didactic sessions and practical field experiences in Brazil, Ghana, India, Liberia, Peru, Tanzania, and Thailand. She also has a Masters in Global Health Policy from the London School of Hygiene and Tropical Medicine. Dr. Adams is board certified in Internal Medicine and Infectious Disease.

Larry Zaroff Man of Good Conscience Award – Mark Shapiro, MD, FHM, FACP

Mark Shapiro, MD is a practicing Hospitalist & the creator, producer & host of Explore The Space Podcast, a show focused on bringing those who provide healthcare and those who seek healthcare closer together through conversations with leaders from across the spectrum. Dr. Shapiro is a sought-after national speaker and TEDx presenter. Popular speaking topics include gender equity, gun violence, climate change and disaster management as well as advocacy and voter registration. He is also a successful producer of live shows and roundtable events, and is a well-known panel moderator. Dr. Shapiro is a published author and was the winner of the “I Stand With Her” Award at the 2021 Women in Medicine Summit. Dr. Shapiro has been in full-time clinical practice as a Hospitalist since 2006 and has been working with Providence Medical Group-Northern California since 2016.
Camille Mermod Award – Hugh Webster, JD

Hugh Webster is a nationally recognized lawyer who has served as an advisor to associations and other non-profit organizations, association management companies, as well as individual executives, for almost 20 years. With special expertise in governance, strategic, and operational issues, he also works regularly in such diverse areas as employment (including executive employment), taxation, antitrust, contracts, standards and certification, code of ethics, publishing, and fiduciary obligations of directors and officers. He is also a frequent speaker, including for organizations such as the American Society of Association Executives, the International Association of Association Management Companies, and the Council of Engineering & Scientific Society Executives.

Anne C. Carter Student Leadership Award – Mikayla Mefford

Mikayla Mefford grew up in a small town outside of Sacramento, CA and is a graduate of UC Santa Barbara. Now a third-year medical student at UCLA, she is passionate about education and advocacy that improves the lives of women. Mikayla has organized reproductive health teach-in’s, led mentorship programs for undergraduates, and co-designed a leadership retreat for high school women under-represented in medicine. After witnessing the impact human trafficking had on her hometown, Mikayla has dedicated herself to the fight against trafficking. She coordinated a “Learn to Identify and Fight Trafficking” training at UCLA and serves as the Research and Education co-coordinator with AMWA-Physicians Against the Trafficking of Humans. Currently, Mikayla is completing a masters in public health and contributing to research identifying sex-based disparities in arthroplasty utilization. She hopes to utilize skills from her MD-MPH to reduce gender disparities and advance women’s health.

Linda Brodsky Memorial Grant - “The Impact of Workplace Injustices on the Employment Status of Women in Medicine”

Pringl Miller, MD
Ursula Barghouth, DO, MHA, MPH, CWSP
Broiana Clark DO, MPH
Michael S. Sinha, MD, JD, MPH
Sharon Griswold, MD, MPH

Exceptional Mentor Award Recipients

Meredith Barnes, MD, PhD, FACP
Internal Medicine Primary Care, Southern California Permanente Medical Group

Lia Pierson Bruner, MD
Associate Professor of Family and Community Medicine
Augusta University/University of Georgia Medical Partnership, a four-year campus of the Medical College of Georgia

Rachel Carpenter, MD
Clinical Assistant Professor, Medical Director of Women's Mental Health
UF College of Medicine - Jacksonville

Joel C Diamant, MD, MACP
Executive Vice President, Scripps Clinic Medical Group

Felicia Jordan, MD, MBA, MACP
Associate Medical Director of Care Coordination and Quality Improvement, Kelsey Seybold Clinic

Jennifer F. Kawwass, MD
Professor and Division Director, Emory Reproductive Endocrinology and Infertility

Suzanne H. Lester, MD, MS
Associate Professor, Family Medicine, Campus Director, Community and Population Health
Medical Director, The Athens Free Clinic; Medical Director, The Clarke Middle Health Center
AU/UGA Medical Partnership

Emily Margolin, MD
Chief Medical Resident 2023-2024, UC San Diego Internal Medicine
Resident Division Awards

Charlotte Edwards Maguire, MD Outstanding Resident Mentor Award – America Stephanie Revere, MD

Born in Texas, Dr. Revere attended college at The University of Texas at Austin to obtain a Bachelors of Science in Nutritional Sciences with High Honors. She subsequently pursued a medical degree at the Long School of Medicine in San Antonio where she developed a love for the operating room. She is currently a general surgery resident with plans to complete a cosmetic surgery fellowship and own her own practice. Her hobbies include all things related to cats, makeup, and finance. When she isn’t in the operating room, you can find her convincing friends and family to make Instagram reels, eating sushi, or traveling anywhere she can. She is absolutely humbled to have won this award and can only hope that continuing to be her unapologetically unique self will encourage other women to do the same.

Elinor T. Christiansen, MD Altruism Award – Thulasee Jose, MD

Originally from Canada, Dr. Tulsi Jose is a graduate of Life Science at McMaster University and American University of Antigua College of Medicine. She completed a post-doctoral research fellowship at Mayo Clinic Rochester under the guidance of Dr. David O. Warner, studying smoking behavior in cancer survivors. At Mayo, she was involved in the leadership committee of the Women in Science and Engineering Research Group. She completed her Internal Medicine residency at the Baptist Hospitals of Southeast Texas. Throughout her training, she has developed a passion for creating impactful mentorship opportunities for trainees, particularly for under-represented women physicians. In 2023, she founded Heme-Onc Fellows Mentorship Empowerment (H.O.M.E.), an on-line community of 300 internal medicine residents across the U.S. who are actively mentored by Heme-Onc fellows. She is thrilled to join Stanford University for her Hematology/Oncology fellowship and hopes to continue developing leadership and mentorship opportunities for trainees.

Susan Love Essay Award – Laura Grace Wolfe, MD

Dr. Laura Wolfe is a first-year resident at the University of California San Diego. With an interest in medical education, she strongly believes in the power of words to communicate and inspire. Initially from a small mountain town in Colorado, she completed her medical training at the University of South Carolina School of Medicine, Greenville. With a strong passion for serving the pediatric population, her interests include neonatology and pediatric surgical interventions. Training at Rady Children’s Hospital in San Diego, California, allows Dr. Wolfe to pursue her passion of working to address health disparities and learning about global medicine. In her free time, she is an avid yoga practitioner, plant lover, and coffee enthusiast.

Medical Student Division Awards

Vivian E. Shih Scholar Award – Yeonsoo Sara Lee

Yonsoo Sara Lee is a past AMWA Student Division Advocacy Chair and a current 4th year medical student at Mayo Clinic Alix School of Medicine. She is passionate about health equity, women’s health, and medical humanities and has had first author publications on her research (gender-based care) in the *J of Women’s Health* and *Cleveland Clinic J of Medicine*, and calls to action published in *Health Affairs*. Prior work experience includes a focus on differentiated service delivery/access to care for people living with HIV in sub-Saharan Africa (Brigham and Women’s Hospital) and breast cancer screening/care for at-risk populations in the U.S. and Rwanda. As an artist, she co-wrote and illustrated her first children’s book, *The ABC’s of Anatomy* (2022). Her graphic work has been featured in medical journals (*J of Urology* cover Dec 2023, *Urologic Clinics*), magazines (*The Pathologist, TrailRunner*), conferences, and national collaborations. She is part of the inaugural student class to receive Distinctions in Applied Medical and Health Humanities at Mayo Clinic, with a focus on visual arts. She will be a resident in Urology at Mayo Clinic Florida.

Medical Education Cycle 1 - Lauren Rudin

Lauren Rudin, OMS-II at New York Institute of Technology College of Osteopathic Medicine-Long Island Campus, holds a Bachelor of Science in Exercise Science from the University of Connecticut. As a pre-clinical student, Lauren works as an Osteopathic Manipulative Medicine Teaching Assistant and Department of Anatomy Research Assistant. She holds several executive board positions for her school’s chapters of American Medical Women’s Association as President, American College of Osteopathic Pediatricians as Adopt-A-Class Chair, and Medical Students for Choice as National Liaison. Lauren also serves her school as a Student Ambassador and serves her community as a volunteer for NYITCOM’s Rock Steady Boxing Program. In her spare time, Lauren enjoys gluten free baking, jigsaw puzzles, and discovering new hiking trails across Long Island.
Eliza Lo Chin, MD Unsung Hero Award – Vaishnavi Patel

Breast cancer brain metastases has earned her a competitive summer research grant and a URSMD Annual Symposium Poster Excellence Award. In her free time, Alex enjoys spending time with her cat, Fern, reading, and exploring local coffee shops.

Eliza Lo Chin, MD Unsung Hero Award – Emily Marsico

Emily Marsico was born and raised in Youngstown, Ohio. She attended Youngstown State University, graduating in 2020. She received a Bachelor of Science in Biological Sciences with Honors Scholar Distinction and Summa Cum Laude Honors. During her time, she worked at the Primary Care Network, which is a Federally Qualified Health Center where she learned about health disparities in lower socioeconomic groups. This experience inspired to go to medical school to address these gaps in health care. Emily now attends the Northeast Ohio Medical University (NEOMED) where she has continued to address health care disparities in Northeast Ohio by holding various leadership positions at the Student Run Free Clinic at NEOMED. She has also been able to implement various programs, such as a dietician and exercise program to help the patients of the Clinic. Research is another passion she pursues at NEOMED. Currently, she is working on a project that seeks to address the gaps of Alzheimer’s research when it comes to sex differences. Through this research, she investigates sex-specific inflammatory responses in AD. She hopes to determine why women exhibit a more advanced AD phenotype when compared to men.

Medical Education Cycle 1 - Catherine Alvaro

Catherine Alvaro is a first-year medical student at Sidney Kimmel Medical College at Thomas Jefferson University in Philadelphia, PA. Cate graduated Summa Cum Laude with Departmental Honors from George Washington University in May of 2023 with a Bachelor of Science in Exercise Science. It was at GWU that she became involved with AMWA, serving first on the advisory board, then as Vice President, and President. Cate is a current member of the SKMC branch of AMWA and is interested in orthopedic surgery.

Medical Education Cycle 1 - Tanya Kondolay

Univ. of Buffalo, SUNY student, Tanya Kondolay, is an aspiring physician who skillfully navigates the intersections of medicine, public health, research, humanities, and literature. While her primary focus is on medicine, her fervor for the humanities gas propelled her into parallel roles as a children's author, illustrator, composer, and novelist. As the visionary behind the Dr. Wonder Why children's book series, dedicated to promoting health education, and Sapere Bloom, fostering the biopsychosocial connection, she seamlessly integrates innovation with medicine, driven by a steadfast commitment to making a positive global impact. Through her podcast, Unraveling Medicine, she expands the horizons of medical culture. At the core of Tanya's pursuits lies a profound passion for humanity and philanthropy. Her medical initiatives leverage her multifaceted talents to instigate transformative change, while her diverse interests carve innovative pathways in medicine, public health, humanities, and medical education. She stands as an inspirational force in the field of medicine.

Medical Education Cycle 2 - Alex Schick

Alex Schick is a second-year medical student at the Univ. of Rochester School of Medicine. She graduated Summa Cum Laude with Highest Distinction/Highest Honors as department valedictorian from the Univ. of Buffalo, SUNY. She received the NIH Postbaccalaureate Intramural Research Training Award, a prestigious full-time research fellowship at NIH where she studied human metabolism and the neuroscience of obesity, co-authoring peer-reviewed papers (Nature). Alex is passionate about patient advocacy, research, and service. As AMWA Branch President, she hosted student-faculty mixers and a women’s health/women in medicine mini-speaker series and is now organizing a local conference for women in medicine. Alex is founder of the Meliora Educational Pathway Program, teacher of anatomy and physiology to Rochester City School students, leader of the Hematology-Oncology, Ultrasound, and Sports Medicine interest groups, Deaf Health Student Group, and Rochester Medical Accessibility Coalition, and Vice-President of the medical school’s student body. Her research on outcomes in patients with breast cancer brain metastases has earned her a competitive summer research grant and a URSMD Annual Symposium Poster Excellence Award (top-scoring clinical research poster). In her free time, Alex enjoys spending time with her cat, Fern, reading, and exploring local coffee shops.

Eliza Lo Chin, MD Unsung Hero Award – Vaishnavi Patel

Vaishnavi Patel is a third year medical student at the University of the Incarnate Word School of Osteopathic Medicine in San Antonio, Texas who is interested in pursuing OB/GYN or Family Medicine as a career. She is passionate about Women's Health and advocacy, serving on the Executive Board of the American Medical Women's Association Gender Equity Task Force. Her research expertise includes scientific computation, data sciences, and analyzing methods to improve patient outcomes in surgery and women's health. She is a dedicated volunteer and speaker at various programs focused on patient education and advocacy such as local free clinics. She serves as an ambassador of the Gold Humanism Honor Society and is a recipient of the Lifetime Presidential Volunteer Service Award. Her patients describe her as compassionate, thorough, and knowledgeable. Her classmates, coworkers, and mentors describe her as a genuine leader, hard-worker, and a valuable asset to the future of medicine.

Eliza Lo Chin, MD Unsung Hero Award – Emily Marsico

Emily Marsico was born and raised in Youngstown, Ohio. She attended Youngstown State University, graduating in 2020. She received a Bachelor of Science in Biological Sciences with Honors Scholar Distinction and Summa Cum Laude Honors. During her time, she worked at the Primary Care Network, which is a Federally Qualified Health Center where she learned about health disparities in lower socioeconomic groups. This experience inspired to go to medical school to address these gaps in health care. Emily now attends the Northeast Ohio Medical University (NEOMED) where she has continued to address health care disparities in Northeast Ohio by holding various leadership positions at the Student Run Free Clinic at NEOMED. She has also been able to implement various programs, such as a dietician and exercise program to help the patients of the Clinic. Research is another passion she pursues at NEOMED. Currently, she is working on a project that seeks to address the gaps of Alzheimer’s research when it comes to sex differences. Through this research, she investigates sex-specific inflammatory responses in AD. She hopes to determine why women exhibit a more advanced AD phenotype when compared to men.
Eliza Lo Chin, MD Unsung Hero Award – Campbell Aiken

Campbell Aiken is a second-year medical student at Tulane University School of Medicine. She received her Bachelor of Arts in Dance, with a minor in Economics from Tulane University in May of 2022. She served as Treasurer for the Tulane AMWA chapter throughout 2023. Currently, Campbell is preparing for a research fellowship year with the American Sports Medical Institute in Birmingham, Alabama.

Underrepresented Students in Medicine - Bethlehem Michael

Bethlehem Michael is a medical student at UCLA’s David Geffen School of Medicine in the dual-degree Program in Medical Education-Leadership and Advocacy (PRIME-LA). Bethlehem graduated from UCLA in 2019 with a major in Biochemistry and a minor in Global Health. She is passionate about health justice and pursuing health equity for vulnerable and under-resourced communities, particularly through a career in internal medicine. Having completed her third year of medical school, she is now pursuing her Master's in Public Health with a concentration in Health Policy and Management. Bethlehem is immensely grateful to AMWA for creating this scholarship opportunity, and for being an essential part of her academic endeavors since she was an undergraduate student.

Underrepresented Students in Medicine - Mayra Repetto

Mayra is a Latina and first-generation medical student with a deep commitment to making a positive impact in the field of medicine and beyond. In her role as Region 8 Director for the American Medical Women's Association, she hopes to lead initiatives that empower women in medicine and encourage them to break down barriers, fostering a more representative and equitable healthcare community. Her dedication extends to her community, where she hopes to improve Latino/a/e health and access to care as a future physician. As the Vice President of Policy for the Latino Medical Student Association-West (LMSA-West), she hopes to drive policy changes that address healthcare disparities and enhance access to quality healthcare for underserved communities. She understands the unique challenges faced by her community and is committed to addressing them as a future physician. Her approach to medicine is rooted in community-focused and health policy-driven principles. Her goal is to make healthcare more accessible and equitable for all, reflecting her commitment to improving healthcare outcomes for everyone.

Linda Brodsky, MD Essay Award - Devki Patel

Devki Patel is currently a first-year MD candidate at the Texas Tech University Health Sciences Center School of Medicine. Beyond her academic pursuits, Devki is actively engaged in addressing gender and equity issues within the medical field while also demonstrating a strong commitment to addressing healthcare disparities. As a dedicated member of the AMWA Gender and Equity Task Force, she contributes to initiatives aimed at fostering inclusivity and promoting equality in healthcare. Combining her passion for medicine with a commitment to advocacy and compassionate care, Devki is shaping a future where healthcare is not only about expertise but also about fairness and accessibility for all.

Shobha S. Krishnan HPV and Cervical Cancer Champion Award – Elizabeth Klein

Elizabeth Klein is originally from Westchester, NY, and graduated from Cornell University in 2018. Before medical school, she spent two years in clinical research at NYU Langone Health in the Transplant Institute and Division of Infectious Diseases and Immunology. As Chair of the Global Initiative Against HPV and Cervical Cancer (GIAHC) Young Leaders, she was instrumental in facilitating the annual Us vs HPV webinar series hosted by GIAHC and AMWA. During her time with GIAHC, she led the creation of a grant to fund student initiatives to raise awareness about cervical cancer prevention. She will graduate from the Warren Alpert Medical School of Brown University in May 2024 and complete her residency in Obstetrics and Gynecology at The Cleveland Clinic. She hopes that with increased dissemination of knowledge, expansion of screening, and improved access to vaccination and treatment, HPV-related cancers will be a medical challenge conquered in her lifetime.

Heller Outstanding Branch Award 2023-2024 Winner: St. George’s University Chapter
Pre-medical Student Division Awards

Student of the Year Award – Lianna Shoikhet

Lianna Shoikhet studies Human Biology & Journalism (pre-medical track) at the University of Kansas where she founded the first AMWA pre-medical branch in Kansas in 2022. Under her leadership, the branch was awarded "Outstanding Student Organization of the Year” by the Univ. of Kansas Student Involvement and Leadership Center. Passionate about mentorship, she also established a mentorship program with medical students from the Univ. of Kansas School of Medicine. Lianna is a member of Phi Delta Epsilon (co-ed premed fraternity), Chi Omega Lambda, and the Univ. of Kansas Honors College. During her college years, she worked with Integrated Psychiatric Consultants at Signature Psychiatric Hospital and assisted local medical companies, including Responsive Centers for Psychology & Learning and Collective Medical Research. She was also Events Coordinator for Health International at KU, raising $1600+ for Global Care Force, a local non-profit providing medical care and supplies for Ukraine war victims. She is a Supplemental Instruction Leader for General Chemistry and enjoys tutoring STEM subjects in her free time.

Premedical Education Scholarship – Kaitlin To

Kaitlin To is a second-year Ecology and Evolutionary Biology major at the University of California, Irvine who currently works as a Certified Nursing Assistant and conducts research on a part-time basis in UC Irvine's Department of Developmental and Cell Biology. With a 3.984 GPA, Kaitlin has made the Dean's Honor List every quarter thus far. In addition, she has founded and currently leads two on-campus student organizations and volunteers at a local hospital on the weekends. She also completed an internship at the NIH's National Institute on Aging and was awarded the Barbara A. Hughes, Ph.D. Award of Excellence for her work with porcine stem cells. It is Kaitlin's honor to receive the National AMWA Premedical Education Scholarship.

Premedical Education Scholarship – Kiara Langford

Kiara Langford is a graduate student working towards a master's in biomedical and health sciences. She is a national member of AMWA and former president of the pre-medical branch at UAB; she still serves as a resource to the pre-medical branch. She is employed as a part-time medical scribe and has been a SHPEP ambassador for 4 years. Balancing everything has been a challenge, but she has made it work, and she has a 3.52 GPA to show for it.

Medical School Application Scholarship – Ashita Jain

Ashita Jain is a junior majoring in Neuroscience at the University of Texas at Dallas. As a pre-medical student, she dedicates a significant amount of time to both on-campus and off-campus research initiatives. Notably, she has had the privilege of contributing to projects at the MD Anderson Research Center and the Pain Research Center at UTD. Beyond her research commitments, she works as a supplemental instructor and teaching assistant for biology courses. These roles allow her to share her knowledge and support her peers in their academic journeys. In her free time, she likes to run, work on her visual arts minor, and explore different cuisines. She is an active participant in AMWA, where she has expanded her network, developed leadership skills, and contributed to meaningful initiatives that align with her values and aspirations.

Most Impactful Diversity and Inclusion Advocacy/Initiative – Emma Theisen

Emma Theisen is a graduate of the University of Michigan (2022), where she was Membership Chair and Professional Development Chair for the AMWA branch. She is now the national AMWA Premedical Advocacy Chair and Pre-Medical representative within the Physician Advocacy group. While at Univ. of Michigan, she completed her EMT certification and Bachelor’s, with concentrations in Neuroscience and Gender & Health. She also worked as a surgical and perioperative tech and research assistant. She plans to matriculate in 2024 to medical school and desires to be a physician dedicated to community-centered care. Emma is passionate about health education. She is the Maternal Health Chair for Community HealthEd, a 501(c)(3) nonprofit that develops evidence-based educational materials about location-specific health resources. Her passion project is the Lunar Doula Collective, a nonprofit based in Michigan. She served two years as Director of Program Development and is currently Executive Director. During this time, she launched the first and only reproductive loss doula program in Michigan, which has since expanded to work with many healthcare providers and hospital systems to offer free virtual bereavement doula services.

Mental Health Advocacy Award – Rameen Gaddi

Rameen Gaddi is a student at the University of Houston, majoring in Psychology and minoring in Biology. She is the Women's Advocacy Committee Co-Chair of her AMWA branch. In this role, she has hosted many wonderful events through the HERstory panel series, where women of all backgrounds discuss their journeys in healthcare. She also developed a mental health event called "You're NOT On Your Own Kid." Through the branch, Rameen has volunteered with Amaanah Refugee Services and The Women's Home's Cottage Shop and helped fundraise for the Women In Science & Health (WISH) scholarship which celebrates a high school senior in Houston who would like to pursue a career in STEM and/or health. Her experience as an emergency room scribe solidified her decision to pursue a career in medicine. Her advice to others is this: Just take things one
day at a time. Everyone’s timeline and pathway is different. Things can change and no matter what just make sure to give yourself room to breathe and do what you need to do at your own pace. Pursuing a career in healthcare is stressful at times and it's important to protect your mental health at all costs, so don’t rush anything. What's meant for you will always come at the best and perfect time, don't stress out about it.

MCAT Scholarship - Adaeze Ahanotu

Adaeze Ahanotu is a Health Studies student at Texas Woman’s University with an emphasis in Public Health, minor in Chemistry, and Biological Research certification. She excels academically and focuses on research linking CMV infection to Alzheimer's. Recognized on the Dean’s and Chancellor’s Lists, she employs advanced techniques like western blotting and ELISAs. In addition to her studies, Adaeze serves as a public health ambassador, resident assistant, and G-Force mentor. She's actively involved in impactful organizations like the American Medical Women’s Association and Be The Match, contributing to inclusive environments and nurturing future healthcare professionals. Adaeze's commitment extends to Be The Match's mission, connecting patients with suitable donors for life-saving transplants. Her dedication makes her a promising advocate for positive change in healthcare and beyond.

MCAT Scholarship - Sneha Magesh

Sneha Magesh, a health sciences major on a premedical track with a biology minor, passionately advocates for healthcare affordability and accessibility. As the global health chair of AMWA, she leads awareness campaigns and organizes fundraisers. A co-founder of Tamil Sangam at OSU, she fosters cultural unity, promoting diversity on campus. Sneha volunteers at food banks, emphasizing the importance of nutrition for all. Her dedication extends to supporting STEM students at Graham Elementary and Middle School. In Mirrors and Chimes honor societies, she contributes to academic and service-oriented communities. As a research assistant in the James Cancer Center, she advances medical knowledge, showcasing versatility. Transitioning to research in the College of Public Health reflects her commitment to addressing public health challenges. Volunteering on the Chemo floor demonstrates her compassionate nature in impacting the lives of patients. Sneha Magesh is a well-rounded individual actively contributing to academic and local communities.

MCAT Scholarship – Sarah McHaffie

Sarah McHaffie majors in Biology and minors in Chemistry at Texas Woman's University, where she also serves as the President of TWU’s local AMWA chapter. She is a Joint Admission Medical Program (JAMP) Scholar, PRIME Research Assistant, and has been on the Dean's List of Fall 2021, Spring 2022, Fall 2022, and Spring 2023.

AMWA Outstanding Branch Award – University of Southern California

In line with AMWA’s tenets, this branch really knows how to support their undergraduate community, providing the right mentorship and guidance to help their members through this daunting premed journey. Established in the Spring of 2020, The American Medical Women's Association at the University of Southern California is committed to providing support and resources to our members to aid in their path to the healthcare field. Some of our highlight events include our yearly Women in Medicine Symposium where we facilitate round-table discussions between students and physicians, our Moms in Medicine panel where we bring in female physicians to speak on their experience with balancing motherhood with their careers, and our student shadowing events with the Keck Medical Center Department of Radiology physicians.

Active Branch Award - University of California, Berkeley

90 active national general members and 5 current national leaders

Branch Event Award - University of California, Berkeley

The UC Berkeley AMWA Branch partnered with UC San Francisco Medical School to organize medical workshops at the UCSF Parnassus Campus and match 65 UC Berkeley pre-medical students with a UCSF medical student mentor! The medical student mentors led 3 hands-on, interactive workshops: anatomy lab workshop, suturing workshop, and ultrasound machine workshop. These workshops created a space where AMWA members were able to explore medical techniques and machines while also networking with UCSF medical student mentors. The mentorship pairs were based on personal preferences and future interests, with the hopes that this would create a foundation for members to forge meaningful relationships with a mentor to guide them through the arduous journey as a woman in medicine. The UC Berkeley Branch continues to work towards strengthening their partnership with UCSF Medical Students, with some UCSF Medical Students attending the 2023 Pre-Health Symposium as part of the Medical Student Panel.
International Outreach Award - University of Houston

The AMWA University of Houston Branch held many events that served international organizations and POC and educated members on global issues, showing that their impact does not stop at the local level. The branch hosted a series of impactful events and projects this past fall. The “Simmer Down From Summer” Back to School Social successfully welcomed both new and returning members, fostering a sense of community early in the school year. A McGovern Medical School Tour provided an exclusive and informative experience, allowing members to gain insights into a medical school right here in Houston. In support of International Day of the Girl, the branch hosted a UNO Tournament which not only offered a fun break during midterms but also raised $100 in funds for a local organization that empowering. The Women’s Health & Fitness Panel as well as the Indigenous Women in Healthcare Panel offered a high-caliber networking opportunity, featuring various accomplished professionals sharing their journeys in healthcare. Their commitment to community service led to a partnership with Candlelighters, an organization that supports families of children with cancer. They supported families and patients facing challenging circumstances through the Candlelighters Fall Festival. Moreover, the Public Health Committee hosted a campus-wide blood drive with Gulf Coast Regional Blood Center, highlighting their commitment to making a positive impact on both their members and the broader community. These events collectively underscored the branch’s dedication to excellence, education, and service.

Humanitarian Award - University of Puerto Rico at Rio Piedras Campus

The American Medical Women’s Association-University of Puerto Rico, Rio Piedras Campus is the first AMWA pre-medical chapter in the Caribbean. Established in January 2021, the branch has swiftly become a leading organization on campus with over 100 members and gold status. Recognized for its outstanding achievements, the chapter has received both the AMWA Premedical International Outreach Award and the National AMWA Humanitarian Branch Award. In the past year, this branch has distinguished itself for its countless community service activities, such as animal shelter maintenance, distribution of products in local food banks, and beach cleanups. The branch also aims to foster the development of the members by organizing and providing lectures, seminars, and discussions pertinent to the expansion of knowledge of each participant. Whether it be related to medical education or women’s health, there is something suitable for each member.
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*Please refer to the map on the next page and sample poster room for room locations and booth numbers*
Share your #AMWA2024 experiences on social media!

Make sure to tag @AMWADoctors (X, IG), AMWADoc (Facebook), American Medical Women's Association (LinkedIn) on all your posts
AMWA Fellowship

Fellowship in the American Medical Women’s Association is an honor achieved by those recognized for their integrity, professional excellence, scholarship, teaching and mentoring activities, leadership, public service and commitment to the mission of AMWA.

AMWA Fellowship Pledge

As a Fellow of the American Medical Women’s Association, I affirm my commitment to the highest traditions of the medical profession, to the ethical practice of medicine, to my professional integrity, and my pursuit of knowledge.

I will continue to act in the best interests of my patients, seek advice when needed, and respect my colleagues. I will provide assistance to those in need to the best of my ability. I pledge to support the mission and vision of the American Medical Women’s Association, to strive to improve the health of women and all people, to help advance women in medicine, to serve and respect this Association, and to uphold the highest standards of this Association and the medical profession.

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ABOUT AMWA

MISSION: To advance women in medicine, advocate for equity, and ensure excellence in health care.
VISION: A healthier world where women physicians achieve equity in the medical profession and realize their full potential.
VALUES: Integrity, Diversity, Equity, Inclusion, Collaboration, Mentorship

PILLARS OF WORK

ADVANCE WOMEN IN MEDICINE
Career Development
Physician Well-being

ADVOCATE FOR EQUITY
Gender Equity
Public Policy
Diversity, Equity, and Inclusion

EDUCATION
Sex/Gender Specific Health
Women’s Health
Public Health
I am deeply honored to have served as the 2023 Kathryn Ko Artist In Residence (AIR) for Studio-AMWA. This enriching experience not only fueled my creativity but also broadened my artistic skills and expanded my horizons.

Initially, my focus during the residency was to explore the role of women physicians in their work environments. However, this focus quickly shifted to the hospital support staff, particularly after my countless discussions with other physicians. Often operating behind the scenes, the support staff provide the essential foundation upon which “we” physicians thrive. Their unwavering dedication ensures that every aspect of patient comfort and well-being is tended to with care.

Through these paintings, I aim to highlight the invaluable contribution of the hospital support staff to our success and well-being while focusing on the symbiotic relationship that exists between us.

I named the project: Invisible Pillars

30”x 40”- oil on canvas

26”x 36”- oil on canvas

30”x 40”- oil on canvas

Kathryn Ko, MD, MFA, AMWA Artist in Residence 2023-2024: Florence Desrosiers, MD, MBA
Kathryn Ko, MD, MFA, AMWA Artist in Residence 2024-2025: Kella L. Vangsness, MS

Kella L. Vangsness, MS, is a fourth-year medical student at the Idaho College of Osteopathic Medicine, recently accepted to Community Memorial Hospital to pursue her General Surgery training. Her educational journey includes undergraduate degrees in Psychology and Fashion Design, alongside a master's degree in Stem Cell Biology and Regenerative Medicine.

As an Area Health Education Center Scholar and student representative of the American Osteopathic Association Bureau of Federal Health Programs, Kella has demonstrated a commitment to healthcare access and advocacy. She has conducted extensive research on topics ranging from wound healing, to attitudes towards vaccines, and barriers to breast reconstruction.

Before embarking on her medical career, Kella operated a small art business, producing painted series inspired by cells and biology themes. Her artwork has been featured on the covers of literary magazines and technical programs, and adorns the walls of numerous laboratories and scientific institutions.

AMWA AND THE MEDICAL HUMANITIES

The American Medical Women’s Association embraces an active community of members who enrich their pursuit of medicine through the arts. This merging of these two fields provides both an outlet for personal expression as well as an opportunity to foster more enriching care for our patients. AMWA’s medical humanities communities reflect the study and practice of various creative endeavors, including music, visual, literary, history, and performing arts inspired by their intersection with medicine.

During this meeting, enjoy the offerings in the visual and performing arts from AMWA's medical humanities communities.

WHITE ROSE CEREMONY

The White Rose Ceremony honors AMWA members who have recently passed on. A red rose is put into a vase for each member and a white rose for each past president.

"The White Rose Ceremony will always help us take a moment to stop and think of the purity and dedication of our ancestors and their collective wisdom and accomplishments."

--Mary Ellen Morrow
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Membership Chairs – Dr. Jody Lack, Dr. Robert Robinson

AMWA WWI Exhibit – Leslie Royce

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1944-45 Alice S. Wooley, MD
1945-46 Kate Savage Zerfoss, MD
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1969-70 Josephine E. Renshaw, MD
1970-71 Minerva S. Buerk, MD
1971-72 Frances K. Harding, MD
1972-73 Ruth Fleming, MD
1973-74 Margaret P. Sullivan, MD
1974-75 Carolyn S. Pincock, MD
1975-76 Catherine W. Anthony, MD
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2023-24 Elizabeth Garner, MD, MPH

AMWA Historic Landmarks

Bertha Van Hoosen, M.D. Historic Marker
Location where AMWA was founded
410 South Michigan Avenue, Chicago, IL

Rochester Hills Museum at Van Hoosen Farm
Home of Dr. Bertha Van Hoosen
1005 Van Hoosen Rd, Rochester, MI 48307
http://www.rochesterhills.org

On-line Exhibitions & Resources
www.amwa-doc.org

Faces of AMWA
Studio AMWA (Art)
Literary AMWA (Writing)
Media AMWA (Film)
Music & Medicine
Dance, Theater, and Medicine
Women Physicians in WWI
Women Physician Suffragists
Elizabeth Blackwell Medal Awardees
AMWA Past Presidents

AMWA Centennial Book and AMWA Centennial Video - www.amwa-doc.org

AMWA Legacy Quilt

Documentaries:
- Pioneer Family: On Van Hoosen Farm
  http://www.dptv.org/video/pioneer-family-on-van-hoosen-farm
- At Home and Over There: American Women Physicians in WWI.
CERTIFICATE IN LEADERSHIP FOR WOMEN PHYSICIANS

Explore core competencies. Take time for reflection. Gain clarity.

AMWA ELEVATE inspires women physicians to own their leadership style and lead with intention. This dynamic, nine-month program is designed to fulfill a recognized need for issue-oriented, problem-solving capabilities that are not addressed during training.

Why ELEVATE?

“Program participants will be instrumental in assuring that the healthcare leaders of the future reflect the patients they serve. By providing women physicians with the adeptness they need to attain their career goals, and a greater degree of job satisfaction through AMWA ELEVATE, we are confident that the entire profession will also be elevated.” — Dr. Tamara Chong, AMWA ELEVATE Program Founder

What to Expect

- Address nine core competencies deemed essential to foster a constructive self-awareness
- Virtual, group coaching sessions focused on self-exploration and active learning
- Focus on personal reflection following skill-building sessions to internal concepts
- Graduates join our EVOLVE Alum Program to encourage ongoing networking, community, and development

Innovative Elements

- Targeted Modules On-demand content introduces nine essential core competencies
- Small group coaching Participants explore and apply competency themes as they refine their leadership styles, led by certified professional leadership coaches
- Personal one-on-one coaching Work with a coach to personalize and accelerate individual competency and augment leadership development
- Mastermind Sessions Peer working group for deeper discussion and personal exploration of monthly themes
- Leadership Intensive Portfolio A final demonstration project challenges participants to express their evolution and command of the competency concepts
- Continuing Education Earn up to 19 continuing education credits powered by CMEfY. AMWA ELEVATE graduates receive a waiver of the communications and organization prerequisites for the Master of Medical Management degree at Carnegie Mellon University.
- Alumnae Group Networking opportunities provide time for participants to continue the mutual support and connections fostered during the program.

LEARN MORE AND APPLY: bit.ly/amwa-elevate
CERTIFICATE IN LEADERSHIP ESSENTIALS FOR WOMEN TRAINEES

In keeping with AMWA’s long-standing commitment to help women physicians achieve fulfilling careers, we present AMWA EVOLVE Certificate in Leadership, an innovative, eight-month, group coaching experience focused on perceptively curated themes, specifically for women in residency and fellowship.

Why EVOLVE?

“As more women physicians are prepared professional success, we will assure a culture in medicine aimed to achieve greater job satisfaction, equal pay, earlier advancement, greater career recognition, better work/life integration, and more diversity throughout healthcare. All this is possible for women physicians who participate in AMWA EVOLVE.” – Briana Money, MD, AWMA EVOLVE Program Founder and Director

What to Expect

- Address eight core competencies deemed essential to foster a constructive self-awareness
- Virtual, group coaching sessions focused on self-exploration and active learning
- Focus on personal reflection following skill-building sessions to internal concepts
- Graduates join our EVOLVE Alum Program to encourage ongoing networking, community, and development

Core Competencies

- **What is your Why?** Discover your own unique reason/motivation behind your interest or involvement in leadership.
- **Discovering your Strengths** How do you show up as a leader in the most effective and efficient way possible?
- **Becoming an Authentic Leader** Do you experience Imposter Phenomenon—and if so, how can you manage feelings of self-doubt?
- **Facing Gender Bias, and Microaggressions** Recognize issues of bias and microaggressions and gain the skills to handle circumstances when it’s directed at you or a peer.
- **Handling Difficult Conversations** How do you approach uncomfortable discussions (like feedback sessions, evaluations, etc)?
- **Giving and Receiving Feedback** As a leader, you will be in the position to both give and receive feedback. How can these kinds of conversations be done effectively?
- **The Art of Negotiating** Learning to ask for what you want and get what you deserve.
- **Where Do We Go From Here?** Connect the competencies and build direction towards next steps.

ENROLL TODAY TO JOIN OCTOBER COHORT!

ONLY $160

Residency Program Group Rate Available for 4+ Trainees. Contact evolve@amwa-doc.org to enroll a group.

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COVID-19  
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Rare Disease  
Sleep: A Foundation of Health

Have expertise in these areas? We’d love to showcase you! RSVP: bit.ly/amwaexperts
CONGRATULATIONS
Monica Ormeno, D.O. (07) FAPA, FAMWA, CDR MC USN
Bertha Van Hoosen Award Recipient
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Pringl Miller, MD
Ursula Barghouth, DO, MHA, MSPH, CWSP
Brianna Clark DO, MPH
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PJE is a team of experts assembled to support physicians experiencing bias, harassment, discrimination, and retaliation through workplace conflicts. physicianjustequity.org
ACP Celebrates the Leadership and Impact of Women in Medicine

ACP congratulates and proudly celebrates
Dr. Susan T. Hingle, Chair Emeritus, ACP Board of Regents,
on her inauguration as AMWA President and
Dr. Eileen Barrett, Chair, ACP Board of Regents,
on becoming President-Elect of AMWA.
AMWA past presidents wish Dr. Susan Hingle much success as she begins her presidency!

“To acknowledge our ancestors means we are aware that we did not make ourselves, that the line stretches all the way back…” — Alice Walker