
**IN THE UNITED STATES COURT OF APPEALS
FOR THE SEVENTH CIRCUIT**

A.C., A minor child by his next)	Appeal from the United States
friend, mother and legal guardian,)	District Court for the Southern
M.C.,)	District of Indiana, Indianapolis
)	Division
<i>Plaintiff-Appellee,</i>)	
)	No. 1:21-cv-2965-TWP-MPB
v.)	
)	The Honorable Tanya Walton-
METROPOLITAN SCHOOL)	Pratt, Chief Judge
DISTRICT OF MARTINSVILLE and)	
PRINCIPAL, JOHN R. WOODEN)	
MIDDLE SCHOOL, in his official)	
capacity,)	
)	
<i>Defendants-Appellants.</i>)	

**BRIEF OF AMICI CURIAE MEDICAL, MENTAL HEALTH,
AND OTHER HEALTH CARE ORGANIZATIONS
IN SUPPORT OF PLAINTIFF-APPELLEE AND AFFIRMANCE**

Clifford W. Berlow
Counsel of Record
JENNER & BLOCK LLP
353 North Clark Street
Chicago, IL 60654
(312) 222-9350
cberlow@jenner.com

Illyana A. Green
JENNER & BLOCK LLP
1099 New York Avenue, NW, Suite 900
Washington, DC 20001-4412
(202) 637 6371

Counsel for Amici Curiae

CIRCUIT RULE 26.1 DISCLOSURE STATEMENT

Appellate Court No. 22-1786

Short Caption: A.C. v. Metropolitan School District of Martinsville, et al.

To enable the judges to determine whether recusal is necessary or appropriate, an attorney for a non-governmental party or amicus curiae, or a private attorney representing a government party, must furnish a disclosure statement providing the following information in compliance with Circuit Rule 26.1 and Fed. R. App. P. 26.1.

The Court prefers that the disclosure statement be filed immediately following docketing; but, the disclosure statement must be filed within 21 days of docketing or upon the filing of a motion, response, petition, or answer in this court, whichever occurs first. Attorneys are required to file an amended statement to reflect any material changes in the required information. The text of the statement must also be included in front of the table of contents of the party's main brief. **Counsel is required to complete the entire statement and to use N/A for any information that is not applicable if this form is used.**

[X] PLEASE CHECK HERE IF ANY INFORMATION ON THIS FORM IS NEW OR REVISED AND INDICATE WHICH INFORMATION IS NEW OR REVISED.

(1) The full name of every party that the attorney represents in the case (if the party is a corporation, you must provide the corporate disclosure information required by Fed. R. App. P. 26.1 by completing item #3):

American Academy of Pediatrics ("AAP"); see Attachment A for list of other amicus curiae (new)

(2) The names of all law firms whose partners or associates have appeared for the party in the case (including proceedings in the District Court or before an administrative agency) or are expected to appear for the party in this court:

Jenner & Block LLP for Amici Curiae

(3) If the party or amicus is a corporation:

i) Identify all of its parent corporations, if any; and

None

ii) list any publicly held company that owns 10% or more of the party's or amicus' stock:

None

4) Provide information required by FRAP 26.1(b) – Organizational Victims in Criminal Cases:

N/A

(5) Provide Debtor information required by FRAP 26.1 (c) 1 & 2:

N/A

Attorney's Signature /s/ Clifford W. Berlow

Date: August 2, 2022

Attorney's Printed Name: Clifford W. Berlow

Please indicate if you are *Counsel of Record* for the above listed parties pursuant to Circuit Rule 3(d).

Yes X

No _____

Address: 353 North Clark Street, Chicago, IL 60654-3456

Phone Number: (312) 840-7366

Fax Number: (312) 527-0484

E-Mail Address: cberlow@jenner.com

ATTACHMENT A

Indiana Chapter of the American Academy of Pediatrics (“INAAP”);
American College of Physicians (“ACP”);
American Medical Association (“AMA”);
Endocrine Society;
GLMA—Health Professionals Advancing LGBT Equality;
Mental Health America (“MHA”);
World Professional Association for Transgender Health (“WPATH”);
American Medical Women’s Association (“AMWA”) (new)

CIRCUIT RULE 26.1 DISCLOSURE STATEMENT

Appellate Court No. 22-1786

Short Caption: A.C. v. Metropolitan School District of Martinsville, et al.

To enable the judges to determine whether recusal is necessary or appropriate, an attorney for a non-governmental party or amicus curiae, or a private attorney representing a government party, must furnish a disclosure statement providing the following information in compliance with Circuit Rule 26.1 and Fed. R. App. P. 26.1.

The Court prefers that the disclosure statement be filed immediately following docketing; but, the disclosure statement must be filed within 21 days of docketing or upon the filing of a motion, response, petition, or answer in this court, whichever occurs first. Attorneys are required to file an amended statement to reflect any material changes in the required information. The text of the statement must also be included in front of the table of contents of the party's main brief. **Counsel is required to complete the entire statement and to use N/A for any information that is not applicable if this form is used.**

[X] PLEASE CHECK HERE IF ANY INFORMATION ON THIS FORM IS NEW OR REVISED AND INDICATE WHICH INFORMATION IS NEW OR REVISED.

(1) The full name of every party that the attorney represents in the case (if the party is a corporation, you must provide the corporate disclosure information required by Fed. R. App. P. 26.1 by completing item #3):

American Academy of Pediatrics ("AAP"); see Attachment A for list of other amicus curiae (new)

(2) The names of all law firms whose partners or associates have appeared for the party in the case (including proceedings in the District Court or before an administrative agency) or are expected to appear for the party in this court:

Jenner & Block LLP for Amici Curiae

(3) If the party or amicus is a corporation:

i) Identify all of its parent corporations, if any; and

None

ii) list any publicly held company that owns 10% or more of the party's or amicus' stock:

None

4) Provide information required by FRAP 26.1(b) – Organizational Victims in Criminal Cases:

N/A

(5) Provide Debtor information required by FRAP 26.1 (c) 1 & 2:

N/A

Attorney's Signature /s/ Illyana A. Green

Date: August 2, 2022

Attorney's Printed Name: Illyana A. Green

Please indicate if you are *Counsel of Record* for the above listed parties pursuant to Circuit Rule 3(d).

Yes

No

X

Address: 1099 New York Avenue, NW, Suite 900, Washington, DC 20001-4412

Phone Number: (202) 637 6371

Fax Number: (202) 639-6066

E-Mail Address: IGreen@jenner.com

ATTACHMENT A

Indiana Chapter of the American Academy of Pediatrics (“INAAP”);
American College of Physicians (“ACP”);
American Medical Association (“AMA”);
Endocrine Society;
GLMA—Health Professionals Advancing LGBT Equality;
Mental Health America (“MHA”);
World Professional Association for Transgender Health (“WPATH”);
American Medical Women’s Association (“AMWA”) (new)

TABLE OF CONTENTS

CIRCUIT RULE 26.1 DISCLOSURE STATEMENTS..... i

TABLE OF AUTHORITIES.....iv

STATEMENT OF IDENTITY, INTEREST, AND AUTHORITY TO FILE OF
AMICI CURIAE..... 1

INTRODUCTION AND SUMMARY OF ARGUMENT 4

I. What It Means To Be Transgender And To Suffer From Gender
Dysphoria. 6

 A. Gender Identity..... 9

 B. Gender Dysphoria..... 11

 1. The Diagnostic Criteria And Seriousness Of Gender
 Dysphoria. 12

 2. The Accepted Treatment Protocols For Gender Dysphoria. 13

II. Excluding Transgender Individuals From Facilities Consistent With
Their Gender Identity Endangers Their Health, Safety, And Well-
Being. 19

 A. Exclusionary Policies Exacerbate Gender Dysphoria And Are
 Contrary To Widely Accepted, Evidence-Based Treatment
 Protocols. 21

 B. Exclusionary Policies Expose Transgender Individuals To
 Harassment And Abuse. 22

 C. Exclusionary Policies Exacerbate Stigma And Discrimination,
 Leading To Negative Health Outcomes. 24

 D. Exclusionary Policies Lead To Avoidance Of Restroom Use,
 Harming Physical Health. 26

 E. Exclusionary Policies Harm Adolescent Social And Emotional
 Development—With Lifelong Effects. 28

CONCLUSION 30

TABLE OF AUTHORITIES

	Page(s)
Cases	
<i>Doe v. Boyertown Area Sch. Dist.</i> , 276 F. Supp. 3d 324 (E.D. Pa. 2017)	20
<i>Students and Parents for Privacy v. United States Dep’t of Educ.</i> , No. 16-cv-4945, 2016 WL 6134121 (N.D. Ill. Oct. 18, 2016).....	20-21
Other Authorities	
Am. Med. Ass’n, Comm. on Human Sexuality, <i>Human Sexuality</i> 38 (1972)	15
Am. Med. Ass’n et al., Issue Brief, <i>Sexual Orientation and Gender Identity Change Efforts (so-called “conversion therapy”)</i> 3 (2022).....	8
Am. Med. Ass’n, Policy H-160.991, <i>Health Care Needs of Lesbian, Gay, Bisexual, Transgender and Queer Populations</i> (2018).....	16
Am. Med. Ass’n, Policy H-185.950, <i>Removing Financial Barriers to Care for Transgender Patients</i> (2016)	17
Am. Med. Ass’n, Policy H-65.964, <i>Access to Basic Human Services for Transgender Individuals</i> (2017).....	20
Am. Psych. Ass’n & Nat’l Ass’n of Sch. Psychs., <i>Resolution on Gender and Sexual Orientation Diversity in Children and Adolescents in Schools</i> (2015)	15, 20, 22, 24, 26, 29
Am. Psych. Ass’n, <i>Answers to Your Questions About Transgender People, Gender Identity, and Gender Expression</i> 1 (2014).....	9, 10
Am. Psych. Ass’n, <i>Guidelines for Psychological Practice with Transgender and Gender Nonconforming People</i> , 70 <i>Am. Psychologist</i> 832 (2015).....	6, 7, 9, 14, 15, 17, 18, 27
Am. Psych. Ass’n, <i>Report of the APA Task Force on Gender Identity and Gender Variance</i> 26 (2008)	8, 12, 15, 16
Am. Psych. Ass’n, <i>Stress in America: The Impact of Discrimination</i> (2016)	25
Am. Psychiatric Ass’n, <i>The Diagnostic and Statistical Manual of Mental Disorders</i> (5th ed. 2013)	11, 12, 13

Am. Psychiatric Ass'n, <i>Position Statement on Discrimination Against Transgender and Gender Variant Individuals</i> (2012)	8, 11
Am. Psychoanalytic Ass'n, <i>Position Statement on Attempts to Change Sexual Orientation, Gender Identity, or Gender Expression</i> (2012)	14, 16, 25
Am. Sch. Counselor Ass'n, <i>The School Counselor and LGBTQ+ Youth</i> (2022)	16
Lawrence E. Armstrong, <i>Challenges of Linking Chronic Dehydration and Fluid Consumption to Health Outcomes</i> , 70 <i>Nutrition Rev.</i> (2012)	27
Henk Asscheman et al., <i>A Long-Term Follow-Up Study of Mortality in Transsexuals Receiving Treatment with Cross-Sex Hormones</i> , 164 <i>Eur. J. Endocrinology</i> 635 (2011)	18
Walter Bockting & Eli Coleman, <i>Developmental Stages of the Transgender Coming-Out Process: Toward an Integrated Identity</i> , in <i>Principles of Transgender Medicine and Surgery</i> 185 (Randi Ettner et al. eds., 2013)	19
Judith Bradford et al., <i>Experiences of Transgender-Related Discrimination and Implications for Health: Results From the Virginia Transgender Health Initiative Study</i> , 103 <i>Am. J. Pub. Health</i> 1820 (2013).....	24, 25
Stephanie A. Brill & Rachel Pepper, <i>The Transgender Child: A Handbook for Families and Professionals</i> 202 (2008)	13
William Byne et al., Am. Psychiatric Ass'n Workgroup on Treatment of Gender Dysphoria, <i>Assessment and Treatment of Gender Dysphoria and Gender Variant Patients: A Primer for Psychiatrists</i> 16 (2016)	15
William Byne et al., <i>Report of the American Psychiatric Association Task Force on Treatment of Gender Identity Disorder</i> , 41 <i>Arch. Sexual Behav.</i> 759 (2012)	19
Center of Excellence for Transgender Health, Univ. Cal., S.F., <i>Guidelines for the Primary and Gender-Affirming Care of Transgender and Gender Nonbinary People</i> 23 (Madeline B. Deutsch ed., 2d ed. 2016).....	17
Ethan C. Cicero & Linda M. Wesp, <i>Supporting the Health and Well-Being of Transgender Students</i> , 33 <i>J. Sch. Nursing</i> 2 (2017)	10

Peggy T. Cohen-Kettenis et al., <i>The Treatment of Adolescent Transsexuals: Changing Insights</i> , 5 <i>J. Sexual Med.</i> 1892 (2008).....	10
Halley P. Crissman et al., <i>Transgender Demographics: A Household Probability Sample of US Adults, 2014</i> , 107 <i>Am. J. Pub. Health</i> 213 (2017).....	7
Hilary Daniel et al., <i>Lesbian, Gay, Bisexual, and Transgender Health Disparities: Executive Summary of a Policy Position Paper from the American College of Physicians</i> , 163 <i>Annals Internal Med.</i> 135 (2015)	16
Annelou L.C. de Vries et al., <i>Young Adult Psychological Outcome After Puberty Suppression and Gender Reassignment</i> , 134 <i>Pediatrics</i> 696 (2014).....	19
Arianne B. Dessens et al., <i>Gender Dysphoria and Gender Change in Chromosomal Females with Congenital Adrenal Hyperplasia</i> , 34 <i>Arch. Sexual Behav.</i> 389 (2005).....	11
Jack Drescher, <i>Controversies in Gender Diagnoses</i> , 1 <i>LGBT Health</i> 9 (2013).....	14
Jack Drescher, <i>Queer Diagnoses: Parallels and Contrasts in the History of Homosexuality, Gender Variance, and the Diagnostic and Statistical Manual</i> , 39 <i>Arch. Sexual Behav.</i> 427 (2010)	14
Lily Durwood et al., <i>Mental Health and Self-Worth in Socially Transitioned Transgender Youth</i> , 56 <i>J. Am. Acad. Child & Adolescent Psychiatry</i> 116 (2017)	17
Diane Ehrensaft, <i>From Gender Identity Disorder to Gender Identity Creativity: True Gender Self Child Therapy</i> , 59 <i>J. Homosexuality</i> 337 (2012).....	13
Marla E. Eisenberg et al., <i>Suicidality Among Gay, Lesbian and Bisexual Youth: The Role of Protective Factors</i> , 39 <i>J. Adolescent Health</i> 662 (2006).....	29
Jan Eldh et al., <i>Long-Term Follow Up After Sex Reassignment Surgery</i> , 31 <i>Scand. J. Plastic & Reconstructive Surgery & Hand Surgery</i> 39 (1997).....	19
Randi Ettner et al., <i>Secrecy and the Pathogenesis of Hypertension</i> , <i>Int'l J. Family Med.</i> (2012)	25

Alessandra D. Fisher et al., <i>Cross-Sex Hormone Treatment and Psychobiological Changes in Transsexual Persons: Two-Year Follow-Up Data</i> , 101 <i>J. Clinical Endocrinology & Metabolism</i> 4260 (2016).....	17
Andrew R. Flores et al., The Williams Inst., <i>Race and Ethnicity of Adults Who Identify as Transgender in the United States 2</i> (2016).....	7
Gary J. Gates & Jody L. Herman, The Williams Inst., <i>Transgender Military Service in the United States</i> (2014).....	7
Anas I. Ghousheh et al., <i>Advanced Transitional Cell Carcinoma of the Bladder in a 16-Year-Old Girl with Hinman Syndrome</i> , 80 <i>Urology</i> 1141 (2012).....	27
Luk Gijs & Anne Brewaeys, <i>Surgical Treatment of Gender Dysphoria in Adults and Adolescents: Recent Developments, Effectiveness, and Challenges</i> , 18 <i>Ann. Rev. Sex Rsch.</i> 178 (2007).....	19
Jaime M. Grant et al., Nat'l Center for Transgender Equality, <i>Injustice at Every Turn: A Report of the National Transgender Discrimination Survey 2</i> (2011).....	24
Emily A. Greytak et al., GLSEN, <i>Harsh Realities: The Experiences of Transgender Youth in Our Nation's Schools 25</i> (2009).....	29
Wylie C. Hembree et al., <i>Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society Clinical Practice Guideline</i> , 102 <i>J. Clinical Endocrinology & Metabolism</i> 3869 (2017).....	17, 18
Michael L. Hendricks & Rylan J. Testa, <i>A Conceptual Framework for Clinical Work with Transgender and Gender Nonconforming Clients: An Adaptation of the Minority Stress Model</i> , 43 <i>Pro. Psych: Research & Practice</i> 460 (2012).....	13
Jody L. Herman, <i>Gendered Restrooms and Minority Stress: The Public Regulation of Gender and its Impact on Transgender People's Lives</i> , 19 <i>J. Pub. Mgmt. & Soc. Pol'y</i> 71 (2013).....	23, 27, 28
Jody L. Herman et al., The Williams Inst., <i>Age of Individuals Who Identify as Transgender in the United States 2</i> (2017).....	6
Darryl B. Hill et al., <i>An Affirmative Intervention for Families With Gender Variant Children: Parental Ratings of Child Mental Health and Gender</i> , 36 <i>J. Sex & Marital Therapy</i> 6 (2010).....	14

Inst. of Med. Comm. on LGBT Health Issues and Rsch. Gaps and Opportunities, <i>The Health of Lesbian, Gay, Bisexual, and Transgender People: Building a Foundation for Better Understanding</i> 13 (2011)	26
Sandy E. James et al., Nat'l Center for Transgender Equality, <i>The Report of the 2015 U.S. Transgender Survey</i> 4 (2016)	7, 22, 27
Joseph G. Kosciw et al., GLSEN, <i>The 2015 National School Climate Survey: The Experiences of Lesbian, Gay, Bisexual, Transgender, and Queer Youth In Our Nation's Schools</i> 12 (2016)	24
David A. Levine & Comm. on Adolescence, Am. Acad. of Pediatrics Technical Report, <i>Office-Based Care for Lesbian, Gay, Bisexual, Transgender, and Questioning Youth</i> , 132 Pediatrics e297 (2013)	6, 15, 16, 17, 29
Colt Meier & Julie Harris, Am. Psych. Ass'n, Fact Sheet: <i>Gender Diversity and Transgender Identity in Children</i> 1	9, 10
Mohammad Hassan Murad et al., <i>Hormonal Therapy and Sex Reassignment: A Systematic Review and Meta-Analysis of Quality of Life and Psychosocial Outcomes</i> , 72 Clinical Endocrinology 214 (2010)	19
Kristina R. Olson et al., <i>Mental Health of Transgender Children Who Are Supported in Their Identities</i> , 137 Pediatrics 1 (2016)	17
Press Release, N.C. Pediatric Soc'y, <i>American Academy of Pediatrics Opposes Legislation that Discriminates Against Transgender Children</i> (Apr. 18, 2016)	23, 24
Jason Rafferty, Am. Acad. of Pediatrics, <i>Gender Identity Development in Children</i> (2018)	9
Jason Rafferty, Am. Acad. of Pediatrics, <i>Gender-Diverse & Transgender Children</i> (2018)	10
Jason Rafferty, Am. Ass'n of Pediatrics, Policy Statement, <i>Ensuring Comprehensive Care and Support for Transgender and Gender-Diverse Children and Adolescents</i> (2018)	9, 11, 16
Stephen T. Russell et al., <i>Youth Empowerment and High School Gay-Straight Alliances</i> , 38 J. Youth Adolescence 891 (2009)	29
Francine Russo, <i>Is There Something Unique About the Transgender Brain?</i> Sci. Am. (Jan. 1, 2016)	11

Caitlin Ryan, Family Acceptance Project, <i>Supportive Families, Healthy Children: Helping Families with Lesbian, Gay, Bisexual, & Transgender Children</i> 17 (2009)	9
Kristie L. Seelman, <i>Transgender Adults’ Access to College Bathrooms and Housing and the Relationship to Suicidality</i> , 63 <i>J. Homosexuality</i> 1378 (2016)	27
Rebecca L. Stotzer et al., The Williams Inst., <i>Transgender Parenting: A Review of Existing Research</i> (2014)	7
Substance Abuse and Mental Health Servs. Admin. (“SAMHSA”), <i>Ending Conversion Therapy: Supporting and Affirming LGBTQ Youth</i> 13 (2015)	8, 12, 14
Russell B. Toomey et al., <i>Gender-Nonconforming Lesbian, Gay, Bisexual, and Transgender Youth: School Victimization and Young Adult Psychosocial Adjustment</i> , 46 <i>Developmental Psych.</i> 1580 (2010).....	25, 29
Jack L. Turban et al., <i>Pubertal Suppression for Transgender Youth and Risk of Suicidal Ideation</i> , 145 <i>Pediatrics</i> 1 (2020).....	18
Paul J.M. Van Kesteren et al., <i>Mortality and Morbidity in Transsexual Subjects Treated with Cross-Sex Hormones</i> , 47 <i>Clinical Endocrinology</i> 337 (1997)	18-19
Robert Wallace & Hershel Russell, <i>Attachment and Shame in Gender-Nonconforming Children and Their Families: Toward a Theoretical Framework for Evaluating Clinical Interventions</i> , 14 <i>Int’l J. Transgenderism</i> 113 (2013)	14
Sam Winter et al., <i>Transgender People: Health at the Margins of Society</i> , 388 <i>Lancet</i> 390 (2016)	21
World Pro. Ass’n for Transgender Health (“WPATH”), <i>Standards of Care for the Health of Transsexual, Transgender, and Gender-Nonconforming People</i> 5 (7th Version, 2011).....	10, 15, 17, 18, 19
Jessica Xavier et al., Va. Dep’t of Health, <i>The Health, Health-Related Needs, and Lifecourse Experiences of Transgender Virginians</i> (2007)	13

Emily B. Zimmerman et al., U.S. Dep't of Health and Human
Servs., *Understanding the Relationship Between Education and
Health: A Review of the Evidence and an Examination of
Community Perspectives in Population Health: Behavioral and
Social Science Insights* 347 (Robert M. Kaplan et al. eds., 2015) 28

**STATEMENT OF IDENTITY, INTEREST, AND AUTHORITY TO FILE
OF AMICI CURIAE¹**

Amici curiae are nine leading medical, mental health, and other health care organizations. Collectively, *amici* represent hundreds of thousands of physicians and mental health professionals, including specialists in pediatrics and adolescent care, family medicine, internal medicine, and endocrinology. *Amici* submit this brief to inform this Court of the medical consensus regarding what it means to be transgender; provide a brief overview of the treatment protocols used to bring the body into alignment with one’s gender identity; and to address the predictable harms to the health and well-being of transgender individuals that would occur if the district court’s preliminary injunction was vacated.

The American Academy of Pediatrics (“AAP”) represents 67,000 primary care pediatricians, pediatric medical subspecialists, and surgical specialists who are committed to the attainment of optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adults. In its dedication to the health of all children, the AAP strives to improve health care access and eliminate disparities for children and youth who identify as lesbian, gay, bisexual, transgender, or questioning of their sexual or gender identity.

¹ Pursuant to Federal Rule of Appellate Procedure 29, *amici* hereby certify that no party’s counsel authored this brief in whole or in part, no party or party’s counsel contributed money intended to fund preparation or submission of this brief, and no person other than *amici* and their counsel contributed money intended to fund preparation or submission of the brief. All parties have consented to the filing of this *amicus* brief.

The Indiana Chapter of the American Academy of Pediatrics (“INAAP”) is a statewide 501(c)(3) nonprofit organization focusing on issues related to the health and well-being of all Hoosier children. With over 900 primary care pediatricians, subspecialists, and trainees throughout the state, INAAP strives to provide evidence-based solutions for questions related to children’s health, as well as for issues related to the practice of pediatrics.

The American College of Physicians (“ACP”) is the largest medical specialty organization in the United States. Its membership includes 160,000 internal medicine physicians, related subspecialists, and medical students.

The American Medical Association (“AMA”) is the largest professional association of physicians, residents, and medical students in the United States. Additionally, through state and specialty medical societies and other physician groups seated in its House of Delegates, substantially all physicians, residents, and medical students in the United States are represented in the AMA’s policy-making process. The AMA was founded in 1847 to promote the art and science of medicine and the betterment of public health, and these remain its core purposes. AMA members practice in every medical specialty and in every state, including Indiana.

The American Medical Women’s Association (“AMWA”) focuses on the advancement of women within the medical profession and the improvement of women’s health. Its members include physicians, medical students, and allied health care professionals.

The Endocrine Society is the oldest and largest global professional membership organization representing the field of endocrinology. The Endocrine Society's more than 18,000 members care for patients and are dedicated to advancing hormone research and excellence in the clinical practice of endocrinology, which focuses on hormone conditions such as diabetes, obesity, osteoporosis, infertility, rare cancers, thyroid conditions, and care of gender dysphoria/incongruence and transgender medicine. The Endocrine Society has published evidence-based clinical practice guidelines on gender dysphoria/incongruence, which are recognized around the world.

Health Professionals Advancing LGBT Equality ("GLMA") is the largest and oldest association of lesbian, gay, bisexual, and transgender ("LGBT") healthcare professionals, including physicians, physician assistants, nurses, psychologists, social workers, and other health disciplines. Founded in 1981, GLMA (formerly known as the Gay & Lesbian Medical Association) works to ensure equality in healthcare for LGBT individuals and equality for LGBT healthcare professionals using the medical and health expertise of GLMA members in public policy and advocacy, professional education, patient education and referrals, and the promotion of research.

Mental Health America ("MHA") is the nation's leading community-based nonprofit dedicated to addressing the needs of those living with mental illness, and to promoting the overall mental health of all. MHA is committed to promoting mental health as a critical part of overall wellness, including prevention services

for all, early identification, and intervention for those at risk, integrated care, services, and support for those who need it, with recovery as the goal.

The World Professional Association for Transgender Health (“WPATH”) is a non-profit interdisciplinary medical and mental health professional and educational organization devoted to transgender health, with over 2,600 members engaged in clinical and academic research to develop evidence-based medicine and promote high quality care for transsexual, transgender, and gender-nonconforming individuals internationally.

INTRODUCTION AND SUMMARY OF ARGUMENT

Transgender individuals have a gender identity that is incongruent with the sex they were assigned at birth. The medical community’s understanding of what it means to be transgender has advanced greatly over the past century. The medical community now understands that being transgender implies no impairment in a person’s judgment, stability, or general social or vocational capabilities. According to recent estimates, approximately 1.4 million transgender adults live in the United States—0.6% of the adult population.

Many transgender individuals, like A.C., have a condition called gender dysphoria, which is characterized by clinically significant distress and impairment of function resulting from the incongruence between one’s gender identity and the sex assigned at birth. The international medical consensus regarding treatment for gender dysphoria is to assist the patient to live in accordance with his or her gender identity, thus alleviating this distress.

Access to single-sex facilities that correspond to one's gender identity is a critical aspect of successful treatment of gender dysphoria. By contrast, excluding transgender individuals from facilities consistent with their gender identity undermines their treatment; exposes them to stigma and discrimination; harms their physical health by causing them to avoid restroom use; and impairs their social and emotional development. Similarly, transgender students who must use separate facilities from other students who share their gender identity are at risk of both being bullied and discriminated against, and of suffering psychological harm. The stigma and minority stress that result from discrimination can, in turn, lead to poorer health outcomes for transgender individuals.

I. What It Means To Be Transgender And To Suffer From Gender Dysphoria.

Transgender individuals have a “gender identity”—a “deeply felt, inherent sense” of their gender—that is not aligned with the sex assigned to them at birth.² Transgender people differ from cisgender (*i.e.*, non-transgender) people, whose gender identity aligns with the “sex assigned at birth.”³ A transgender man is someone who was assigned the sex of female at birth, but is male and transitions to live in accordance with that male identity. A transgender woman is an individual who was assigned the sex of male at birth but is female and transitions to live in accordance with that female identity. A transgender man is a man. A transgender woman is a woman.

While recent estimates suggest that approximately 1.4 million transgender adults live in the United States (0.6% of the adult population),⁴ these “population

² Am. Psych. Ass’n, *Guidelines for Psychological Practice with Transgender and Gender Nonconforming People*, 70 *Am. Psychologist* 832, 834 (2015) [hereinafter “Am. Psych. Ass’n *Guidelines*”]; see also David A. Levine & Comm. on Adolescence, Am. Acad. of Pediatrics Technical Report, *Office-Based Care for Lesbian, Gay, Bisexual, Transgender, and Questioning Youth*, 132 *Pediatrics* e297, e298 (2013) [hereinafter “AAP Technical Report”], <https://publications.aap.org/pediatrics/article/132/1/e297/31402/Office-Based-Care-for-Lesbian-Gay-Bisexual>. Although most people have a gender identity that is male or female, some individuals have a gender identity that is “a blend of male or female[,] or an alternative gender.” Am. Psych. Ass’n *Guidelines*, at 834.

³ Am. Psych. Ass’n *Guidelines*, *supra* note 2, at 861.

⁴ Jody L. Herman et al., The Williams Inst., *Age of Individuals Who Identify as Transgender in the United States 2* (2017), <https://williamsinstitute.law.ucla.edu/wp-content/uploads/Age-Trans-Individuals-Jan-2017.pdf>.

estimates likely underreport the true number of [transgender] people.”⁵ People of all different races and ethnicities identify as transgender.⁶ Transgender individuals live in every state, serve in our military, and raise children.⁷ Gender identity is distinct from and does not predict sexual orientation; transgender people, like cisgender people, may identify as heterosexual, gay, lesbian, bisexual, or asexual.⁸

The medical profession’s understanding of gender has advanced considerably over the past fifty years. Throughout much of the twentieth century, individuals who were not gender conforming were often viewed as “perverse or

⁵ Am. Psych. Ass’n *Guidelines*, *supra* note 2, at 832.

⁶ See Halley P. Crissman et al., *Transgender Demographics: A Household Probability Sample of US Adults, 2014*, 107 *Am. J. Pub. Health* 213, 214-15 (2017); Andrew R. Flores et al., The Williams Inst., *Race and Ethnicity of Adults Who Identify as Transgender in the United States 2* (2016), <https://williamsinstitute.law.ucla.edu/wp-content/uploads/Race-and-Ethnicity-of-Transgender-Identified-Adults-in-the-US.pdf>.

⁷ Gary J. Gates & Jody L. Herman, The Williams Inst., *Transgender Military Service in the United States* (2014), <https://williamsinstitute.law.ucla.edu/wp-content/uploads/Trans-Military-Service-US-May-2014.pdf>; see Sandy E. James et al., Nat’l Center for Transgender Equality, *The Report of the 2015 U.S. Transgender Survey 4* (2016) [hereinafter “*Report of 2015 U.S. Transgender Survey*”], <https://transequality.org/sites/default/files/docs/usts/USTS-Full-Report-Dec17.pdf>; Rebecca L. Stotzer et al., The Williams Inst., *Transgender Parenting: A Review of Existing Research* (2014), <https://williamsinstitute.law.ucla.edu/wp-content/uploads/Trans-Parenting-Review-Oct-2014.pdf>.

⁸ Am. Psych. Ass’n *Guidelines*, *supra* note 2, at 835-36; *Report of 2015 U.S. Transgender Survey*, *supra* note 7, at 59.

deviant.”⁹ Medical practices during that period of time tried to “correct” this perceived deviance by attempting to force transgender people to live in accordance with the sex assigned to them at birth. These efforts failed and caused significant harm to transgender individuals.¹⁰ As *amicus curiae* the American Medical Association has made clear, “[a]ll leading professional medical and mental health associations reject ‘conversion therapy’ as a legitimate medical treatment.”¹¹

Much as our professions recognize that homosexuality is a normal form of human sexuality—and that stigmatizing gay people causes significant harm—we now recognize that being transgender “implies no impairment in judgment, stability, reliability, or general social or vocational capabilities”—and that stigmatizing transgender people also causes “significant, long-term harm.”¹²

⁹ Am. Psych. Ass’n, *Report of the APA Task Force on Gender Identity and Gender Variance* 26-27 (2008) [hereinafter “Am. Psych. Ass’n, *Task Force Report*”], <https://www.apa.org/pi/lgbt/resources/policy/gender-identity-report.pdf>.

¹⁰ *Id.*; Substance Abuse and Mental Health Servs. Admin. (“SAMHSA”), *Ending Conversion Therapy: Supporting and Affirming LGBTQ Youth* 13, 24-25 (2015) [hereinafter “*Ending Conversion Therapy*”], <http://store.samhsa.gov/shin/content/SMA15-4928/SMA15-4928.pdf>.

¹¹ Am. Med. Ass’n et al., Issue Brief, *Sexual Orientation and Gender Identity Change Efforts (so-called “conversion therapy”)* 3 (2022), <https://www.ama-assn.org/system/files/conversion-therapy-issue-brief.pdf>.

¹² *Id.* at 2; Am. Psychiatric Ass’n, *Position Statement on Discrimination Against Transgender and Gender Variant Individuals* (2012), <https://psychiatry.org/File%20Library/About-APA/Organization-Documents-Policies/Policies/Position-2012-Transgender-Gender-Variant-Discrimination.pdf>.

A. Gender Identity.

“Gender identity refers to a person’s internal sense of being male, female or something else.”¹³ Every person has a gender identity,¹⁴ which cannot be altered voluntarily¹⁵ or ascertained immediately after birth.¹⁶ Many children develop stability in their gender identity between the ages of three and four.¹⁷

“[G]ender expression’ refers to the way a person communicates gender identity to others through behavior, clothing, hairstyles, voice, or body characteristics.”¹⁸ There are many individuals who depart from stereotypical

¹³ Am. Psych. Ass’n, *Answers to Your Questions About Transgender People, Gender Identity, and Gender Expression* 1 (2014) [hereinafter “*Answers to Your Questions About Transgender People*”], <http://www.apa.org/topics/lgbt/transgender.pdf>; Jason Rafferty, Am. Ass’n of Pediatrics, Policy Statement, *Ensuring Comprehensive Care and Support for Transgender and Gender-Diverse Children and Adolescents* at Table 1 (2018) [hereinafter “*Comprehensive Care and Support for Transgender and Gender-Diverse Children and Adolescents*”].

¹⁴ See Caitlin Ryan, Family Acceptance Project, *Supportive Families, Healthy Children: Helping Families with Lesbian, Gay, Bisexual, & Transgender Children* 17 (2009), http://familyproject.sfsu.edu/sites/default/files/FAP_English%20Booklet_pst.pdf.

¹⁵ Colt Meier & Julie Harris, Am. Psych. Ass’n, Fact Sheet: *Gender Diversity and Transgender Identity in Children* 1, <http://www.apadivisions.org/division-44/resources/advocacy/transgender-children.pdf>; see also Jason Rafferty, Am. Acad. of Pediatrics, *Gender Identity Development in Children* (2018), <https://healthychildren.org/English/ages-stages/gradeschool/Pages/Gender-Identity-and-Gender-Confusion-In-Children.aspx>.

¹⁶ Am. Psych. Ass’n *Guidelines*, *supra* note 2, at 862.

¹⁷ *Id.* at 841. “Although gender identity is usually established in childhood, individuals may become aware that their gender identity is not in full alignment with sex assigned at birth in childhood, adolescence, or adulthood.” *Id.* at 836.

¹⁸ *Answers to Your Questions About Transgender People*, *supra* note 13, at 1.

male and female appearances and roles, but who are not transgender.¹⁹ Indeed, most people who express their gender in a non-stereotypical or non-conforming manner are or become comfortable with the sex they were assigned at birth.²⁰ In contrast, a transgender boy or transgender girl “consistently, persistently, and insisently” identifies as a gender different from the sex they were assigned at birth.²¹ Indeed, in this case, as the District Court explained, A.C. has “identified as male, . . . dressed as a boy[,] and had a boy haircut” since he was eight years old. Dkt. 50 at 15, Order on Plaintiff’s Motion for Preliminary Injunction [hereinafter “District Court Order”].

Psychologists, psychiatrists, and neuroscientists are not certain why some people are transgender. Some research suggests there may be biological influences,²² including, for example, exposure of natal females to elevated levels

¹⁹ Ethan C. Cicero & Linda M. Wesp, *Supporting the Health and Well-Being of Transgender Students*, 33 J. Sch. Nursing 2 (2017).

²⁰ World Pro. Ass’n for Transgender Health (“WPATH”), *Standards of Care for the Health of Transsexual, Transgender, and Gender-Nonconforming People* 5 (7th Version, 2011) [hereinafter “WPATH Standards of Care”], https://www.wpath.org/media/cms/Documents/SOC%20v7/SOC%20V7_English2012.pdf?t=1613669341.

²¹ See Meier & Harris, *supra* note 15, at 1; see also Cicero & Wesp, *supra* note 19, at 6–7.

²² See Jason Rafferty, Am. Acad. of Pediatrics, *Gender-Diverse & Transgender Children* (2018), <https://www.healthychildren.org/English/ages-stages/gradeschool/Pages/Gender-Diverse-Transgender-Children.aspx>; Peggy T. Cohen-Kettenis et al., *The Treatment of Adolescent Transsexuals: Changing Insights*, 5 J. Sexual Med. 1892, 1895 (2008).

of testosterone in the womb.²³ Brain scans and neuroanatomical studies of transgender individuals may also support these biological explanations.²⁴

B. Gender Dysphoria.

Being transgender “implies no impairment in judgment, stability, reliability, or general social or vocational capabilities.”²⁵ However, many transgender individuals are diagnosed with gender dysphoria, a condition that is characterized by debilitating distress and anxiety resulting from the incongruence between an individual’s gender identity and birth-assigned sex.²⁶

The District Court’s analysis is consistent with, and relies on, this medical consensus. *See* District Court Order at 2–4, 13.

²³ Arianne B. Dessens et al., *Gender Dysphoria and Gender Change in Chromosomal Females with Congenital Adrenal Hyperplasia*, 34 *Arch. Sexual Behav.* 389, 395 (2005).

²⁴ *See, e.g.*, Francine Russo, *Is There Something Unique About the Transgender Brain?* *Sci. Am.* (Jan. 1, 2016), <https://www.scientificamerican.com/article/is-there-something-unique-about-the-transgender-brain/>.

²⁵ *Position Statement on Discrimination Against Transgender and Gender Variant Individuals*, *supra* note 12.

²⁶ Am. Psychiatric Ass’n, *The Diagnostic and Statistical Manual of Mental Disorders* 451–53 (5th ed. 2013) [hereinafter “DSM-5”]; *Comprehensive Care and Support for Transgender and Gender-Diverse Children and Adolescents*, *supra* note 13, at 3 (explaining that gender dysphoria is a “specific diagnosis given to those who experience impairment in peer and/or family relationships, school performance, or other aspects of their life as a consequence of the incongruence between their assigned sex and their gender identity”).

1. **The Diagnostic Criteria And Seriousness Of Gender Dysphoria.**

The Diagnostic and Statistical Manual of Mental Disorders codifies the diagnostic criteria for gender dysphoria in adolescents and adults as follows: “A marked incongruence between one’s experienced/expressed gender and assigned gender, of at least 6 months’ duration, as manifested by at least two” out of six criteria, and “clinically significant distress or impairment in social, occupational, or other important areas of functioning.”²⁷ The six criteria include: (1) “[a] marked incongruence between one’s experienced/expressed gender and primary and/or secondary sex characteristics”; (2) “[a] strong desire to be rid of one’s primary and/or secondary sex characteristics”; (3) “[a] strong desire for the primary and/or secondary sex characteristics of the other gender”; (4) “[a] strong desire to be of the other gender (or some alternative gender)”; (5) “[a] strong desire to be treated” as a gender different from one’s assigned gender; and (6) “[a] strong conviction that one has the typical feelings and reactions” of a different gender.²⁸

Transgender children often experience intensified gender dysphoria and worsening mental health as the hormonal and anatomical changes associated with puberty cause the body to develop in ways that diverge from the child’s gender identity.²⁹ For instance, a deepening voice for male-assigned individuals

²⁷ *DSM-5*, *supra* note 26 at 452–53.

²⁸ *Id.* at 452.

²⁹ *Am. Psych. Ass’n Task Force Report*, *supra* note 9, at 45; *Ending Conversion Therapy*, *supra* note 10, at 2–3.

or the growth of breasts and the beginning of a menstrual cycle for female-assigned individuals can cause severe distress. For some, puberty manifests as “a sudden trauma that forces to consciousness the horror that they are living in a body that is totally at odds with the gender they know themselves to be but which has been kept securely underground.”³⁰

If untreated, gender dysphoria can contribute to debilitating distress, depression, impairment of function, substance use, self-mutilation to alter one’s genitals or secondary sex characteristics, other self-injurious behaviors, and suicide.³¹ Like other minority groups, transgender individuals also are frequently subjected to prejudice and discrimination in multiple areas of their lives, which exacerbates these negative health outcomes and makes access to appropriate medical care all the more important.³²

2. The Accepted Treatment Protocols For Gender Dysphoria.

Until the middle of the twentieth century, most mental health practitioners treated transgender people by attempting to make the patient’s gender identity

³⁰ Diane Ehrensaft, *From Gender Identity Disorder to Gender Identity Creativity: True Gender Self Child Therapy*, 59 *J. Homosexuality* 337, 345 (2012).

³¹ See, e.g., *DSM-5*, *supra* note 26, at 455, 458; Stephanie A. Brill & Rachel Pepper, *The Transgender Child: A Handbook for Families and Professionals* 202 (2008) (discussing risk of self-mutilation).

³² Michael L. Hendricks & Rylan J. Testa, *A Conceptual Framework for Clinical Work with Transgender and Gender Nonconforming Clients: An Adaptation of the Minority Stress Model*, 43 *Pro. Psych: Research & Practice* 460 (2012); Jessica Xavier et al., Va. Dep’t of Health, *The Health, Health-Related Needs, and Lifecourse Experiences of Transgender Virginians* (2007), <https://www.vdh.virginia.gov/content/uploads/sites/10/2016/01/THISFINALREPORTVoll.pdf>.

consistent with the patient's sex assigned at birth.³³ There is no evidence that these methods alleviate gender dysphoria or that they can prevent someone from being transgender.³⁴ To the contrary, they can "often result in substantial psychological pain by reinforcing damaging internalized attitudes,"³⁵ and can damage family relationships and individual functioning by increasing feelings of shame.³⁶

In the last few decades, transgender people suffering from gender dysphoria have gained widespread access to gender-affirming medical and mental health support and treatment.³⁷ For over thirty years, the generally-

³³ Am. Psych. Ass'n *Guidelines*, *supra* note 2, at 835; Jack Drescher, *Queer Diagnoses: Parallels and Contrasts in the History of Homosexuality, Gender Variance, and the Diagnostic and Statistical Manual*, 39 *Arch. Sexual Behav.* 427, 436-40 (2010).

³⁴ *Ending Conversion Therapy*, *supra* note 10, at 26; Jack Drescher, *Controversies in Gender Diagnoses*, 1 *LGBT Health* 9, 12 (2013).

³⁵ Am. Psychoanalytic Ass'n, *Position Statement on Attempts to Change Sexual Orientation, Gender Identity, or Gender Expression* (2012), <https://apsa.org/content/2012-position-statement-attempts-change-sexual-orientation-gender-identity-or-gender>.

³⁶ Darryl B. Hill et al., *An Affirmative Intervention for Families With Gender Variant Children: Parental Ratings of Child Mental Health and Gender*, 36 *J. Sex & Marital Therapy* 6, 10 (2010); Robert Wallace & Hershel Russell, *Attachment and Shame in Gender-Nonconforming Children and Their Families: Toward a Theoretical Framework for Evaluating Clinical Interventions*, 14 *Int'l J. Transgenderism* 113, 119-20 (2013).

³⁷ Am. Psych. Ass'n *Guidelines*, *supra* note 2, at 835; *WPATH Standards of Care*, *supra* note 20, at 8-9.

accepted treatment protocols for gender dysphoria³⁸ have aimed at alleviating the distress associated with the incongruence between gender identity and birth-assigned sex.³⁹ These protocols are laid out in the *Standards of Care for the Health of Transsexual, Transgender, and Gender Nonconforming People* (7th Version 2011) developed by WPATH.⁴⁰ The major medical and mental health groups in the United States expressly recognize WPATH’s Standards of Care as representing the consensus of the medical and mental health communities regarding the appropriate treatment for gender dysphoria.⁴¹

The recommended treatment for transgender people with gender dysphoria includes assessment, counseling, and as appropriate, social transition, puberty-blocking drug treatment, and other interventions to bring the body into alignment with one’s gender identity.⁴² However, each patient requires an

³⁸ Earlier versions of the DSM used different terminology, *e.g.*, “gender identity disorder,” to refer to this condition. Am. Psych. Ass’n *Guidelines*, *supra* note 2, at 861.

³⁹ Am. Med. Ass’n, Comm. on Human Sexuality, *Human Sexuality* 38 (1972).

⁴⁰ WPATH *Standards of Care*, *supra* note 20.

⁴¹ Am. Psych. Ass’n *Task Force Report*, *supra* note 9, at 32; AAP Technical Report, *supra* note 2, at e307-08.

⁴² Am. Psych. Ass’n *Task Force Report*, *supra* note 9, at 32-39; Am. Psych. Ass’n & Nat’l Ass’n of Sch. Psychs., *Resolution on Gender and Sexual Orientation Diversity in Children and Adolescents in Schools* (2015) [hereinafter “APA/NASP Resolution”], <http://www.apa.org/about/policy/orientation-diversity.aspx>; William Byne et al., Am. Psychiatric Ass’n Workgroup on Treatment of Gender Dysphoria, *Assessment and Treatment of Gender Dysphoria and Gender Variant Patients: A Primer for Psychiatrists* 16-18 (2016); AAP Technical Report, *supra* note 2, at e307-09. Some clinicians still offer versions of “reparative” or “conversion” therapy based on the idea that being transgender is a mental

individualized treatment plan that takes into account that patient’s specific needs.⁴³ Research substantiates that children who are prepubertal and assert that they are transgender “know their gender as clearly and as consistently as their developmentally equivalent peers who identify as cisgender.”⁴⁴

Social transition—*i.e.*, living one’s life fully in accordance with one’s gender identity—is often a critically important part of treatment, particularly for children and adolescents.⁴⁵ This typically includes publicly identifying oneself as that gender through all of the ways that people signal their gender to others such as through their name, pronoun usage, dress, manner and appearance, and social interactions. One key aspect of social transition is the ability to use restrooms and other single-sex facilities consistent with that individual’s gender

disorder. However, all of the leading medical professional organizations that have considered the issue have explicitly rejected such treatments. See Am. Med. Ass’n, Policy H-160.991, *Health Care Needs of Lesbian, Gay, Bisexual, Transgender and Queer Populations* (2018), <https://policysearch.ama-assn.org/policyfinder/detail/160.991?uri=%2FAMADoc%2FHOD.xml-0-805.xml>; Am. Sch. Counselor Ass’n, *The School Counselor and LGBTQ+ Youth* (2022), <https://www.schoolcounselor.org/Standards-Positions/Position-Statements/ASCA-Position-Statements/The-School-Counselor-and-LGBTQ-Youth>; Hilary Daniel et al., *Lesbian, Gay, Bisexual, and Transgender Health Disparities: Executive Summary of a Policy Position Paper from the American College of Physicians*, 163 *Annals Internal Med.* 135, 136 (2015); AAP Technical Report, *supra* note 2, at e301; *Position Statement on Attempts to Change Sexual Orientation, Gender Identity, or Gender Expression*, *supra* note 35.

⁴³ Am. Psych. Ass’n *Task Force Report*, *supra* note 9, at 32.

⁴⁴ *Comprehensive Care and Support for Transgender and Gender-Diverse Children and Adolescents*, *supra* note 13, at 4.

⁴⁵ *Id.* at 6 (explaining that children and adolescents with gender dysphoria benefit greatly from social affirmation and support).

identity.⁴⁶ Transgender children who have not transitioned report higher levels of anxiety and depression than their non-transgender peers, while studies of transitioned children suggest that they report statistically similar levels of anxiety and depression as their transgender peers.⁴⁷

For some adults and adolescents, hormone treatment to feminize or masculinize the body may be medically necessary to treat their gender dysphoria.⁴⁸ *Amicus* the Endocrine Society, the oldest and largest global professional membership organization representing the field of endocrinology, considers these treatments to be the standard of care for gender dysphoria.⁴⁹ For children experiencing the onset of puberty, treatment may include

⁴⁶ AAP Technical Report, *supra* note 2, at e308; Am. Psych. Ass'n *Guidelines*, *supra* note 2, at 840.

⁴⁷ Lily Durwood et al., *Mental Health and Self-Worth in Socially Transitioned Transgender Youth*, 56 J. Am. Acad. Child & Adolescent Psychiatry 116 (2017); Kristina R. Olson et al., *Mental Health of Transgender Children Who Are Supported in Their Identities*, 137 Pediatrics 1 (2016).

⁴⁸ See Am. Med. Ass'n, Policy H-185.950, *Removing Financial Barriers to Care for Transgender Patients* (2016); Am. Psych. Ass'n *Guidelines*, *supra* note 2, at 861, 862; Center of Excellence for Transgender Health, Univ. Cal., S.F., *Guidelines for the Primary and Gender-Affirming Care of Transgender and Gender Nonbinary People* 23-24 (Madeline B. Deutsch ed., 2d ed. 2016), <https://transcare.ucsf.edu/guidelines>; WPATH *Standards of Care*, *supra* note 20, at 33-35, 54.

⁴⁹ See Wylie C. Hembree et al., *Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society Clinical Practice Guideline*, 102 J. Clinical Endocrinology & Metabolism 3869, 3869-70 (2017); see also Alessandra D. Fisher et al., *Cross-Sex Hormone Treatment and Psychobiological Changes in Transsexual Persons: Two-Year Follow-Up Data*, 101 J. Clinical Endocrinology & Metabolism 4260 (2016). Endocrine Society clinical practice guidelines are developed using a robust and rigorous process that adheres to the highest standards of trustworthiness and transparency as defined by the Institutes of Medicine.

medication to prevent further progression of puberty (“pubert[y] blockers”).⁵⁰ This fully reversible treatment allows children with gender dysphoria to delay the development of secondary sex characteristics that do not match their gender identity, giving them additional time to decide whether hormone treatment to feminize or masculinize the body is appropriate.⁵¹ Hormones have been clinically proven as an effective treatment for gender dysphoria with a low rate of complications.⁵² As treatment progresses, surgical intervention may also be appropriate and medically necessary.⁵³ Because surgical procedures are largely

⁵⁰ Hembree et al., *supra* note 49 at 3880-83.

⁵¹ *Id.* at 3880; Am. Psych. Ass’n *Guidelines*, *supra* note 2, at 842; WPATH *Standards of Care*, *supra* note 20, at 18-20.

⁵² See Jack L. Turban et al., *Pubertal Suppression for Transgender Youth and Risk of Suicidal Ideation*, 145 *Pediatrics* 1-2, 8 (2020) (finding a significant inverse association between treatment with pubertal suppression during adolescence and lifetime suicidal ideation among transgender adults who sought out this treatment); Henk Asscheman et al., *A Long-Term Follow-Up Study of Mortality in Transsexuals Receiving Treatment with Cross-Sex Hormones*, 164 *Eur. J. Endocrinology* 635 (2011), <https://ej.e.bioscientifica.com/view/journals/eje/164/4/635.xml>; Paul J.M. Van Kesteren et al., *Mortality and Morbidity in Transsexual Subjects Treated with Cross-Sex Hormones*, 47 *Clinical Endocrinology* 337 (1997).

⁵³ Decades of clinical evidence show these surgical procedures are effective in reducing gender dysphoria and improving mental health. See, e.g., William Byne et al., *Report of the American Psychiatric Association Task Force on Treatment of Gender Identity Disorder*, 41 *Arch. Sexual Behav.* 759, 778-79 (2012); Annelou L.C. de Vries et al., *Young Adult Psychological Outcome After Puberty Suppression and Gender Reassignment*, 134 *Pediatrics* 696 (2014); see also Mohammad Hassan Murad et al., *Hormonal Therapy and Sex Reassignment: A Systematic Review and Meta-Analysis of Quality of Life and Psychosocial Outcomes*, 72 *Clinical Endocrinology* 214 (2010); Luk Gijs & Anne Brewaeys, *Surgical Treatment of Gender Dysphoria in Adults and Adolescents: Recent Developments, Effectiveness, and Challenges*, 18 *Ann. Rev. Sex Rsch.* 178 (2007); Jan Eldh et

irreversible, however, some are recommended only for individuals who have reached the age of legal majority.⁵⁴

Ultimately—regardless of the particular treatments required for a specific individual and when such treatment begins—the goal is for individuals with gender dysphoria to experience “identity integration,” where “being transgender is no longer the most important signifier of one’s identity,” and the individual can refocus on their relationships, school, job, and other life activities.⁵⁵

II. Excluding Transgender Individuals From Facilities Consistent With Their Gender Identity Endangers Their Health, Safety, And Well-Being.

Transgender students should have “access to the sex-segregated facilities, activities, and programs that are *consistent* with their gender identity” “including, but not limited to, bathrooms, locker rooms, sports teams, and classroom activities.”⁵⁶ (emphasis added). Evidence confirms that policies excluding transgender individuals from facilities consistent with their gender identity (hereinafter, “exclusionary policies”) have detrimental effects on the

al., *Long-Term Follow Up After Sex Reassignment Surgery*, 31 *Scand. J. Plastic & Reconstructive Surgery & Hand Surgery* 39 (1997).

⁵⁴ WPATH *Standards of Care*, *supra* note 20, at 21 (recommending that “[g]enital surgery should not be carried out until (i) patients reach the legal age of majority to give consent for medical procedures in a given country, and (ii) patients have lived continuously for at least 12 months in the gender role that is congruent with their gender identity”).

⁵⁵ Walter Bockting & Eli Coleman, *Developmental Stages of the Transgender Coming-Out Process: Toward an Integrated Identity*, in *Principles of Transgender Medicine and Surgery* 185, 202–03 (Randi Ettner et al. eds., 2013).

⁵⁶ APA/NASP Resolution, *supra* note 42, at 10.

physical and mental health, safety, and well-being of transgender individuals.⁵⁷

And while schools often provide private restrooms for any student who seeks greater privacy for any reason, forcing transgender students to use those separate facilities sends a stigmatizing message that may have a lasting and damaging impact on the health and well-being of that young person—just as it has for A.C., who has suffered anxiety and depression as a result of Defendants’ insistence that he may not use the boys’ bathroom. *See* District Court Order at 2.

In contrast, there is no evidence of any harm to the physical or mental health of other children and adolescents when transgender students use facilities that match their gender identity. *Amici* are not hearing from their members about students experiencing any such harm—even though numerous states and school districts have policies allowing transgender individuals to use restrooms that match their gender identity. Furthermore, in two cases brought by cisgender students challenging school policies allowing transgender students to access the restrooms and locker rooms consistent with their gender identity, the courts rejected the cisgender plaintiffs’ preliminary injunction motions and their claims of harm.⁵⁸ As did the court below here, which explained that

⁵⁷ For example, the AMA, whose mission statement requires it to support public health, supports the right of transgender individuals to access public restrooms according to their gender identities. Am. Med. Ass’n, Policy H-65.964, *Access to Basic Human Services for Transgender Individuals* (2017).

⁵⁸ *Doe v. Boyertown Area Sch. Dist.*, 276 F. Supp. 3d 324, 409-12 (E.D. Pa. 2017), *aff’d*, 897 F.3d 518 (3d Cir. 2018), *cert. denied*, 139 S. Ct. 2636 (2019); *Students*

Defendants produced “[n]o evidence” to justify their “concerns with the privacy of other students,” and “no evidence of problems when . . . [an]other transgender student . . . used restrooms consistent with their gender identity.” District Court Order at 14.

A. Exclusionary Policies Exacerbate Gender Dysphoria And Are Contrary To Widely Accepted, Evidence-Based Treatment Protocols.

For transgender children and adolescents, being treated differently from other boys and girls can cause tremendous pain and harm.⁵⁹ Indeed, exclusionary policies that force transgender people to disregard or deny their gender identity every time they must use a restroom disrupt medically appropriate treatment protocols. While those protocols provide transgender individuals should live all aspects of their lives in the gender with which they identify, *see supra* pp. 12-19, exclusionary policies require transgender individuals to live one facet of their lives in contradiction to their gender identity. As a result, exclusionary policies threaten to exacerbate the risk of “anxiety and depression, low self-esteem, engaging in self-injurious behaviors, suicide, substance use, homelessness, and eating disorders among other adverse outcomes” that many transgender individuals face.⁶⁰ Those risks are already all

and Parents for Privacy v. United States Dep’t of Educ., No. 16-cv-4945, 2016 WL 6134121, at *28-30, *36-39 (N.D. Ill. Oct. 18, 2016), *report and recommendation adopted by* 2017 WL 6629520 (N.D. Ill. Dec. 29, 2017).

⁵⁹ *See, e.g.*, Sam Winter et al., *Transgender People: Health at the Margins of Society*, 388 *Lancet* 390, 394 (2016).

⁶⁰ APA/NASP Resolution, *supra* note 42, at 4.

too serious: in a comprehensive survey of over 27,000 transgender individuals, 40% reported a suicide attempt—a rate nine times that reported by the general population in the United States.⁶¹

B. Exclusionary Policies Expose Transgender Individuals To Harassment And Abuse.

Exclusionary policies expose transgender individuals to harassment and abuse by forcing them to occupy gender-segregated spaces where their presence may be met with hostility, harassment, and abuse. Exclusionary policies force transgender individuals to disclose their transgender status, because only transgender individuals must use facilities that are incongruent with their gender identity and how they live and are recognized in the world. Because some children will have transitioned before they arrive in a particular school, exclusionary policies may be the only way that they are forcibly “outed” to their peers as transgender.

This compelled disclosure of one’s transgender status is harmful for at least two reasons. *First*, control over the circumstances in which a person may choose to disclose being transgender is fundamental to the development of individuality and autonomy.⁶² Exclusionary policies rob transgender individuals of the personal choice regarding whether and when to reveal their transgender

⁶¹ *Report of 2015 U.S. Transgender Survey*, *supra* note 7, at 18, 114.

⁶² Press Release, N.C. Pediatric Soc’y, *American Academy of Pediatrics Opposes Legislation that Discriminates Against Transgender Children* (Apr. 18, 2016), <https://www.ncpeds.org/news/285203/American-Academy-of-Pediatrics-Opposes-Legislation-that-Discriminates-Against-Transgender-Children.htm>.

status. Disclosure of one's status as transgender is often anxiety-inducing and fraught; it is critical to a person's sense of safety, privacy, and dignity to have control over when and how that information is shared.

Second, such compelled disclosure exposes transgender individuals to the risk of harassment or abuse. In a 2013 survey, 68% of transgender respondents reported experiencing at least one instance of verbal harassment, and 9% reported suffering at least one instance of physical assault in "gender-segregated bathrooms."⁶³

These harms affect youth and adults alike. "[M]any gender and sexual orientation diverse children and adolescents experience harassment, bullying, and physical violence in school environments."⁶⁴ Indeed, *amicus* the American Academy of Pediatrics announced its opposition to exclusionary policies by noting that these policies undermine children's ability "to feel safe where they live and where they learn."⁶⁵

⁶³ Jody L. Herman, *Gendered Restrooms and Minority Stress: The Public Regulation of Gender and its Impact on Transgender People's Lives*, 19 J. Pub. Mgmt. & Soc. Pol'y 71, 73-74 (2013) [hereinafter "*Gendered Restrooms and Minority Stress*"].

⁶⁴ APA/NASP Resolution, *supra* note 42, at 5; see Joseph G. Kosciw et al., GLSEN, *The 2015 National School Climate Survey: The Experiences of Lesbian, Gay, Bisexual, Transgender, and Queer Youth In Our Nation's Schools* 12 (2016).

⁶⁵ *American Academy of Pediatrics Opposes Legislation that Discriminates Against Transgender Children*, *supra* note 62.

C. Exclusionary Policies Exacerbate Stigma And Discrimination, Leading To Negative Health Outcomes.

It is well documented that transgender individuals experience widespread prejudice and discrimination, and that this discrimination frequently takes the form of violence, harassment, or other abuse.⁶⁶ For example, in a Virginia survey of transgender individuals, 50% of participants reported that they had experienced discrimination in healthcare, employment, or housing, and many individuals had experienced discrimination in more than one area.⁶⁷

Exclusionary policies perpetuate such stigma and discrimination, both by forcing transgender individuals to disclose their status, and by marking transgender individuals as “others” who are unfit to use the restrooms used by everyone else. Such policies inherently convey the state’s judgment that transgender individuals are different and deserve inferior treatment.

Research increasingly shows that stigma and discrimination can have deleterious health consequences,⁶⁸ including striking effects on the daily

⁶⁶ Jaime M. Grant et al., Nat’l Center for Transgender Equality, *Injustice at Every Turn: A Report of the National Transgender Discrimination Survey 2-8* (2011), <https://www.hivlawandpolicy.org/sites/default/files/Injustice%20at%20Every%20Turn.pdf>.

⁶⁷ Judith Bradford et al., *Experiences of Transgender-Related Discrimination and Implications for Health: Results From the Virginia Transgender Health Initiative Study*, 103 Am. J. Pub. Health 1820, 1825 (2013).

⁶⁸ See generally Am. Psych. Ass’n, *Stress in America: The Impact of Discrimination* (2016), <https://www.apa.org/news/press/releases/stress/2015/impact-of-discrimination.pdf>.

functioning, and emotional and physical health of transgender persons.⁶⁹ A 2012 study of transgender adults found a rate of hypertension of twice that found in the general population, which was attributed to the known effects of emotions on cardiovascular health.⁷⁰ Another study concluded that “living in states with discriminatory policies . . . was associated with a statistically significant increase in the number of psychiatric disorder diagnoses.”⁷¹ And a third study demonstrated that past school victimization may result in greater risk for post-traumatic stress disorder, depression, anxiety, and suicidality.⁷² As the American Psychological Association has concluded, “the notable burden of stigma and discrimination affects minority persons’ health and well-being and generates health disparities.”⁷³ There is thus every reason to anticipate that exclusionary policies will negatively affect the health of transgender individuals.

⁶⁹ See, e.g., *Position Statement on Attempts to Change Sexual Orientation, Gender Identity, or Gender Expression*, *supra* note 35 (“bias against individuals based on actual or perceived sexual orientation, gender identity or gender expression negatively affects mental health”).

⁷⁰ Randi Ettner et al., *Secrecy and the Pathogenesis of Hypertension*, *Int’l J. Family Med.* (2012).

⁷¹ Bradford et al., *supra* note 67, at 1827.

⁷² Russell B. Toomey et al., *Gender-Nonconforming Lesbian, Gay, Bisexual, and Transgender Youth: School Victimization and Young Adult Psychosocial Adjustment*, 46 *Developmental Psych.* 1580, 1581 (2010).

⁷³ APA/NASP Resolution, *supra* note 42, at 3-4; see also Inst. of Med. Comm. on LGBT Health Issues and Rsch. Gaps and Opportunities, *The Health of Lesbian, Gay, Bisexual, and Transgender People: Building a Foundation for Better Understanding* 13 (2011) (noting that “prejudice, discrimination, and violence” underlie the “health disparities” between transgender and cisgender populations).

D. Exclusionary Policies Lead To Avoidance Of Restroom Use, Harming Physical Health.

Exclusionary policies have more immediate health effects as well. Though most of us take it for granted, all individuals require regular access to a restroom. Exclusionary policies that preclude transgender children and adolescents from using school restrooms consistent with their gender identity leave them with a difficult choice: (1) violate the policy and face potential disciplinary consequences; (2) use the restroom inconsistent with their gender identity or “special” single-user restrooms, which undermines their health care needs and risks discrimination or harassment; or (3) attempt not to use the restroom at all.

This difficult choice produces heightened anxiety and distress around restroom use, which may make it difficult for transgender individuals to concentrate or focus at school and potentially cause them to eschew social activities or everyday tasks.⁷⁴ At least one study of transgender college students associated being denied access to restrooms consistent with one’s gender identity to an increase in suicidality.⁷⁵

Studies also show that it is common for transgender students to avoid using restrooms.⁷⁶ But that avoidance can have medical consequences,

⁷⁴ See *Gendered Restrooms and Minority Stress*, *supra* note 63, at 74-76.

⁷⁵ Kristie L. Seelman, *Transgender Adults’ Access to College Bathrooms and Housing and the Relationship to Suicidality*, 63 *J. Homosexuality* 1378, 1388-89 (2016), <https://www.tandfonline.com/doi/full/10.1080/00918369.2016.1157998>.

⁷⁶ *Am. Psych. Ass’n Guidelines*, *supra* note 2, at 840.

including recurrent urinary tract infections and constipation, as well as the possibility of more serious health complications, including hematuria (blood in the urine), chronic kidney disease or insufficiency, urolithiasis (stones in the kidney, bladder, or urethra), infertility, and cancer.⁷⁷

Some transgender students experiencing fear and anxiety about restroom usage may attempt to dehydrate themselves so that they will need to urinate less frequently.⁷⁸ Chronic dehydration has been linked to a variety of conditions, including urinary tract infections, kidney stones, blood clots, kidney disease, heart disease, and colon and bladder cancers.⁷⁹

These negative outcomes are not alleviated by forcing students into separate single-user restrooms. Being required to use separate facilities may force disclosure of one's transgender status and cause anxiety and fear related to being singled out and separated from peers. Additionally, single-user facilities are generally less available and more inconvenient, causing people to further avoid restroom use or disrupt their schedules to go to the restroom. Separate

⁷⁷ See, e.g., *Gendered Restrooms and Minority Stress*, *supra* note 63, at 75 (surveying transgender and gender non-conforming people in Washington D.C., and finding that 54% of respondents reported a “physical problem from trying to avoid using public bathrooms” including dehydration, urinary tract infections, kidney infection, and other kidney-related problems); *Report of 2015 U.S. Transgender Survey*, *supra* note 7, at 246; Anas I. Ghousheh et al., *Advanced Transitional Cell Carcinoma of the Bladder in a 16-Year-Old Girl with Hinman Syndrome*, 80 *Urology* 1141 (2012).

⁷⁸ *Gendered Restrooms and Minority Stress*, *supra* note 63, at 75.

⁷⁹ Lawrence E. Armstrong, *Challenges of Linking Chronic Dehydration and Fluid Consumption to Health Outcomes*, 70 *Nutrition Rev.* S121, S122 (2012).

restrooms thus do not alleviate the anxiety, fear, or negative health consequences that result from exclusionary bathroom policies.

E. Exclusionary Policies Harm Adolescent Social And Emotional Development—With Lifelong Effects.

Finally, exclusionary policies have a particularly negative effect on the social and emotional development of children and adolescents. Discrimination and harassment of children and adolescents in their formative years may have effects that linger long *after* they leave the school environment. Unsurprisingly, unwelcoming school environments produce particularly poor educational outcomes for transgender individuals.⁸⁰ Poorer educational outcomes, alone, may lead to lower lifetime earnings, and an increased likelihood of poorer health outcomes later in life.⁸¹

Moreover, and as already discussed, exclusionary policies may produce and compound the stigma and discrimination that transgender children and adolescents face in the school environment. That stigma and discrimination, in

⁸⁰ See APA/NASP Resolution, *supra* note 42, at 6; Emily A. Greytak et al., GLSEN, *Harsh Realities: The Experiences of Transgender Youth in Our Nation's Schools* 25-28 (2009).

⁸¹ See, e.g., Emily B. Zimmerman et al., U.S. Dep't of Health and Human Servs., *Understanding the Relationship Between Education and Health: A Review of the Evidence and an Examination of Community Perspectives in Population Health: Behavioral and Social Science Insights* 347 (Robert M. Kaplan et al. eds., 2015), <http://www.ahrq.gov/professionals/education/curriculum-tools/population-health/zimmerman.html>.

turn, is associated with an increased risk of post-traumatic stress disorder, depression, anxiety, and suicidality in subsequent years.⁸²

Conversely, evidence demonstrates that a safe and welcoming school environment may promote positive social and emotional development and health outcomes. Numerous studies show that safer school environments lead to reduced rates of depression, suicidality, or other negative health outcomes.⁸³

With appropriate support—including safe and supportive schools—transgender youth can become happy and productive adults who contribute much to our society. By making schools into places of stress and conflict rather than welcoming spaces, exclusionary policies worsen stigma and discrimination against transgender students, causing myriad harms to their health, safety, and overall well-being.

⁸² See Toomey et al., *supra* note 72, at 1580-81; *see also* APA/NASP Resolution, *supra* note 42, at 6.

⁸³ AAP Technical Report, *supra* note 2, at e301, e302, e304-05; *see, e.g.*, Marla E. Eisenberg et al., *Suicidality Among Gay, Lesbian and Bisexual Youth: The Role of Protective Factors*, 39 *J. Adolescent Health* 662 (2006); Stephen T. Russell et al., *Youth Empowerment and High School Gay-Straight Alliances*, 38 *J. Youth Adolescence* 891 (2009).

CONCLUSION

For the foregoing reasons, *amici curiae* respectfully urge this Court to affirm the District Court's decision enjoining Defendant from preventing Plaintiff from using single-sex multi-user facilities in accordance with his gender identity.

Dated: August 2, 2022

Respectfully submitted,

/s/ Clifford W. Berlow

Clifford W. Berlow
Counsel of Record
JENNER & BLOCK LLP
353 North Clark Street
Chicago, IL 60654
(312) 222-9350
cberlow@jenner.com

Illyana A. Green
JENNER & BLOCK LLP
1099 New York Avenue, NW
Suite 900
Washington, DC 20001-4412
(202) 637-6371

Counsel for Amici Curiae

CERTIFICATE OF COMPLIANCE

I hereby certify that this document complies with the word limit of Federal Rule of Appellate Procedure 29(a)(5) and Circuit Rule 29 because, excluding the parts of the document exempted by Federal Rule of Appellate Procedure 32(f), this document contains 6,989 words. This document complies with the typeface requirements of Federal Rule of Appellate Procedure 32(a)(5) and the type-style requirements of Federal Rule of Appellate Procedure 32(a)(6) because this document has been prepared in a proportionally spaced typeface using Microsoft Office Word 365 in 12 point Bookman Old Style font.

Dated: August 2, 2022

/s/ Clifford W. Berlow
Clifford W. Berlow
Counsel for Amici Curiae

CERTIFICATE OF SERVICE

I, Clifford W. Berlow, an attorney, hereby certify that on August 2, 2022, I caused the foregoing **Brief of Amici Curiae Medical, Mental Health, and Other Health Care Organizations In Support Of Plaintiff-Appellee and Affirmance** to be electronically filed with the Clerk of the Court for the United States Court Of Appeals for the Seventh Circuit by using the CM/ECF system. I certify that all participants in this case are registered CM/ECF users and that service will be accomplished by the CM/ECF system.

Pursuant to ECF procedure (h)(2) and circuit rule 31(b), and upon notice of this Court's acceptance of the electronic brief for filing, I certify that I will cause fifteen copies of the above cited brief to be transmitted to the Court via UPS overnight delivery, delivery fee prepaid within five days of that date.

Dated: August 2, 2022

/s/ Clifford W. Berlow
Clifford W. Berlow
Counsel for Amici Curiae