ADVANCING LEADERSHIP DEVELOPMENT for Women in Medicine

AMERICAN MEDICAL WOMEN’S ASSOCIATION
The 1264 Challenge hosted by Momento

Join the AMWA 1264 Challenge! This is your chance to help AMWA raise money by being active, sharing photos, and encouraging each other! It's free for you - we just need your participation! Sign up now and learn more at momentohq.com/amwa.

Why 1264?

AMWA was founded just over 1264 months ago (105 years + 4 months) on November 18, 1915.
Dear Friends and Colleagues,

It is my pleasure to welcome you to AMWA's 2021 Annual Meeting, an opportunity to support and learn from one another, develop leadership skills, and achieve a sense of community. We have a remarkable faculty and phenomenal meeting agenda again this year for you.

During the past year, the country has struggled with the pandemic and persistent systemic racism. AMWA has developed new initiatives in response to needs we have witnessed, including providing PPE and pulse oximeters, beginning antiracism work, and developing efforts to support physician mental health. We continue to develop alliances to support work related to the pandemic, racism and gender disparities, and other areas of importance to our members.

While our initiatives thrive, inequities for women in medicine, particularly for women of color and disabled women, require continued effort. The pandemic continues to expose profound disparities, including vaccine access. We cannot become numb to these realities while we carry out our crucial work.

As members of the medical community, we have a tremendous opportunity and responsibility to lend our voices, provide aid, make sure that those who face injustice are heard, and work to ensure equitable access to opportunities.

It has been my honor and privilege to serve as AMWA's president. I thank each of you for your service, and I look forward to continuing our work together.

With warmest wishes,
Nicole P. Sandhu, MD, PhD, FACP, FAMWA

Nicole P. Sandhu, MD, PhD, FACP, FAMWA, is a board certified internist and Associate Professor of Medicine at Mayo Clinic (Rochester, MN), specializing in breast disease including breast cancer. She previously served as the Program Director for the Women's Health Fellowship and General Internal Medicine Fellowship and her primary academic interest is in cardio-oncology. She has been involved with AMWA for nearly 15 years, serving on multiple committees and serving on the Board of Directors before being elected the AMWA 2020-2021 President. She also serves on the Board of Directors for the Rochester, MN Diversity Council. She is the proud mom of two fantastic daughters who are involved with AMWA's pre-med division.

Dear AMWA Members,

Greetings! I would like to extend a warm welcome to all of the attendees at this, AMWA's second Virtual Annual Meeting! Our Program Committee has assembled a great agenda! Leadership skills for women in medicine will again be focused.

The presentations by women medical school deans will provide tips from notable women who have cracked and broken the glass ceiling in academia. Other presentations will include physician fertility, anti-racism, and allyship in medicine. And in the session, Humans before Heroes, we will discuss physician suicide and the need to advocate for our own health, sanity, and safety.

I will be participating in a pre-conference panel discussion which advocates for research data to be disaggregated by sex and proposes ways to influence journal editors to adopt the SAGER (Sex and Gender Equity in Research) guidelines. All of this, PLUS a painting session headed by our Humanities Section!

My passion is education in sex-specific medicine to improve the health and healthcare of women. AMWA's Sex and Gender Health Collaborative (SGHC) is working to create curricula in that field. This November, AMWA will host a 4th Sex and Gender Health Education Summit to continue and expand this work. Our SGHC student group will advocate for this education in their medical schools. And with over 4000 AMWA student members, they can influence a lot of schools! I am humbled to serve this coming year as your President, and hope you will stay connected, join a committee, and let others know the benefits of membership in this unparalleled organization.

Sincerely,
Janice Werbinski, MD, FACOG, NCMP

Janice Werbinski, MD, FACOG, NCMP, has been instrumental in advocating for exciting changes in the medical world which are targeted to change the way that we deliver healthcare to women. These changes take into consideration the many ways in which women, their health, and their needs differ from men. Dr. Werbinski is board-certified in Ob/Gyn and a NAMS Certified Menopause Provider. She practiced Women’s Health and Gynecology for 40 years in Kalamazoo, Michigan, retiring from clinical practice in 2013. She was Medical Director of Bronson Women’s Center, Borgess Women’s Health, and the YWCA Sexual Assault Center there. She is founding director of the Sex and Gender Health Collaborative, now a committee of AMWA. Dr. Werbinski is Clinical Associate Professor Emerita at Western Michigan University Homer Stryker School of Medicine. She teaches sex and gender specific medicine and has written an eBook and several peer-reviewed articles on that topic.

With warmest wishes,
Nicole P. Sandhu, MD, PhD, FACP, FAMWA

Nicole P. Sandhu, MD, PhD, FACP, FAMWA, is a board certified internist and Associate Professor of Medicine at Mayo Clinic (Rochester, MN), specializing in breast disease including breast cancer. She previously served as the Program Director for the Women's Health Fellowship and General Internal Medicine Fellowship and her primary academic interest is in cardio-oncology. She has been involved with AMWA for nearly 15 years, serving on multiple committees and serving on the Board of Directors before being elected the AMWA 2020-2021 President. She also serves on the Board of Directors for the Rochester, MN Diversity Council. She is the proud mom of two fantastic daughters who are involved with AMWA's pre-med division.
Dear Premedical Student Attendees,

On behalf of AMWA’s Premedical Division, I would like to welcome you all to the 106th AMWA Virtual Conference! It is an honor to be able to share this experience with you all from across the country. First and foremost, we would like to thank all of our frontline heroes during this COVID-19 pandemic and beyond. The AMWA Leadership and Conference Committee has worked tirelessly and creatively to launch the AMWA LEADS meeting to foster professional development, emotional intelligence, and resilience. Thank you for this incredible and humbling opportunity to have served as your President this year in the Residents & Fellows’ Division, and it has been an incredible opportunity to strengthen the community of medical women.

Sincerely,
Chung Sang Tse, MD

Chung Sang (CS) Tse, MD, is a Gastroenterology Fellow at Brown University in Providence, Rhode Island. She has a clinical and research interest in inflammatory bowel diseases, namely Crohn’s disease and ulcerative colitis. She has been a member at AMWA for 10 years, starting as a first-year medical student at Yale University. Dr. Tse served as the AMWA-AMA (American Medical Association) Liaison in 2017-2018 and then the AMWA Conference Co-Chair for the Residents’ Division in 2018-2019 for the Centennial Congress of Medical Women’s International Association (MWIA) in New York City, New York, before becoming the President of the AMWA Residents & Fellows’ Division in 2020-2021. Dr. Tse is a Core Faculty Member at AMWA Ignite and the winner of the AMWA Charlotte Edwards Maguire, MD, Outstanding Resident Mentor Award (2017) and the Susan L. Ivy MD Courage to Lead Award (2019).

Dear AMWA Resident & Fellows,

In times of crisis, friends, acquaintances, and loved ones provide support. Medical women have a special bond and kinship and I truly hope that as a community we remain present, connected, and supportive of one another through the COVID-19 pandemic and beyond.

The AMWA Leadership and Conference Committee has worked tirelessly and creatively to launch the AMWA LEADS meeting to foster professional development, emotional intelligence, and resilience. Thank you for this incredible and humbling opportunity to have served as your President this year in the Residents & Fellows’ Division, and it has been an incredible opportunity to strengthen the community of medical women.

Sincerely,
Chung Sang Tse, MD

Dear AMWA Members,

Serving as the president of AMWA Medical Student Division this past year has been an incredible learning experience and the highlight of my time as a medical student. I am thankful for our student division leadership that consists of dedicated individuals who have worked tirelessly to improve and advance not only our student division, but AMWA as a whole. I am especially grateful to Mollie Marr and Lawren Wooten who have served as president and president-elect with me for the past two years. These two phenomenal women are fierce advocates and deep thinkers; AMWA is lucky to have their leadership, and I am lucky to call them my dear friends. As AMWA moves forward into a new year, I hope that we will all remember to treat ourselves and each other with compassion as we work to create a more equitable and just world for ourselves and future generations.

In solidarity,
Anna Cassell, MPhil

Anna Cassell, MPhil, is fourth year MD/MBA student at the University of Utah who is matching into Med/Peds this year and looks forward to starting residency this summer. She has loved being involved in AMWA throughout medical school and especially values the opportunity to collaborate with exceptional women at all levels of training and career progression. In her free time, Anna enjoys skiing, trail running, reading fiction, and attempting to bake the perfect loaf of challah.

Dear Premedical Student Attendees,

On behalf of AMWA’s Premedical Division, I would like to welcome you all to the 106th AMWA Virtual Conference! It is an honor to be able to share this experience with you all from across the country. First and foremost, we would like to thank all of our frontline heroes during this COVID-19 pandemic and to all who made this event possible, for giving us the opportunity to connect on a virtual platform and to express our gratitude for the incredible women in medicine today, and every day. I hope every single one of you continues to meet many new members online and grow in this community led by amazing women who continuously inspire me through their service. I encourage you all to take advantage of the opportunities available here today. AMWA has given me so much throughout my Premedical career, and it has been an absolute honor to serve as President of AMWA’s Premedical Division this term. I hope you enjoy the program, and I cannot wait to meet you all throughout this weekend!

Sincerely,
Alexandra Alondra Alvarez, BA

Alexandra Alondra Alvarez, BA, (she/her/hers) is a recent graduate from the University of California, Berkeley (Class of 2020) who studied Molecular and Cell Biology with an emphasis in Cell and Developmental Biology and minored in Toxicology. She conducted an independent honors thesis with the Bautista Lab at UC Berkeley examining Sex Based Differences in Chemotherapy Induced Peripheral Neuropathy Associated Pain. She is currently in her gap year and is the national Premedical Division President. Apart from AMWA, Alexandra runs a nonprofit called Generation Flow that aims to raise awareness on the lack of hygienic menstrual products for women in need everywhere. She plans to pursue a medical degree while focusing on raising awareness on women’s health and issues affecting underrepresented populations.
Dear Premed Members,

It has been an absolute honor serving as your National Premedical President-Elect. This year has been a whirlwind to say the very least and navigating the work of AMWA with the Premedical President, Alondra Alvarez, along with the rest of the AMWA Board, has been a difficult yet rewarding challenge. Your stories have been truly inspiring, but I honestly wouldn't expect anything less from a group of such talented, selfless, and smart women.

Brette Harding, MD, MS, is a PGY4 Otolaryngology resident at University of Missouri. She attended the University of Virginia for her undergraduate studies and Eastern Virginia Medical School where she obtained her MS and MD degrees. She has been involved with AMWA since 2019. She served as the Advocacy Chair for the Resident and Fellow Division, and currently is the President-Elect for this division. In 2020, she was the recipient of the Charlotte Edwards Maguire, MD Outstanding Resident Mentor Award. She will be proceeding with a fellowship in Head and Neck Surgical Oncology and Microvascular Reconstruction after she completes her residency program.

AMWA RESIDENT PRESIDENT-ELECT

Dear Resident and Fellow Attendees,

This past year has been one like no other in our lifetime. The COVID-19 pandemic has resulted in a call to service unprecedented for health care workers, with residents and fellows playing a huge part in the pandemic response. Your stories have been truly inspiring, but I honestly wouldn't expect anything less from a group of such talented, selfless, and smart women.

Although things are getting closer to normal than they were a year ago, there is still a long way to go. As your incoming President, I aim to continue being a voice for residents and fellows throughout the next year as we navigate this side of the pandemic. While I am saddened we cannot gather together in person this year, I look forward to meeting you virtually and am looking forward to this new year as your President.

All my best,
Brette Harding, MD, MS

Brette Harding, MD, MS, is a PGY4 Otolaryngology resident at University of Missouri. She attended the University of Virginia for her undergraduate studies and Eastern Virginia Medical School where she obtained her MS and MD degrees. She has been involved with AMWA since 2019. She served as the Advocacy Chair for the Resident and Fellow Division, and currently is the President-Elect for this division. In 2020, she was the recipient of the Charlotte Edwards Maguire, MD Outstanding Resident Mentor Award. She will be proceeding with a fellowship in Head and Neck Surgical Oncology and Microvascular Reconstruction after she completes her residency program.

AMWA STUDENT PRESIDENT-ELECT

Dear Colleagues,

In these difficult times, human connection is a vital resource. So, I am excited to welcome you to this year’s AMWA conference where we will virtually learn, connect and build lasting relationships with fantastic women leaders in medicine over the next few days.

I am privileged to assume the role of President of our AMWA division. I look forward to serving you over the next year. I wish you peace, safety and wellbeing over the coming months as we continue to grapple with the global pandemic, racism and a host of other public health crises in addition to the challenges of medical school. We are stronger together.

Sincerely,
Lauren Wooten, MS

Lawren Wooten, MS (she/her) is an MD student at Georgetown University. She received her BS in Human Biology, Health and Society from Cornell University and her MS in Integrative Medicine from George Washington University SMHS. Lawren is an activist who can be found advocating on Capitol Hill for several causes including human rights, gun control and detention camp closure. Lawren is also a semi-professional cellist. In addition to her role at AMWA, Lawren serves as Clinical Case Co-Chair for the American Academy of Pediatrics. Lawren is a native Washingtonian and hopes to pursue pediatrics in DC.

PREMEDICAL PRESIDENT-ELECT

Dear Premed Members,

It has been an absolute honor serving as your National Premedical President-Elect. This year has been a whirlwind to say the very least and navigating the work of AMWA with the Premedical President, Alondra Alvarez, along with the rest of the AMWA Board, has been a difficult yet rewarding challenge.

I’m so grateful to AMWA for showing me the intersection of science and medicine with pure good-hearted ambition to change the world. I love AMWA’s mission and strong network of empowering physicians and hope to use AMWA as the backbone for my future career as an academic physician.

I’m a strong believer in making the impossible happen and especially under these unprecedented times and circumstances, I’m willing to work hard with everyone to make sure everyone’s dreams and ambitions come alive. It’s been a wonderful journey so far and I can’t wait to see where the next year takes us!

Sincerely,
Anna Vardapetyan

Anna Vardapetyan is a third-year, undergraduate student at UC Berkeley, studying Molecular and Cellular Biology and Data Science. She currently serves as Program Director at her local AMWA branch and before serving as the 2020-2021 President-Elect, she was the 2019-2020 National AMWA Premedical Co-Conference Chair. Apart from AMWA, Anna has worked at a local math enrichment program and continues to volunteer and teach at elementary schools. She conducts research at the Innovative Genomics Institute, the UCSF Interventional Radiology Lab, and is a part of her Armenian school choir. Aside from her academic endeavors, Anna loves to sing, hike, travel, and write poetry.
VIRTUAL MODULES

CME MODULES
(Available March 25, 2021, 4pm - March 25, 2022, 4:48pm)

*MODULE 1 – THE MAGIC OF COACHING * (196 min, 3.25 credit hours)
Discover Your Inner Coach
   Helane Fronek, MD, CPCC, PCC
Building Your Personal Toolkit for Success
   Fayola Edwards-Ojeba, MD
   Chemen Neal, MD, CPCC, FACOG, FAMWA
Decision Making for Resilient Leadership
   Deborah Munhoz, MS, PCC

*MODULE 2 - HOW TO CREATE YOUR OWN BRAND * (100 min, 1.75 credit hours)
Branding for Academic Promotion
   Michelle Benedict, BS
Creating Your Website
   Amanda Xi, MD, MSE
Personal Social Media Branding
   Fatima Fahs, MD

*MODULE 3 - PROFESSIONAL RESOURCES FOR WOMEN PHYSICIANS * (138 min, 2.25 credit hours)
Advocacy Tips for Busy Physicians
   Eileen Barrett, MD, MPH
Medicine and Merit: An approach to overcoming Systemic Bias, Gender Inequity and Discrimination
   Sowmya Kanikkannan, MD, FACP, SFHM
Overcoming Imposter Syndrome
   Jennifer Hunt, MD
Emotional Intelligence 101
   Jennifer Hunt, MD

*MODULE 4 – CONSIDERING MOTHERHOOD: FERTILITY AND INFERTILITY AND THE IMPACT ON WOMEN PHYSICIANS * (110 min, 1.75 credit hours)
Torie Comeaux Plowden, MD, MPH, FACOG
Cindy Duke, MD, PhD
Hina Talib, MD
Jerrine Morris, MD, MPH
ALL TIMES ARE EASTERN STANDARD TIME (EST).
*CME SESSIONS

STUDENT MODULES

Going Beyond Medicine  
Aaishwariya Gulani

What Causes Wellness: An Introductory Module to the Social Determinants of Health  
Nataly Montano, Elise Vance, Courtney Fraser, Niralee Rena, Christine Pham

Sustainable Volunteering Experiences  
Farheen Jamshed, Alesia Lokshina, Valeriia Tiertyshnikova, Sameera Shaik  
Tasfia Rashid

Other Paths in Medicine  
Dana Ljubicic, Julz Greene, Erica Ross, Sandhya Shankar

Gaining Research Experience  
Angela Belous, Haley Bergman, Niralee Rana

Gaining Clinical Experience  
Elise Vance, Janelle Shoebridge

Studying for the MCAT with Kaplan  
Courtney Chau

Choosing a Medical School  
Janelle Shoebridge

Acing the Interview  
Janelle Shoebridge

Writing the Personal Statement  
Kaylee Travis
ALL TIMES ARE EASTERN STANDARD TIME (EST).
*CME SESSIONS

AGENDA

VIRTUAL EXHIBIT HALL Thursday, Mar. 25- Sunday, Mar. 28
VIRTUAL POSTER SESSIONS Thursday, Mar. 25- Sunday, Mar. 28

Thursday, March 25, 2021 PRE-CONFERENCE DAY

Virtual exhibits, posters, and modules available. Engage with virtual exhibitors from 2:00-4:00 PM EST. Speed Networking for physicians, residents/fellows, and corporate members from 8:00-9:00 PM EST.

WORKSHOPS

4:00 PM EST Workshops

*What’s in a Name?  
Julianne Stout, MD, MBA  
Samantha Palma, BS

*Healing by Sharing: Wellness Initiative for Doctors  
Amna Anees, MD, FACP, Dipl.ABOM

*How to Create Your Brand  
Amanda Xi, MD, MSE  
Fatima Fahs, MD  
Michelle Benedict, BS

5:00 PM EST Workshops

*Reporting of Research Results by Sex/Gender: The Sine Qua Non of Clinical Care, Health Profession Education, and Research  
Kimberly Templeton, MD  
Seth Leopold, MD  
Janice Werbinski, MD, FACOG  
Chyren Hunter, PhD

*HPV Prevention & Cervical Cancer Elimination  
Katheryn Schloss, MD, MPH  
Rachel Anderson  
Theresa Rohr-Kirchgraber, MD, FACP, FAMWA

*The AMWA Factor: Dance  
Shilpa Darivemula, MD, MS

6:00 PM EST Workshops

*Physician Infertility Experience Testimonial Panel  
Cindy Duke, MD, PhD  
Hina Talib, MD  
Valerie Libby, MD  
Roohi Jeelani, MD, FACOG  
Arghavan Salles, MD, PhD  
Vineet Arora, MD, MAPP

*Not Enough Time? Curate Your Time to Improve Your Wellbeing and Productivity  
Jillian Bybee, MD
7:00 PM EST Workshops

*Things I Wish I'd Known: Career & Negotiation Advice from Other Women
Carlton Galbreath

*The Future of Health Begins with You: An Overview of the All of Us Research Program
Andrea Ramirez, MD

*Using Your Voice
Christine Todd, MD, FACP, FSM

8:00 PM EST Speed Networking (Physicians & Residents)

Friday, March 26, 2021 CONFERENCE DAY 1

Virtual exhibits, posters, and modules available. Engage with virtual exhibitors from 11:00 AM-12:00 PM EST and 5:00-6:00 PM EST. Speed Networking for pre-medical students from 6:00-7:00 PM EST. All times are EST.

12:00 PM Welcome
Nicole Sandhu, MD, PhD, FACP, FAMWA
Chung Sang Tse, MD
Anna Cassell, MPhil
Alexandra Alondra Alvarez

12:15 PM *Keynote Raise Your Voice: The Time Is Now
Barbara Ross-Lee, DO, FACOFP

12:45 PM *Graduate Medical Education (GME) Symposium
Fertility & Family Building for Trainees: Let’s Get this Conversation Started & Keep it Going
Hina Talib, MD
Cindy Duke, MD, PhD
Torie Comeaux Plowden, MD, MPH, FACOG
GME Updates
Kimberly Templeton, MD, FAOA, FAMWA

1:45 PM *Transformational Leadership in Action: Lessons from Women Deans of US Medical Schools I
Moderator: Farzanna Haffizulla, MD, FACP, FAMWA
Archana Chatterjee, MD, PhD
Deborah German, MD
Valerie Montgomery Rice, MD, FACOG
Elaine Wallace, DO, MS, MS, MS, MS

2:45 PM Break
3:00 PM *Clinical Hot Topics

**Pregnancy & Reproductive Health**
Moderator: Sara LaGrange, MD

**Egg Freezing**: Ilene Hatch, MD

**Contraceptive Coercion**: Jasmine Patel, MD

**Female Sexual Dysfunction**: Ashley Winter, MD

**Safe Working Environment for Pregnant Women**: Kimberly Chernoby MD, JD

**Politics/Economic Burden of Pregnancy**: Sara LaGrange, MD

**Infectious Disease**
Moderator: Eleanor Chu, MD

**STD trends during COVID**: Victoria Chia, MD, MPH

**Gut Flora**: Joseph Carmichael, MD

**Bladder Health/UTI Updates**: Bhumy Dave Heliker, MD

**STD and Joints**: Heather Williams, MD

**Skin Infections**: Ann Marie Lawlor-Hyatt, MD

**Women’s Health**
Moderator, Neeta Agarwal, MD

**Migraines**: Sara Stern-Nezar, MD

**Fibroids/Endometriosis**: Tia Jackson-Bey, MD, MPH

**Contraception**: Elizabeth Gurney MD, MPH

**Menopause**: Cynthia Stuenkel, MD

**Cervical Cancer**: Lia Pierson Bruner, MD

4:00 PM *Transformational Leadership in Action: Lessons from Women Deans of US Medical Schools II*

Moderator: Connie Newman, MD, FAMWA
Pamela Davis, MD, PhD
Deborah Deas, MD, PhD
Marjorie Jenkins, MD, MEdHP, FACP
Amanda Wright, DO

7:00 PM Virtual Paint Night
Karen Poirier-Brode, MD

**Saturday, March 27, 2021 CONFERENCE DAY 2**

Virtual exhibits, posters, and modules available. Engage with virtual exhibitors from 10:30 AM-11:30 AM EST and 5:00-6:00 PM EST. All times are EST.

11:30 AM *Plenary: Sex Differences in COVID-19*
Connie Newman, MD, FACP, FAMWA
*CME SESSIONS*

12:00 PM *Humans Before Heroes: Addressing Physician Mental Health*
   Loice Swisher, MD, FAAEM
   Kim Templeton, MD, FAOA, FAMWA
   Mona Masood, DO
   Jessica Gold, MD, MS
   Corey Feist, JD, MBA
   Eileen Barrett, MD, MPH

1:00 PM *Fireside Chat “Leading During Times of Change”*
   Nancy Spector, MD, FAAP
   Nicole Sandhu, MD, PhD, FACP, FAMWA
   Eliza Lo Chin, MD, MPH, FACP, FAMWA

1:30 PM *The Magic of Coaching*
   Helane Fronek, MD, CPCC, PCC
   Deborah Munhoz, MS, PCC
   Fayola Edwards-Ojeba, MD
   Chemen Neal, MD, CPCC, FACOG, FAMWA

2:00 PM *Keynote: Where Are We Now? The Status of American Indians and Alaska Natives in Medicine*
   Mary Owen, MD

2:45 PM Break

3:00 PM *Journeys of Inspiration: Reflections from the Unique Experiences of Four Women Leaders*
   Moderator: Susan Hingle, MD, MACP, FRCP, FAMWA
   Heather Gantzer, MD, MACP
   Nancy Klimas, MD
   Jessica Mega, MD, MPH
   Susan Love, MD, MBA

4:00 PM *JEDI Masters Unite! An Honest Discussion about Oppression, Equity, and Allyship*
   Moderator: Vidhya Prakash, MD
   Wendi Wills El-Amin, MD
   Reshma Jagsi, MD, DPhil
   Charlene Dewey, MD, MEd, MACP
   Aletha Maybank, MD, MEd
   Linda Chaudron, MD, MS
   Michele Harper, MD

5:00 PM Break

5:30 PM Poster Judging & Presentations
ALL TIMES ARE EASTERN STANDARD TIME (EST).
*CME SESSIONS

6:30 PM Gala
- Cooking Demonstration - Linda Shiue, MD, Chef
- Keynote - Paul Farmer, MD, PhD
- Keynote - Mona Hanna-Attisha, MD, MPH, FAAP
- Awards & Fellowship Ceremony
- AMWA Artist in Residence
- Leadership Transitions
- AMWA President Inaugural Address – Janice Werbinski, MD, FACOG, NCMP
- Networking

Sunday, March 28, 2021 CONFERENCE DAY 3

Virtual exhibits, posters, and modules available. Engage with virtual exhibitors from 10:00 AM-11:00 AM EST. All student sessions will be held concurrently. All times are EST.

PLENARY SESSIONS

11:00 AM *Thriving in a Male-Dominated Field
- Monica Pearl, MD

11:45 AM *Medicine as Business
- Taryn Rose, MD
- Leyda Bowes, MD

12:30 PM Break

1:30 PM Dance in Medicine Spotlight
- Shilpa Darivemula, MD, MS
- Roshni Prakash
- Jasmine Thomas
- Lara Rostomian
- Shraddha Khanna
- Danielle Roth
- Andrea Samson
- Maya Roytman
- Vinaya Gogineni
- Misbah Shabbir

RESIDENT SESSIONS

11:45 AM Welcome
- Nandini Nittur, MD
- Sonia Bhandari, MD

12:00 PM Effects of COVID-19 on Resident Education
- Marwah Abdalla, MD, MPH

1:00 PM Break

ALL TIMES ARE EASTERN STANDARD TIME (EST).
*CME SESSIONS
**CME SESSIONS**

1:30 PM **Fellowship Q&A**
- Kathryn Berlin, DO
- Nuria Garcia-Ruiz, MD
- Kelli Mcentee, MD
- Zehra Farzal, MD
- Sneha Venkatraman, MD
- Carleigh Nesbit, DO
- Melissa Pham, MD
- Shraddha Patel, MD
- Parija Sharedalal, MD
- Keerthi Shah, DO
- Smita Carroll, MD, MBA

3:00 PM **Antiracism in Medicine: An Inter + Intrapersonal Workshop**
- Catherine Cansino, MD, MPH
- Michelle Lall, MD
- Sarah Schaeffer, MD, MPH
- Ashley McMullen, MD

5:00 PM **Match Day Happy Hour**

**MEDICAL STUDENT SESSIONS**

12:30 PM **Welcome**
- Rose Caston
- Sara Grant
- Alyssa Brown

12:45 PM **Supporting for Coping in Healthcare: Why's and How's**
- Kristen M. Schroeder, MD, MS
- Emily L. Mueller, MD

1:30 PM **Diversity/Cultural Competence**
- Bonnie Mason, MD

2:15 PM **Overcoming Test Anxiety with Osmosis**
- Marina H. Kerekes, MD

2:40 PM **Introduction to IGNITE**
- Molly B. Kraus, MD

3:15 PM **Matching in the Era of COVID**
- Sara Grant
- Uju Momah
- Ashleigh Bull

4:15 PM **Being the Captain of your Mentor“Ship”**
- Megan Fix, MD

5:00 PM **Match Day Happy Hour**
PRE-MEDICAL STUDENT SESSIONS

1:15 PM Explorations in Medicine
Martha Hernandez-Ilias, MD
Amanda Marshall-Rodriguez, MD
Shannon Hawkins, MD, PhD

2:00 PM Physician Panel
Tonia Farmer-Pitts, MD
Laura Vater, MD, MPH
Renee Rodriguez Paro, MD
Fatima Fahs, MD, FAAD
Crystal Higginson, MD

3:00 PM Emotional Intelligence in Medicine
Joann Farrell Quinn, PhD, MBA

3:45 PM Break

4:00 PM Medical Student Panel
Sabina Spigner, MS, MPH
Alyssa Brown
Kelly Cheung
Rose Caston
Kamilah Evans

5:00 PM Specialty Presentations
GI/ERCP
Cindy Harris, MD, FASGE
Hepatobiliary Surgery
Trang Nguyen, MD
ER/Toxicology
Kristine Nanagas, MD
Anesthesiology
Bui Tran, MD, MBA, MA

Orthopedic Surgery
Tosca Kinchelow, MD
OB/GYN
Kate Stampler, DO
Ophthalmology
Sara Wester, MD
ENT
Nicole Klein, MD

6:00 PM Two Doctor Families
Heather Williams, MD
Charlotte Orr, MD

7:00 PM Gap Year Panel
Bryn Vance
Arany Uthayakumar
Priyanka Pandey
Rachel Mernoff
AMWA LEADS 2021
March 25-28, 2021

Accreditation Statement
In support of improving patient care, this activity has been planned and implemented by Indiana University School of Medicine and the American Medical Women's Association. Indiana University School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians
Indiana University School of Medicine designates this live activity for a maximum of 15.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Indiana University School of Medicine designates this enduring activity for a maximum of 9.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Summary
Indiana University School of Medicine (IUSM) policy ensures that those who have influenced the content of a CE activity (e.g. planners, faculty, authors, reviewers and others) disclose all relevant financial relationships with commercial entities so that IUSM may identify and resolve any conflicts of interest prior to the activity. All educational programs sponsored by Indiana University School of Medicine must demonstrate balance, independence, objectivity, and scientific rigor.

There are no relevant financial relationships with a commercial interest for anyone who was in control of the content of this activity, except:
Reshma Jagsi, MD has disclosed she is involved in an investigator initiated study from Genentech.
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Commercial Support
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Complete the credit claim form for all virtual live sessions from March 25-28, 2021 after the end of the conference. This survey will be active until Wednesday, April 21. Credit will be awarded within 30 days following the activity. Learners will receive a separate email from IU CME with instructions on how to obtain their updated IU CME transcript.

How to Claim CME Credits for the AMWA LEADS 2021 Virtual Live Sessions on March 25 - 28, 2021

Complete the credit claim form for all virtual live sessions from March 25-28, 2021 after the end of the conference. This survey will be active until Wednesday, April 21.

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For immediate questions and concerns, please contact IU School of Medicine, Division of Continuing Medical Education, 317-274-0104, or cme@iu.edu.

How To Complete the AMWA LEADS 2021 Virtual Online Modules and Claim Credit

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Follow the steps below to watch the videos and claim credit:
1) Sign in or create a new account by clicking "Sign In" in top left corner. *If you previously participated in a CME activity accredited by IU but do not know your password, please enter your email address and click on the 'Forget Your Password' button. Your password will be emailed to you.
2) Click the Tests tile to view the online videos.
3) After you have watched all videos in each module, click the Test tile to attest to completing the activity.
4) Click the MyCME button and click the Evaluations and Certificates tile.
5) Choose the Type of Credit, complete the CME Evaluation, and click Submit.
6) Click the MyCME button and click the Transcript tile to view your IU CME transcript.

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Visit https://www.amwa-doc.org/amwaleads2021/virtual-modules/ to see all available modules.
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KEYNOTE FACULTY

Barbara Ross-Lee, DO
President, American Osteopathic Foundation

Mary Owen, MD
Director, Center of American Indian & Minority Health

Paul Farmer, MD, PhD
Co-Founder & Chief Strategist, Partners in Health

Mona Hanna-Attisha, MD, MPH
Founder, MU & Hurley Children’s Hospital Pediatric Public Health Initiative

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Founding Dean, University of Central Florida College of Medicine

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Valerie Montgomery Rice, MD
President & Dean Morehouse School of Medicine

Elaine M. Wallace, DO, MS(4)
Dean, Dr. Kiran C. Patel College of Osteopathic Medicine

Amanda Wright, DO
Interim Dean, Marian University College of Osteopathic Medicine

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Chair, Board of Regents American College of Physicians

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Founder and Chief Visionary Officer, Dr. Susan Love Foundation for Breast Cancer Research

Jessica Mega, MD, MPH
Chief Medical and Scientific Officer Verily Life Sciences

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Charlene Dewey, MD, MEd, MACP
Assistant Dean, Educator Development Vanderbilt University Medical Center

Wendi Wills El-Amin, MD
Associate Dean of Equity, Diversity, and Inclusion Southern Illinois University Medicine

Reshma Jagsi, MD, DPhil
Director, Center for Bioethics and Social Sciences in Medicine University of Michigan

Linda Chaudron, MD, MS
Director, Paul M. Schyve, MD Center for Bioethics Univ. of Rochester School of Medicine and Dentistry
DIVERSITY, EQUITY, INCLUSION

Aletha Maybank, MD, MPH
Chief Health Equity Officer, Group Vice President
American Medical Association

Michele Harper, MD
Emergency Room Physician in New Jersey
Author of The Beauty in Breaking

Connie Newman, MD
Adjunct Professor of Medicine, New York University
Grossman School of Medicine

HUMANS BEFORE HEROES: PHYSICIAN MENTAL HEALTH

Loice Swisher, MD
Co-chair, AMWA Humans Before Heroes Initiative

Kimberly Templeton, MD
Co-chair, AMWA Humans Before Heroes Initiative

Mona Masood, DO
Founder, Physician Support Line

Jessica Gold, MD, MS
Assistant Professor and Director of Wellness, Engagement, and Outreach, Washington University

Eileen Barrett, MD, MPH
Associate Professor of Medicine
University of New Mexico

Corey Feist, JD, MBA
Co-Founder
Dr. Lorna Breen Heroes' Foundation

FIRESIDE CHAT: LEADERSHIP

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Assistant Professor, UC-San Diego School of Medicine

Chemen Neal, MD, FACOG
Assistant Professor, IU School of Medicine

Fayola Edwards-Ojeha, MD
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Physician Development Coach

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Hina Talib, MD
Associate Professor, The Children's Hospital at Montefiore, Albert Einstein College of Medicine

Cindy Duke, MD, PhD
Founder & Medical Director
Nevada Fertility Institute

Torie Comeaux Plowden, MD, MPH
Chief, Gynecologic Surgery and Obstetrics Department
Womack Army Medical Center

Kimberly Templeton, MD
Professor of Orthopaedic Surgery & Health Policy Management, Residency Program Director, Univ of Kansas School of Medicine

GME SYMPOSIUM: FERTILITY & FAMILY BUILDING

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Rachel Anderson  
Medical Student, University of Massachusetts Medical School

Anna Anees, MD  
Internal Medicine Faculty, St Vincent Hospital

Vineet Arora, MD, MAPP  
Assist Dean for Scholarship and Discovery  
University of Chicago Medicine

Michelle Benedict  
Medical Student,  
University of Michigan-Ann Arbor

Jillian Rye, MD  
Assistant Professor of Pediatrics and Human Development, Michigan State University

Shilpa Darivemula, MD, MS  
Resident Physician, Dartmouth-Hitchcock Health

Fatima Fahs, MD  
Dermatology Chief Resident  
Wayne State University

Carlton Galbreath  
Co-Founder, BonB, MD

Jennifer Hunt, MD  
Chair, Dept of Pathology, Immunology, & Laboratory Medicine, University of Florida

Chyren Hunter, PhD  
Associate Director for Basic and Translational Research, National Institutes of Health

Roohi Jeelani, MD  
Reproductive Endocrinologist, Vios Fertility Institute

Sowmya Kanikkannan, MD  
Assist. Professor of Medicine, Albany Medical College

Seth Leopold, MD  
Prof of Orthopaedics and Sports Medicine, University of Washington School of Medicine

Valerie Libby, MD, MPH  
Reproductive Endocrinologist & Infertility Specialist, Shady Grove Fertility

Jerrine R. Morris, MD, MPH  
Clinical Fellow, Reproductive Endocrinology and Infertility  
University of California, San Francisco

Samantha Palma  
Medical Student, Indiana University School of Medicine

Andrea Ramirez, MD  
Assistant Professor of Medicine, Vanderbilt University Medical Center

Arghaven Salles, MD, PhD  
Stanford University School of Medicine

Katheryn Schloss, MD, MPH  
Pediatric Resident, Children’s Hospital of Pittsburgh

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Assistant Professor of Medicine and Pediatrics, Indiana University School of Medicine-West Lafayette

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Chair, Medical Humanities & Associate Professor, Internal Medicine, Southern Illinois University School of Medicine

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Clinical Associate Professor, Emirina, Western Michigan University Homer Stryker MD School of Medicine

Amanda Xi, MD, MSE  
Critical Care Anesthesiology Fellow  
Massachusetts General Hospital

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CLINICAL HOT TOPICS

Neeta Agarwal, MD, MS
Assistant Professor of Clinical Medicine, Indiana Univ, School of Medicine

Lia Bruner, MD
Associate Professor of Medicine, Augusta Univ & Univ of Georgia Medical Partnership

Joseph Carmichael, MD
Chief, Division of Colon & Rectal Surgery, University of California, Irvine

Kimberly Chernoby, MD, JD, MA
Health Policy Fellow George Washington University

Victoria Chia, MD, MPH
Obstetrician-Gynecologist

Eleanor Chu, MD
Assistant Clinical Professor, Neurology, University of California, Irvine

Elizabeth Gurney, MD, MPH
Assistant Prof, Albert Einstein College of Medicine/Montefiore Medical Center

Bhumy Dave Heliker, MD
Assistant Clinical Professor of Obstetrics & Gynecology, University of California, Irvine

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Medical Director, Fertility Center of Southern CA & Assoc. Clin. Professor, UC Irvine

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Assistant Prof, Icahn School of Medicine at Mount Sinai & REI Specialist, RMA New York

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Attending Surgeon, Steward Medical Group

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Assistant Clinical Professor, University of California Irvine

Sara Stern-Nezer, MD
Assistant HS Professor, University of California, Irvine

Cynthia Stuenkel, MD
Clinical Professor of Medicine at the University of California, San Diego

Heather Williams, MD
Orthopaedic Hand Surgeon, Veteran's Hospital Indianapolis, Indiana

Cynthia Stuenkel, MD
Clinical Professor of Medicine at the University of California, San Diego

Elizabeth Gurney, MD, MPH
Assistant Prof, Albert Einstein College of Medicine/Montefiore Medical Center

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Monica Pearl, MD  
Associate Professor of Radiology and Pediatrics, George Washington University School of Medicine and Health Sciences

Taryn Rose, MD  
CEO, Taryn Rose International

Leyda Bowes, MD  
Founding medical director, Bowes Dermatology by Riverchase

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Associate Professor of OB/GYN, Indiana University School of Medicine

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Faculty, University of South Florida, Morsani College of Medicine, Muma College of Business

Cindy Harris, MD, FASGE  
Gastroenterologist, Moffitt Cancer Center

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Assistant Professor of Surgery, Indiana University School of Medicine

Kristine Nanagas, MD  
Associate Professor of Clinical Emergency Medicine, Indiana University School of Medicine

Bui Tran, MA, MBA, MD  
Board-certified Anesthesiologist

Tosca Kinchelow, MD  
Board-certified Orthopaedic Surgeon

Kate Stampler, DO  
Assistant Program Director, Minimally Invasive Gynecological Robotic Surgery, Albert Einstein Healthcare Network

Sara Wester, MD  
Board-certified Ophthalmologist  
Associate Clinical Professor, University of Miami, Bascom Palmer Eye Institute

Nicole Klein, MD  
Otolaryngology - Head & Neck Surgery, Indiana University Health

Heather Williams, MD  
Orthopedic Hand Surgeon, Veteran's Hospital Indianapolis

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Orthopedic Surgery Specialist, Ascension Healthcare

Tonia Farmer-Pitts, MD  
Board-Certified Otolaryngology/Head and Neck (ENT) Surgeon  
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Laura Vater, MD, MPH  
Hematology/Oncology Fellow, Indiana University School of Medicine

Renee Rodriguez Paro, MD  
Outpatient pediatric cardiologist  
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Fatima Fahs, MD, FAAD  
Board-Certified Dermatologist  
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Crystal Higginson, MD  
Family Medicine and Sports Medicine Physician
Sabina Spigner, MS, MPH  
MD Candidate, University of Pittsburgh School of Medicine

Alyssa Brown  
MD/PhD Candidate, University of Louisville  
School of Medicine & Mayo Clinic School of Biomedical Sciences

Kelly Cheung  
MD Candidate, Virginia Commonwealth University School of Medicine

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MD/PhD Candidate, University of Utah

Kamilah Evans  
MD Candidate, New York Medical College

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MS Candidate, Case Western Reserve University School of Medicine

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MD Candidate, Zucker School of Medicine at Hofstra/Northwell

Priyanka Pandey  
DO Candidate, West Virginia School of Osteopathic Medicine

Rachel Mernoff  
MS/MD Candidate, University of California, Berkeley - University of California, San Francisco Joint Medical Program

Aaishwariya Gulani  
MD Candidate, University of Central Florida

Courtney Chau  
BS Candidate, University of California, Berkeley

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BS Candidate, The Ohio State University

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BS Candidate, Loyola University Chicago

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BS Candidate, West Texas A&M University

Julz Greene  
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Post-Baccalaureate Candidate, Columbia University

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BA Candidate, University of Minnesota, Twin Cities

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Niralee Rana  
BS Candidate, Hofstra University, Long Island, NY

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B.S, University of California, Los Angeles

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BS Candidate, MCPHS University, Boston

Nataly Montano Vargas  
Biology, B.S., Texas Tech University, Lubbock TX

Courtney Fraser  
BS Candidate, Northeastern University

Christine Pham  
MPH Candidate, Yale University
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BS Candidate, Molecular and Cellular Biology  
University of Illinois at Urbana-Champaign

Alexandra Awdow  
BS Candidate, Community College Student at  
West Valley College

Rhea Saha  
BS Candidate, The Ohio State University (OSU)

Kelsey Travis  
BA Candidate, The Ohio State University (OSU)

Nawal Rashid  
BS Candidate, Georgia State University (GSU)

Farheen Jamshed

Alesia Lokshina  
Biomedical Sciences BS Candidate, University of Central Florida

Sameera Shaik  
BS Candidate, Florida State University

Sandhya Shankar

Pooja Kamath  
BS Candidate, The Ohio State University (OSU)

Tasfia Rashid  
BS Candidate, University of California, Berkeley

Valeriia Tiertyshnikova  
Biomedical Sciences BS Candidate, University of Central Florida

Phoebe Nguyen  
Ololade Ogunsuyi  
MS Candidate, Georgetown University

Erica S. Ross  
Post Baccalaureate, Doane University

MEDICAL STUDENT DIVISION  
FACULTY

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Assistant Professor of Clinical Psychiatry,  
Indiana University School of Medicine

Emily Mueller, MD  
Assistant Professor of Pediatrics, Indiana University School of Medicine

Bonnie Mason, MD  
Vice President of Diversity and Inclusion,  
ACGME

Marina H Kerekes  
Content Manager, Osmosis

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Assistant Professor of Anesthesiology, Mayo Clinic

Sara Grant  
MD Candidate, Oakland University William Beaumont School of Medicine

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MD Candidate, UConn School of Medicine

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Megan Fix, MD  
Emergency Physician, University of Utah
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Assistant Professor of Medicine, Columbia University Medical Center

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Neonatal-Perinatal Medicine Fellow, Medical College of Wisconsin

Nuria Garcia-Ruiz, MD
Minimally Invasive Gynecologic Surgery Fellow, UC Davis

Kelli Mcentee, MD
Minimally Invasive Gynecologic Surgery Fellow, Virginia Mason Medical Center

Zehra Farzal, MD
Movement Disorders Fellow, MedStar Georgetown University Hospital

Sneha Venkatraman, MD
Child & Adolescent Psychiatry Fellow, University of Arizona College of Medicine-Tucson

Carleigh Nesbit, DO
Reproduction and Infertility Fellow, Dartmouth Hitchcock Medical Center

Smita Carroll, MD, MBA
Complex Family Planning Fellow, University of Massachusetts Medical School

Melissa Pham, MD
Gynecology Oncology Fellow, MD Anderson Cancer Center

Shraddha Patel, MD
Hematopathology Fellow

Parija Sharedalal, MD
Cardiology Fellow, Westchester Medical Center

Keerthi Shah, DO
Gastrointestinal Fellow, Temple University

Catherine Cansino, MD, MPH
Associate Clinical Professor in OB/GYN, UC Davis

Michelle Lall, MD
Associate Professor of Department of Emergency Medicine, Emory University School of Medicine

Sarah Schaeffer, MD, MPH
Assistant Professor of Internal Medicine, UCSF

Ashley McMullen, MD
Assistant Professor of Medicine, UCSF
American Medical Women’s Association
2021 AWARDS

Presidential Award – Uché Blackstock, MD
Dr. Uché Blackstock is a thought leader and sought-after speaker on bias and racism in health care. She is the Founder and CEO of Advancing Health Equity, which partners with healthcare and related organizations to address racism in healthcare and to eradicate racial health inequities. In 2019, Dr. Blackstock was recognized by Forbes magazine as one of “10 Diversity and Inclusion Trailblazers You Need to Get Familiar With.” In 2020, she was one of thirty-one inaugural leaders awarded an unrestricted grant for her advocacy work from the Black Voices for Black Justice Fund. Dr. Blackstock’s writing has been featured in national news outlets, and she is a regular contributor to Yahoo News and cable and broadcast news to discuss the Coronavirus pandemic and amplify the message around racial health inequities. Dr. Blackstock is a former Associate Professor of Emergency Medicine and the former Faculty Director for Recruitment, Retention and Inclusion in the Office of Diversity Affairs at NYU School of Medicine. Dr. Blackstock received both her undergraduate and medical degrees from Harvard University. She currently lives in Brooklyn, New York with her two small children.

Presidential Award – Justice Ruth Bader Ginsburg (posthumous)
Ruth Bader Ginsburg, Associate Justice, was born in Brooklyn, NY, March 15, 1933. She married Martin D. Ginsburg in 1954, and had a daughter, Jane, and a son, James. She received her B.A. from Cornell University, attended Harvard Law School, and received her LL.B. from Columbia Law School. She served as a law clerk to the Honorable Edmund L. Palmieri, Judge of the U.S. District Court for the Southern District of NY, from 1959–61. From 1961–63, she was a research associate and then associate director of the Columbia Law School Project on International Procedure. She was a Professor of Law at Rutgers University School of Law (1963–72), and Columbia Law School (1972–80), and a fellow at the Center for Advanced Study in the Behavioral Sciences in Stanford, CA (1977–78). In 1971, she co-founded the Women’s Rights Project of the American Civil Liberties Union, and served as the ACLU’s General Counsel (1973–80), and on the National Board of Directors (1974–80). She served on the Board and Executive Committee of the American Bar Foundation (1979–89), on the Board of Editors of the American Bar Association Journal (1972–78), and on the Council of the American Law Institute (1978–93). She was appointed a Judge of the U.S. Court of Appeals for the District of Columbia Circuit in 1980. President Clinton nominated her as an Associate Justice of the Supreme Court, and she took her seat in 1993. Justice Ginsburg passed away on Sept. 18, 2020.

Presidential Award – Barbara Ross-Lee, DO, FACOFP
Dr. Barbara Ross-Lee is President-elect of the American Osteopathic Foundation and a nationally recognized expert on health policy issues and an advisor on primary care, medical education, minority health, women’s health, and rural health care issues on the federal and state levels. She is the Founding Director of the American Osteopathic Association (AOA) Health Policy Fellowship program, Founding Director of the Training in Policy Studies (TIPS) for post-graduate osteopathic trainees, Founding Director of the Institute for National Health Policy and Research, and a member of the Executive Committee of the National Osteopathic Medical Association. Dr. Ross-Lee is the first African American woman to serve as dean of a U.S. medical school (Ohio University Heritage College of Osteopathic Medicine, 1993–2001). She served as a commissioned officer, in the U.S. Naval Reserves Medical Corps, achieving the rank of Captain. She has received six honorary degrees and many national awards. In 2012, Dr. Ross-Lee was appointed by the Institute of Medicine to join its Consensus Committee on the Governance and Financing of Graduate Medical Education (GME). She was the only osteopathic physician on this national committee.

Presidential Award-Dr. Rebecca Lee Crumpler (Feb 8, 1831-March 9, 1895, posthumous)
Dr. Rebecca Lee Crumpler, born Rebecca Davis, was the first Black woman physician in the United States. A nurse before she became a physician, she earned her MD from the New England Female Medical College in 1864 and began her practice in Boston. After the Civil War, she relocated to Richmond, VA and worked with the Freedmen’s Bureau, the only known Black woman physician to have been employed by the Bureau. Dr. Lee Crumpler provided care for formerly enslaved people without any access to medical care. She returned to Boston in the late 1860s, providing care to people regardless of their ability to pay. She published A Book of Medical Discourses in Two Parts providing advice for treating illness in children and reproductive age women. Her book was also a means to fight against the racist notion that African Americans were biologically different. She observed and recorded the impact of what we now refer to as the social determinants of health on health outcomes in Black communities. Dr. Lee Crumpler married twice and is known to have had one child, Lizzie Sinclair Crumpler.

Elizabeth Blackwell Award – Susan Thompson Hingle, MD, MACP, FRCP, FAMWA
Dr. Susan Hingle practices internal medicine and serves as Associate Dean for Human and Organizational Potential at Southern Illinois University School of Medicine. She earned her bachelor’s degree from Miami University and medical degree from Rush University. She completed her residency at Georgetown University, where she served as Chief Resident. She completed the Executive Leadership in Academic Medicine Program. She has received a Golden Apple, the Excellence in Teaching Award, and the Leonard Tow Humanism Award. She was honored with ACP’s McDonald Award for Young Physicians and several ACP Awards for Chapter Innovation. She served as Chair of the ACP Board of Regents and Board of Governors. She was senior author on the ACP policy paper on gender equity in physician compensation and career advancement. She serves on AMWA’s Board of Directors and strongly believes that women in medicine have enormous potential to influence the profession and society for the better.
Bertha Van Hoosen Award – Padmini Murthy, MD, MPH, FAMWA, FRSPH
Dr. Padmini Murthy is professor and global health director at New York medical College School of Health Sciences and Practice. Dr. Murthy serves as the Medical Women’s International Association Secretary - General. She also serves as the Global Health Lead of the American Medical Women’s Association. Dr. Murthy is widely published on multiple platforms and is co-editor of two books. She has been working to promote safe motherhood and other health initiatives focused on women in India, Malawi, and Grenada. She has also partnered with other NGOs during the current COVID crisis to supply PPE to healthcare providers and the general population and other humanitarian aid supplies nationally and internationally. She has been working with other NGOs in providing Personal Protective Equipment across the US especially to the Navajo Nation. She has been the recipient of numerous awards including the Elizabeth Blackwell Award and Sojourner Truth Pin.

Lila Wallis Women’s Health Award – Alyson J. McGregor, MD, MA, FACEP
Dr. Alyson J. McGregor is a physician, researcher, writer and women’s health advocate. She is an Associate Professor of Emergency Medicine at The Warren Alpert Medical School of Brown University and Director for the Division of Sex and Gender in Emergency Medicine. Her research on the roles sex and gender play in emergent conditions has led to over 80 peer reviewed publications and has made her a spokesperson and advocate for women around the world. Dr. McGregor is the lead editor for the textbook *Sex and Gender in Acute Care Medicine* (Cambridge University Press). Her TEDx talk, "Why Medicine Often Has Dangerous Side Effects For Women," currently has over 1.6 million views and she has recently released her new book *Sex Matters: How Male-Centric Medicine Endangers Women’s Health and What We Can Do About It* (Hatchet Book Group Publishing).

Woman in Science Award – Reshma Jagsi, MD, DPhil
Dr. Reshma Jagsi is the Newman Family Professor and Deputy Chair in the Department of Radiation Oncology and Director of the Center for Bioethics and Social Sciences in Medicine at the University of Michigan. Gender equity in academic medicine has been a key area of her scholarly focus and leadership since she was a trainee, and she brings to her research in this area her perspective as a physician and social scientist to promote evidence-based intervention. Author of over 300 articles in peer-reviewed journals, including numerous high-impact publications in the *New England Journal of Medicine*, the *Lancet*, and *JAMA*, her research has been funded by multiple independent grants from the U.S. National Institutes of Health, the Doris Duke Foundation, and numerous other foundations and has had direct impact on policies of funding organizations, credentialing bodies, and academic institution.

Ester Pohl Lovejoy Award – Claudia Morrissey Conlon, MD, MPH, FAMWA
Dr. Claudia Morrissey Conlon began her career as a community organizer in poor communities in Southwestern US and Mexico. These experiences shaped her lifelong commitment to healthcare as a human right and her work to increase the health, wellbeing, and life-options of women. In 1982, she received her MD and went on to complete a residency in internal medicine. As a board-certified Internist she practiced medicine in disadvantaged communities for nearly a decade before earning an MPH and focusing her energies on global health challenges. Dr. Morrissey Conlon’s work with USAID, WHO, NGOs, and universities to reduce maternal and newborn mortality has taken her to all global regions. Recently retired, Dr. Morrissey Conlon is on the editorial board of the *Journal of Women’s Health* and the President’s Advisory Committee of Pathfinder International. She is a Past-President of AMWA and Past-Vice President for North America for MWIA.

Larry Zaroff Man of Good Conscience Award – Stephen Ray Mitchell, MD, MBA MACP, FRCP
While a first-gen, Dreyfus Scholar at UNC, Dr. Mitchell’s mother was instrumental in his career and should have been a physician. That is why he was drawn to promoting women. He completed medicine-pediatrics at the NC Memorial Hospital in Chapel Hill, rheumatology training at Georgetown, and in 1988, accepted a faculty position at Georgetown serving as PD in Internal Medicine 1992-1999, and started a Medicine-Pediatric program in 1997. In those roles, he was supportive of a fledgling Women-in-Medicine committee. Georgetown had a ways to go! After moving to a medical-center wide organization, that organization has not once but twice won the award by AAMC as the leading Women in Medicine’s Group. A highlight of Dr. Mitchell’s career was the “Estelle Ramey Award” for mentoring women. He served as Dean for Medical Education at Georgetown from 2000-2020 and now serves as Professor of Medicine, Pediatrics, and Dean Emeritus.

Camille Mermod Award – Emily Chen, MBA
Emily Chen worked at a Fortune 500 IT company as a sales manager for over 20 years and brought along her business and project management skills to AMWA in 2019. Having the opportunity to contribute to AMWA has been very fulfilling, and Emily works alongside Dr. Eliza Chin and other team members on various projects and initiatives including Media AMWA, Physician Infertility, Physician Reentry, Suicide Awareness, and Dance, Theater and Medicine. It is an honor and a privilege for Emily to be the recipient of the AMWA’s Camille Mermod Award.

Camille Mermod Award – Kayla Li, MSc
Kayla Li graduated from the University of South Florida with a Bachelor of Science degree in Biomedical Sciences and minor in General Public Health in 2018. She was a research assistant at the School of Music, a study abroad ambassador, and a volunteer with her local AMWA chapter. Following graduation, Kayla completed her master of science (MSc) degree in clinical embryology at the University of Oxford where she served as her course representative and postgraduate representative of the Medical Sciences Division. Kayla started working for AMWA in the beginning of 2020 and has been handling large-scale
projects and supporting committees. She is most inspired by the collaboration and passion of the AMWA community. Kayla will be attending medical school in the summer/fall of 2021. In her free time, Kayla enjoys gardening, painting, and spending time with her loved ones.

Anne C. Carter Student Leadership Award – Alexandra Pincus
Alexandra Pincus is an MD/PhD student at Oregon Health & Science University and the Region 9 Director for AMWA. As a student in the Neuroscience Graduate Program she studies neural mechanisms of airway hyperreactivity in asthma under the mentorship of Dr. David Jacoby. She was a founding member of the OHSU branch of AMWA, and has organized community events with faculty to facilitate mentorship for medical students, created peer mentorship programs with undergraduates in Portland, presented research on gender inequality in medical education, and organized the recent AMWA conference *Strength through Stories: Intersectional Identities, Resilience, and Healing*. She was a founder of the Women’s Leadership Development Program, a curriculum for women entering medical school that has been honored with awards at the local and national level. She loves working with programs that affirm, engage, and empower her community of women leaders.

**Exceptional Mentor Award Recipients**

<table>
<thead>
<tr>
<th>Name</th>
<th>Institution/Title</th>
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<tbody>
<tr>
<td>Leisa Bailey, MD</td>
<td>Leisa Bailey, MD&lt;br&gt;Northwest Florida Community Hospital</td>
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<tr>
<td>Monica Broome, MD</td>
<td>Monica Broome, MD&lt;br&gt;Director of Communications&lt;br&gt;University of Miami Miller School of Medicine</td>
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<tr>
<td>Elisa Choi, MD, FACP, FIDSA</td>
<td>Elisa Choi, MD, FACP, FIDSA&lt;br&gt;Governor, Massachusetts ACP Chapter; Chair-Elect Designee, Board of Governors, American College of Physicians (ACP)</td>
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<tr>
<td>Robert Chow, MD, MBA, MACP</td>
<td>Robert Chow, MD, MBA, MACP&lt;br&gt;University of Maryland Midtown Health Center</td>
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<td>Viet Do, MD</td>
<td>Viet Do, MD&lt;br&gt;Mayo Clinic Arizona</td>
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<tr>
<td>Tracey Henry, MD</td>
<td>Tracey Henry, MD&lt;br&gt;Assistant Professor&lt;br&gt;Assistant Health Director of Grady Primary Care&lt;br&gt;Emory University School of Medicine</td>
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<td>Neeta Jain, MD</td>
<td>Neeta Jain, MD&lt;br&gt;Mayo Clinic Arizona</td>
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<td>Kathryn Jobbins, MD</td>
<td>Kathryn Jobbins, MD&lt;br&gt;Assistant Professor of Medicine, Associate Program Director of Internal Medicine Residency&lt;br&gt;UMMS-Baystate</td>
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<tr>
<td>Daniel Kim, MD</td>
<td>Daniel Kim, MD&lt;br&gt;Clinical Professor, Health Sciences&lt;br&gt;Director, UC Riverside Medical School Internal Medicine Program</td>
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<td>Jewel Kling, MD</td>
<td>Jewel Kling, MD&lt;br&gt;Mayo Clinic Arizona</td>
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<td>Mary Lee, MD, MACP</td>
<td>Mary Lee, MD, MACP&lt;br&gt;Professor of Medicine&lt;br&gt;Tufts University School of Medicine</td>
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<td>Alice Lin, MD</td>
<td>Alice Lin, MD&lt;br&gt;Raleigh Eye Center</td>
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<td>John Matulis, MD</td>
<td>John Matulis, MD&lt;br&gt;Mayo Clinic Rochester</td>
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<td>Jennifer Bacani Mckenny, MD</td>
<td>Jennifer Bacani Mckenny, MD&lt;br&gt;University of Kansas Medical Center</td>
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<td>Dana Nguyen, MD</td>
<td>Dana Nguyen, MD&lt;br&gt;Chair, Department of Family Medicine&lt;br&gt;Uniformed Services University, School of Medicine</td>
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<td>Ana Núñez, MD, FACP</td>
<td>Ana Núñez, MD, FACP&lt;br&gt;University of Minnesota</td>
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<td>Avital O’Glasser, MD</td>
<td>Avital O’Glasser, MD&lt;br&gt;Associate Professor; Assistant Program Director (OHSU IM residency); Medical Director of the Pre-Op Clinic&lt;br&gt;Oregon Health Sciences University School of Medicine</td>
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<td>Ranna Parekh, MD</td>
<td>Ranna Parekh, MD&lt;br&gt;American College of Cardiology</td>
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<td>Brittańe Parker, MD</td>
<td>Brittańe Parker, MD&lt;br&gt;Mayo Clinic, Phoenix</td>
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<td>Marianne Parshley, MD</td>
<td>Marianne Parshley, MD&lt;br&gt;Governor, American College of Physicians (ACP) Oregon chapter</td>
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<td>Kenney Poole, MD</td>
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<td>Simha Ravven, MD</td>
<td>Simha Ravven, MD&lt;br&gt;Howard Center</td>
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<td>Krystal Renszel, MD</td>
<td>Krystal Renszel, MD&lt;br&gt;Mayo Clinic Arizona</td>
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<td>Kaori Sakurai, MD, FACP</td>
<td>Kaori Sakurai, MD, FACP&lt;br&gt;Washington University in St. Louis</td>
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<td>Dawn Sears, MD</td>
<td>Dawn Sears, MD&lt;br&gt;Baylor, Scott &amp; White</td>
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<td>Amit Shah, MD</td>
<td>Amit Shah, MD&lt;br&gt;Mayo Clinic Arizona</td>
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<td>Vanessa Dimayuga Smith, MD</td>
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<td>Luanne Thorndyke, MD</td>
<td>Luanne Thorndyke, MD&lt;br&gt;Keck School of Medicine USC</td>
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<tr>
<td>Zoe Tseng, MD, FACP</td>
<td>Zoe Tseng, MD, FACP&lt;br&gt;Brigham and Womens Hospital</td>
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Resident Division Awards

Charlotte Edwards Maguire, MD Outstanding Resident Mentor Award – Devika Gandhi, MD
Devika Gandhi is a third-year internal medicine resident at Indiana University. She is originally from Dayton, Ohio and received her undergraduate degree from the University of Akron and medical degree from Northeast Ohio Medical University in Rootstown, Ohio. After residency, she will be pursuing gastroenterology/hepatology fellowship at Loma Linda University in California.

Susan L. Ivey, MD Courage to Lead Award – Abhita Reddy, MD MBA
Abhita Reddy, MD MBA is completing her role as chief resident in Northwestern McGaw Department of Otolaryngology – Head & Neck Surgery. She came to Northwestern by way of LSU School of Medicine where she was awarded AOA & Gold Humanism. Throughout residency, Abhita has significantly improved the female trainee experience by establishing a resident recruitment committee, starting a women’s oto group within her program, and mentoring female students & residents. She has demonstrated her commitment to leadership in academics by pursuing a certificate in Medical Education and an MBA at Kellogg School of Management.

Elinor T. Christiansen, MD Altruism Award – Bridget Lang Findlay, MD
Dr. Bridget Findlay is a second year Urology resident at the Mayo Clinic in Rochester, MN. She currently serves as a resident member on the AUA North Central Section Women in Urology Committee. Her clinical interests include transitional urology, specifically related to the care of adolescent and adult patients with congenital urologic conditions. She is passionate about medical education and the promotion of women pursuing subspecialties. She earned her undergraduate degree in Biochemistry from the University of Rochester and medical degree from Rutgers Robert Wood Johnson Medical School.

Susan Love Writing Contest – Ovini Rodrigo, MD, MSc
Ovini Rodrigo, MD, MSc has been an avid writer since she was young. During medical school at FAU, she was inducted into the Gold Humanism Honor Society and received an honorable mention in the Hope Babette Tang Humanism in Healthcare essay contest. She is currently a second year pediatric resident at Baylor College of Medicine and Texas Children’s Hospital in their Primary Care Leaders Addressing and Evaluating Disparities (L.E.A.D.) program. She plans to pursue a fellowship in academic general pediatrics with a concentration in medical education.

Vivian E. Shih GME Scholar Award – Shilpa Darivemula, MD, MS
Dr. Shilpa Darivemula is an Obstetrics and Gynecology resident at Dartmouth-Hitchcock Medical Center. She is a graduate of the Leadership in Medicine program at Union College and then Albany Medical School. Dr. Darivemula is passionate about blending classical and cultural arts, medical humanities, and women’s healthcare to create a more culturally humble field of women’s healthcare. She served as the 2016 AMWA Artist-in-Residence, co-led Studio AMWA, and helped co-create the AMWA Dance and Theater Arts Task Force. Dr. Darivemula also co-founded the Aseemkala Initiative, an organization that uses classical Indian dance and other cultural arts to improve health equity for women. This work has been presented at APHA, International Human Rights and Arts Festival, Commission on the Status of Women (CSW) at the UN, and published in *Intima: Journal of Narrative Medicine*, *in-House*, *BMJ* Blogs, and the *AMA Journal of Ethics*.

Medical Student Division Awards

Eliza Lo Chin Unsung Hero Award – Alyssa Brown
Alyssa Brown grew up in Chattanooga, TN. She went to Centre College for a B.S. in Biology and minor in History, where she did research under Dr. Jessica Wooten. She was accepted into University of Louisville School of Medicine. She fell in love with surgery after seeing her mentor perform an anoplasty during the first year of medical school. In July 2018, she finished her third year of medical school and moved to Minnesota to get a PhD, before finishing her MD. She is receiving her MD degree from University of Louisville School of Medicine, and her PhD in Biomedical Engineering and Physiology at Mayo Clinic School of Biomedical Sciences. She is currently working on research projects involving pediatric ulcer disease, diaphragm sarcopenia, and benign breast disease. She was president of her local American Medical Women’s Association (AMWA) chapter at University of Louisville for two years. She became the Chair of AMWA Social Media and Branding in 2018 through present. She has grown the AMWA Instagram from 2k followers to 39k followers. Last year, she helped start the AMWA Infertility Committee, where she is the medical student co-chair. When she is busy, you will probably find her in the pediatric surgery OR, baking sweets and pastries that she saw on “Great British Bake-Off,” or off on an adventure.
Eliza Lo Chin Unsung Hero Award – Irene Kalbian
Irene is currently a fourth-year medical student and aspiring physiatrist at Sidney Kimmel Medical College in Philadelphia, PA. She received her BA from Columbia University in 2013, and prior to matriculating at SKMC she worked as a research coordinator in NYC. While working as a research coordinator Irene was surrounded by positive female role models who helped her carve a path into medicine, and this led her to develop an interest in mentorship. Irene was introduced to AMWA during her first year of medical school when she joined her school’s chapter, and she was excited to take on organizing mentorship initiatives on the local and national levels. As the medical student chair of AMWA’s Mentorship Committee for the past three years, she has served on a team with her co-chairs creating mentorship content to help AMWA members find training and career guidance. Outside of AMWA, Irene’s extracurricular interests include research projects in pain management and periprosthetic joint infection. In her free time she enjoys competitive distance running and long walks with her greyhound Winston.

Eliza Lo Chin Unsung Hero Award – Morgan Levy
Morgan Levy is a first-year medical student in the MD and Master’s in Public Health Program at the University of Miami Miller School of Medicine. She graduated from Lafayette College in 2019 with a Bachelor of Science in Biology, with a minor and honors in Psychology. Prior to medical school, Morgan served as an AmeriCorps member at Zufall Community Health Center. Morgan became involved with AMWA serving as an MWIA Conference Ambassador in 2019, inspired by the unique, powerful community of women in medicine that the organization fosters. Currently, Morgan is the Medical Student Executive Chair of the AMWA Physician Fertility Committee, and the Chief Data Officer of the AMWA Social Media and Branding Committee. Her current extracurriculars include serving as a Reproductive Health Advocate and conducting research at Sylvester Comprehensive Cancer Center. Morgan is passionate about gender equity in medicine, infertility, and gynecologic cancers and plans to pursue a career in Obstetrics and Gynecology. Morgan’s hobbies include kickboxing, cooking, reading, and hanging out with her cat, Kacey. Connect with Morgan on Twitter @morganslevy.

Eliza Lo Chin Unsung Hero Award – Arielle Roberts
Arielle Roberts is a fourth year medical student at the Philadelphia College of Osteopathic Medicine (PCOM), and will be pursuing a career in General Surgery. Arielle’s interest in female representation in medicine began when she joined AMWA as a medical student. She has since dedicated her time to volunteerism, serving her community, and mentoring the next generation of female physicians. She has been an instrumental leader as the National Student Chair of AWMA’s charitable arm, the American Women’s Hospitals Service. She pioneered a social media campaign, raised awareness about global health, and initiated fundraisers that provided healthcare necessities to women and children around the globe. She has also mentored rising medical students in the pre-medical division. She is the President of PCOM’s Gold Humanism Honor Society, a National organization which recognizes medical professionals that are exemplars of humanistic medicine. Arielle is grateful for the incredible women that she has met during her time in AMWA, and hopes to continue to be an inspiration for forthcoming women, as she begins the next chapter of her career.

Linda Brodsky MD Essay Award – Tiffany Marie Ramos
Tiffany Marie Ramos is currently an MS2 at the Icahn School of Medicine. She graduated from Harvard University in 2016, cum laude in Neurobiology Honors. Before medical school, Tiffany worked for the Boston Consulting Group and looks forward to building upon her experience in the healthcare industry in pursuit of a dual MD-MPP degree. Tiffany grew up in Jamaica, Queens by two immigrant parents, her mother from Colombia and father from Puerto Rico, and “by a stroke of luck” attended competitive exam school Hunter College High School. Tiffany considers her greatest accomplishment to be founding the first inclusion-focused student group at HCHS, Advocating Cultural Ties, active to-date and for which she received the prestigious Gloria Fleischer Cohen Award, “presented to students who are morally mature and whose leadership reflects acting with the welfare of others clearly in mind.” When not studying, advocating, or caring for others, Tiffany enjoys hiking with her rescue pitbull Mochi, watching “bingeworthy” TV with friends and family, practicing yoga, and baking vegan goodies that don’t taste vegan.

Shobha S. Krishnan HPV and Cervical Cancer Champion Award – Rachel Anderson
Rachel is a medical student at UMass Medical School (Class of 2022) who is passionate about improving access to care for underserved populations. As a medical student, she became interested in cervical cancer prevention when she learned that many of the patients at her local free medical programs had no access to HPV vaccination or cervical cancer screening. She now works within her own community to study barriers to cervical cancer screening among different populations and within the global community to promote awareness for prevention of HPV-related cancers. Rachel Anderson is the chair of Global Initiative Against HPV and Cervical Cancer (GIAHC) Young Leader’s Program. Her other areas of focus within the medical field include combating human trafficking and healthcare policy reform, and she is an active leader in Physicians Against Trafficking Humans (PATH), AMWA’s Advocacy Committee, and the Massachusetts Medical Society. She plans pursue family medicine so that she can form trusting relationships with her patients, provide care across generations, and address the socioeconomic and environmental factors that influence health within a community.

Medical Education Scholarship – Jackie Benayoun
Jackie is a fourth-year medical student at SUNY Downstate Health Sciences University in Brooklyn, NY. She received a bachelor’s degree in biochemistry at Yeshiva University and worked as a clinical research coordinator in the oncology department at Columbia University Medical Center during her gap year. Jackie is currently working as a research assistant in the Downstate OBGYN Health Equity Department and is very passionate about women’s health. She feels equally strongly about promoting female leadership and
mentorship for her future physician-colleagues and has happily served as AMWA vice president for her school's branch. She plans to integrate her interests in clinical research and health care advocacy in her career and hopes to continue her involvement in AMWA as a resident. In her free time, she enjoys cooking, working out (self-defense and ballet-barre), and spending time with her nieces and nephews!

Medical Education Scholarship – Elizabeth Kim
Elizabeth Kim is a third year medical student at CUNY School of Medicine in New York City. She’s been a member of AMWA since last year and is currently part of the AMWA Student Social Media Team. She is interested in going into anesthesiology with a special interest in academic medicine.

Medical Education Scholarship – Rachel Souza
Rachel Souza is a second year DO student at the Philadelphia College of Osteopathic Medicine. She was born and raised in Rhode Island. Before starting medical school, she completed her undergraduate degree in Neuroscience at Brown University and pursued her Master’s Degree in Behavioral and Social Health Sciences at Brown’s School of Public Health. During this time, she also worked on several clinical trials in the field of addiction medicine and worked as a medical scribe in the Emergency Departments across RI. When taking a study break, she can be found baking cookies or attempting a new workout!

Medical Education Scholarship – Megan Sullivan
Megan Sullivan is in her first year as a DO Student at the Philadelphia College of Osteopathic Medicine. She is involved with the AMWA Chapter on PCOM’s Campus, serving as the National Liaison. Outside of AMWA, she serves as the Class President for the DO Class of 2024, a DO Student Ambassador for PCOM as well as the Secretary for this group, and is an active member of the Association of Women Surgeons national organization. Her favorite hobbies include trying new restaurants in Philadelphia, playing with her puppy, hanging out with friends and family, and playing soccer.

Heller Outstanding Branch Award – Oakland University William Beaumont
AMWA at OUWB strives to advance women in medicine and improve women’s health through developing skills in leadership, advocacy, education, expertise, and mentoring, and through building strategic alliances. As our medical school’s first established on-campus organization in 2011, we have grown substantially throughout the years—becoming one of the most active organizations at OUWB. For the 2019-2020 academic year, AMWA at OUWB aimed to host a variety of events to provide our members and broader community with opportunities to mentor younger generations and to seek advice from strong female role models within the medical field. This year’s notable accomplishments include launching a “Women in STEM” social media campaign that showcases student and faculty members of the OUWB community, workshops to help undergraduate students apply to medical school, participating in the AMWA Opioid Addiction in Women Task Force, Valentine Grams with medical fund-raiser. Funds benefitted HAVEN, a comprehensive shelter for victims of domestic violence and sexual assault.

Pre-medical Student Division Awards

Student of the Year Award – Maya Roytman
Maya is a sophomore undergraduate at Loyola University Chicago studying Neuroscience and Public Health on the pre-health track. She is the co-president of Loyola’s Public Health Club and the co-founder and co-president of the American Medical Women’s Association branch on campus. She joined AMWA as a national member earlier this year and became involved as the Spotlight Chair in the Dance, Theater, and Medicine Committee, the Pre-Med Research Chair on the Physician Infertility Initiative, and was involved in the 2021 Conference Planning Committee. In her free time she enjoys dancing, watching movies, and spending time outdoors!

Premedical Branch Member of the Year Award – Danielle DuPuis
Danielle DuPuis is a third-year undergraduate in the University of Florida Honors Program with a major in Microbiology and Cell Sciences, minor in Spanish, and certificate of Music in Medicine. She is president of the UF uAMWA Premedical Branch, member of the AMWA Music and Medicine Committee, and founder of Music Meets Medicine for Veterans, an initiative which virtually connects Veteran patients with student and physician musicians alike through the power and joy of music. She is incredibly grateful for the support of AMWA and UF uAMWA in her path to becoming a physician.

Eliza Lo Chin Unsung Hero Award – Lori Horhor
Lori Horhor graduated from the University of California, Berkeley in the Spring of 2020, with a Bachelor of Arts in Molecular and Cell Biology and a minor in Music. She has been devoted to AMWA since 2017 and currently serves as the Secretary of the Premedical Division and the Student Chair of the Music and Medicine Committee. She also loves to work with underprivileged children through organizations including the School on Wheels and the Hidden Road Initiative. She hopes to attend medical school and is excited to work toward her dream of becoming a physician.
Premedical Education Scholarship – Neha Balachandran
Neha is a senior at the University of Alabama at Birmingham doing a dual-degree program. She will graduate in May 2021 with a B.S. in Neuroscience with minors in Chemistry and Spanish, and a M.S. in Multidisciplinary Biomedical Sciences with a concentration in Neuroscience. Her future goals are to attend medical school and become a primary care physician working in Public Health to aid underserved populations. In her free time, she loves to paint, draw, and play with her Yorkie, Oliver.

Premedical Education Scholarship – Sahara Rahman
My name is Sahara Rahman and I am a first generation college student from Arizona. I am currently a third year student majoring in Biological Sciences at Arizona State University. I am the Co-President of two organizations at my university: That’s On Period and Once Upon a Time. I am also an undergraduate researcher for the Arizona Twin Project under the Child Emotion Center/Lemery Lab. I plan to apply for medical school my senior year and take a gap year. I’d like to do this to gain more experience and to better prepare myself for medical school.

AMWA Outstanding Branch Award and Active Branch Award – AMWA Pre-Med Chapter at University of Southern California
The AMWA Pre-Med Chapter at USC, established in Spring 2020, focuses on advocacy, education, and mentorship to support women in medicine and improve health care. Our branch provides valuable opportunities, such as a mentorship program with the AMWA Chapter at USC Keck, discussions with guest speakers about life in medical school and as a health care professional, and volunteering through activities like making cards for frontline workers. We also emphasize the importance of speaking up and sharing knowledge about current national and international events. We look forward to growing our branch and continuing to encourage women in health care!

AMWA Active Branch Award – Drexel AMWA
Drexel AMWA firmly believes that all women have the power to pursue their dreams. Our organization works to provide every possible resource available to help our members excel in their field. We are more than a group of individuals. We are a family who want nothing more than to see each other succeed. We are truly grateful for this award, as the recognition gives us the strength to keep moving forward.

Best Branch Event Award and International Outreach Award – UPenn AMWA
UPenn AMWA, founded in 2016 as Penn Future Women in Health, is the official division of the American Medical Women’s Association at the University of Pennsylvania. The club aims to promote and support Penn students’ personal and professional development on their journeys to becoming healthcare professionals. We have created events ranging from our Book Club dedicated to discussing racial disparities in medicine, to community service and international outreach in Khayelitsha South Africa, to offering tutoring opportunities, and hosting physicians and accomplished women from a myriad of backgrounds. Our goal is to give participants access to networking and mentorship opportunities, insight into the resources offered at the University and Hospital, and opportunities to give back to our community.

Humanitarian Branch Award – AMWA at the Louisiana State University at Shreveport
The AMWA at Louisiana State University at Shreveport (LSUS) branch was officially established on March 29th, 2019. Our members have constantly taken the initiative to support women at the local and national levels through our many service projects, including our annual Care Center Collections Drive (where we collected baby products to support new and expecting mothers in our community), and our Perfect Duo Bake Sale (where we spread awareness about Black History Month and raised funds for the Black Girls CODE and Innocence Project). It has been an honor to support women in healthcare through our branch’s initiatives, and we are very excited to continue our services through our sustained efforts!
Physician Posters

P1 Hise AG, Loue S. “Faculty Reaching for Academic Medical Excellence (FRAME): A Report on a Successful Professional Development Program for Women and Underrepresented in Medicine Faculty.”

P2 Jones RR, Freeman MP, Kornstein SG, Cooper K, Daly EJ, Canuso CM, Nicholson S. “Efficacy and Safety of Esketamine Nasal Spray by Sex in Patients with Treatment-Resistant Depression: Findings from Short-term Randomized, Controlled Trials.”

P3 Vyas K, Sheth D. “Allergy and Pulmonary Clinic for Severe Asthmatics.”

P4 Gottfried SE, Houston MC. “Women and Heart Disease: Best Practices in Screening and Diagnosis.”

P5 Han H, Prakash V, Korte R, Hingle S. “Faculty’s Perceptions of Culture Conducive to Career Success in Academic Medicine.”


P7 Hicks K, Eisenhart I, Barrett E. “Examination of sexual misconduct questions on physician licensing applications.”

P8 Bjelic M, Bernstein W, Paic F, Gosev I. “Sex-related healthcare inequities in less invasive left ventricular assist device surgery.”

P9 Sinha N, Fatteh S. “Effect of COVID-19 on the Mental Health of Pre-Health Students at Creighton University.”

Resident Posters

R1 Yadav R, Beaudrie N, Mundell J, Shah N. “Malignant Paraganglioma: a Rare Malignancy with Genetic Therapy Possibilities.”

R2 Kuwahara RK. “Establishing Prescription Drug Affordability as a New Vital Sign: Policy and Practice-Based Opportunities to Routinely Assess Medication Affordability at a Federally Qualified Health Center.”

R3 Maples A, Boucher D, Harris KE. “Contraception Counseling and Patient Choice in the Postpartum Period.”

R4 Heddens E, Stampler K, Datwani H. “An Incidental Finding of a Rare Extra-Ovarian Granulosa Cell Carcinoma.”

R5 Parikh P, Mohamaden M, Vashisth P. “Propylthiouracil-induced cutaneous ANCA-associated cryoglobulinemic vasculitis.”


R7 Abuelroos D, Kolderman N. “Laparoscopic Port-Site Metastasis from Endometrial Carcinoma.”

R8 Citron RL, Thompson NA, Stecker TS, Nath S, Heins C. “Augmenting Primary Care Training with a Fellowship Dedicated to Addressing Health Disparities.”


R10 Peters GW, Kuczma-Haas A, Holliday EB, Puckett L. “Lactation Challenges of Resident Physicians- Results of a National Survey.”

R11 Lewis-de los Angeles CP, Kamath S, Watts DJ, Heiney A, Elliott S, Daniels T, Lewis-de los Angeles WW. “Gender Differences in Attending Physician-Parents’ Work-Life Experiences During the First 6 months of the COVID-19 Pandemic.”

R12 Sharma H, Macri E. “PSA: Prostate Cancer Can Strike Early.”


R14 Sheikh A, Javed N, Dunn A. “Transgender Person and Pre-Exposure Prophylaxis for HIV: A Renal Dilemma.”

Medical Student Posters


M3 Fosko N, Bachmann G. “Addressing Pain: A Need to Consider All Organ Systems.”


M5 Clark HE, Schenk JS, Muldoon JL, Segura SE. “Invasive stratified mucin producing carcinoma (i-SMILE): A newer cervical adenocarcinoma variant with potentially aggressive behavior.”


M7 Talbott JMV, Mishra N, Kling JM. “Current Labor Trafficking Resources for Healthcare Professionals.”

M8 Moturu S, Mittal S, Guan S, Lazo L. “A Rare Case of Cervical Carcinoma Metastasis As A Result of Rising Healthcare Disparities Among African American Women.”

M9 De La Peña NM, Kirollos M, Aimé VL, Noland SS. “Analysis of Program Director Characteristics for U.S. Plastic Surgery Residency Programs.”

M15 d’Arnaud L, Owusu R, Vinze S, Vucescu R. “PAS the Salt: A Case of Autoimmune Polyglandular Syndrome Type II.”
M18 Hardesty J, Billingsley C, Rohr-Kirchgraber T. “Just because you can’t means you should.”
M19 Hacker AR, Gates KL, Foster KA, Ludwig KK. “What the Mammogram Can’t See: A Case of Paget’s Disease of the Breast.”
M21 Sandhu J, Alex B, Komnanapalli S. “Utility of Rituximab as a Treatment Option in Refractory Lupus Nephritis.”
M24 Hoi KK, Kana LA, Sandhu G, Jagsi R, McTaggart S, Miller JE, McKean EL. “Gender Climate During Residency Interviews and Effects on Students’ Ranking of Programs During the National Resident Matching Program”
M26 Herzog E, Netski DM. “Assessment of Medical Student and Faculty Diversity at a New Medical School in Nevada.”
M28 Abdel-Mageed SA, Owens JL, Agarwal N. “Lost to follow up: Reproductive healthcare in the time of COVID-19.”
M29 McIntyre E. “Bias Against LGBTQ+ Patients in National Board Exam Questions.”
M30 Yoost J, Bowers C, Waldron C, Weese H. “Contraception choice and compliance in opiate addicted patients in a maternal buprenorphine maintenance program before and after implementing contraception education.”
M33 Essex A, Sommers K, Colomb E, Watters M. “Menorrhagia: The Importance of Treatment in Women with Disorders of Hemostasis.”
M35 Bammann EK, Willhite SR, d’Arnaud L, Carroll JG, Goswami A. “Case description of left MCA stroke in a female patient with a heterozygous MTHFR C677T mutation: Lessons learned in stroke prevention and the importance of continuity of care for women with multiple risk factors for thrombosis.”
M36 Fraser AL, Gandhi D. “TB or not TB: A case of tuberculous mastitis with possible Poncet’s disease.”
M38 Hoque L, Stanton C, Harris C. “The Reluctant Diagnosis: A Case Study on Endometriosis.”
M39 Virgen C, Kienan H. “Female Medical Students Concerns in Pursuing a Surgical Specialty.”
M44 Jacobs AS, Burns CT, Patel PV, Treat K, Vetrini F, Conboy EE. “Type 1 Insulin-like Growth Factor Receptor Variant of Uncertain Significance Reclassified as Likely Pathogenic.”
M47 Williams A, Husain M, Kupty A. “Gender Effects on the Diagnostic Assessment of Ankylosing Spondylitis.”
M49 Burger Z, Shim J, Banh H, Fung SE, Huynh S, Tanaka E. “Medical Student Burnout at the University of California, San Diego School of Medicine.”
M51 Kain E, Patel M, Crowe S. “Management of alcohol use disorder and its complications in women with preexisting mental health
disorders."

M54 Halabi R, Eyler LT. “The effect of involvement in student-run free clinics on empathy, resilience, and burnout among medical students.”


M57 Dutcher JS, Talbott JM, Kling JM. “Sex Trafficking Education: A Pilot Program into Medical Training.”

M58 Wells L, Brown L, Heitz A, Newton EV. “Adherence Barriers to Breast Cancer Treatment: Fragmentation of Care, Mood Disorders, and Substance Use Disorder.”


M60 Eckrote E, Bigelow K, Brent J, Yeagley T. “Epilepsy in Pediatric Obstetrics.”

M61 Bruns S, Griffin S, Bona A. “Racial Discrepancies Regarding VTE and PE.”

M62 Bammann ER, Mahnke BR, Freeman EA, Smiley KE. “Tailoring medical counseling to the unique needs of single mothers: A case report of severe upper GI bleed with multiple complications likely secondary to NSAID use in a 36-year-old single mother.”

M63 Patwari N, Schultheis P, Yaqub A, Agarwal N. “Comparison of students’ satisfaction, participation and performance In-Person versus Virtual Classes.”


M68 Caruso J, Taiym D, Herrera SR, Rohr-Kirchgraber T. “Progression of Insulin Edema in Poorly Controlled Type 2 Diabetes: Patient understanding is key.”

M69 Gehring V, Feliciano A, Bednarski O, Newton E. “Managing Cancer-Related Psychological Distress with Acceptance and Commitment Therapy.”

M70 Ghaith S, Talbott JM, Halyard MY, Hayes SN, Lim E, Mi L, Reed DA, Sadosty AT, Sandefur BJ, Lindor RA. “Gender Differences in Academic Productivity, Educational Positions, and Leadership Appointments of Physicians.”

M71 Kunz AK, Holliday R. “Female Physician Burnout in Direct Primary Care.”


M73 Smith MC, Warnock BM, Etting MA, Gray BW. “Ovarian serous cystadenoma in adolescents: a single center case series.”


M75 Middleton A, Black M, Cox N, Gettelfinger A. “Caregiving: A Positive Experience from a Female Perspective.”

M76 Witsberger CA, Udayan D, Bozell HD, Reinoso D. “When disordered eating is more than it appears: The importance of physician empathy and communication in addressing food insecurity.”


M78 Frischmann L, Guckien Z, Chaudhary A, Madden C. “Evaluating the Effectiveness of Virtual Classes.”

M79 Gehring V, Feliciano A, Bednarski O, Newton E. “Managing Cancer-Related Psychological Distress with Acceptance and Commitment Therapy.”


M81 Kunz AK, Holliday R. “Female Physician Burnout in Direct Primary Care.”


M83 Inman H, Contreras CF, Thyen A, Sears C. “Forging a Path for Women with Rare Diseases: A Case of Sarcoid-Lymphoma Syndrome.”


M86 Bammann ER, Mahnke BR, Freeman EA, Smiley KE. “Tailoring medical counseling to the unique needs of single mothers: A case report of severe upper GI bleed with multiple complications likely secondary to NSAID use in a 36-year-old single mother.”


M88 Gonzalez AM, Bouwer MF, Davis EM, Watters M. “Atypical Preeclampsia: Postpartum and Prior to 20 Weeks.”


M90 Clodfelter KL, Gaby AD, Jones JK, Hartman JM. “Three uncommon associations with acute compartment syndrome occur simultaneously in one case.”

M92   Petroskey J, Tat K, Vander Missen T, Raza M. “A connection between PTSD and schizophrenia and the need for better treatment for female veterans.”
M93   Khan M, Burger T, Mulcahey C, Taber-Hight E. “Atypical HUS: A Rare Life-Threatening Pregnancy Complication Not to Miss.”
M94   Derian NA, Rostamian L, Vardapetyan A, Shahinyan M, Rohr-Kirchgraber TM. “Armed conflict is a public health crisis that significantly impacts women.”

M100  Burden EM, Rai O, Scales M. “Caregiving: The Female Burden.”
M101  Newsom KD, Carter GA. “Barriers in LGBT Health Education: Assessing Medical Student Willingness to Inquire About Sexual, Gender Minority Status.”
M103  Ammerman B, Cheng J, Ding D, Casey E. “Type of Oral Contraceptive Pills in Patients with Complete ACL Tears: A Retrospective Study.”
M105  Daneshvar H, Generelli S, Hammer R, Saxton B, Korndorffer M. “Narratives in Anatomy: Holding space for students to dissect emotions and reactions to death, dying, and professional identity formation during anatomy lab.”
M106  Kaster JM. “An Uncommon Presentation of Rare Moyamoya Disease.”
M107  Lee YS, Kling J, Wie C. “Hot flash occurrence after stellate ganglion block for Complex Regional Pain Syndrome.”
M109  Saad S, Moriles K, Cole A, Banga A. “Exploring The Relationship of Maternal Age and Race on Number of Prenatal Care Visits.”
M113  Anstett S, Wolfgang T, Arabelovic S. “Improvement of Family Planning Counseling and Documentation in the Tufts Rheumatology Clinic.”
M115  Stagliano E, Bascara C, Rogers B, Conboy R, Appelt D. “Utilizing a Peer Forum to Address Mental Health in the Medical School Setting.”
M116  Sandhu U, Gonzales R, Gebreili D. “Representing Oklahoma and Diversity: A Program to Increase Minority Medical School Applicants.”
M118  Stuebe C, Toussaint LG. “Sex-Based Differences in Glioblastoma Multiforme: Molecular Etiology, Pathogenesis, and Treatment.”
M119  Murphy A, Pelley J. “Developing “EPA thinking” with Expert Skills Program QuAGs.”
M122  Garcia HM, Grismore MN, Teeling JE, Johnson AW. “Management of end stage cancer pain in patient at high risk of nonmedical opioid use.”
M123  Taouloust S, McCallister M, Kesarwani A, Allem A, DeLeon J, Harrison S. “Victim Advocates’ Perspective on Domestic Violence in Florida during the COVID-19 Pandemic”
M125  Sisler E, Sandler R, Hadley E. “My birth control is making me crazy,” exploring the perceived mood effects of hormonal
contraceptives.”


M130 Scutari EM, Egan JL, Cronyn RL, Miloro MJ, Markiewicz MR. “Emotional Intelligence as a Predictor of Surgical Resident Performance During Training.”


M133 Angela M Harbour BS, Elizabeth A. Berdan MD, MS. “Female Retention in Medicine: Investigation of a poorly understood public health crisis.”


Pre-Medical Student Posters


PM3 Gallo G, Fogelman H. “Do I Have Cervical Cancer?: Inequalities in the Prevention and Diagnosis of Cervical Cancer.”


PM5 Thompson BB, Holzer PH, Kliman HJ. “Placental Pathology Reveals Causes of Unexplained Pregnancy Loss.”

PM6 Vance E, Anderson R. “Instagram as a Tool for Increasing Awareness for HPV Vaccination and Cervical Cancer Screening: A Content Analysis of Related Posts.”

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As a Fellow of the American Medical Women’s Association, I affirm my commitment to the highest traditions of the medical profession, to the ethical practice of medicine, to my professional integrity, and my pursuit of knowledge. I will continue to act in the best interests of my patients, seek advice when needed, and respect my colleagues. I will provide assistance to those in need to the best of my ability. I pledge to support the mission and vision of the American Medical Women’s Association, to strive to improve the health of women and all people, to help advance women in medicine, to serve and respect this Association, and to uphold the highest standards of this Association and the medical profession.

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Omega Cecile Logan Silva, MD died on Thursday, April 2, 2020. She was born in Washington, D.C., on December 14, 1936, to Mary Ruth Dickerson and Louis Jasper Logan, and was the oldest of four children. She was educated in the public schools of the District and graduated from Armstrong Technical High School in June, 1954.

At Howard University (HU), she became a chemistry major intent on going to medical school. In the Summer of 1958, she traveled to Zurich, Switzerland to study with Dr. Valdo Prelog who later received the Nobel Prize in Chemistry. Dr. Silva graduated from Howard in June 1958, Cum laude with honors in chemistry.

She began working as a chemist at the National Institutes of Health, Institute of Mental Health. After working at the NIH five years, she was accepted to the College of Medicine at HU and graduated in 1967.

Dr. Silva began her graduate medical education in 1967 with the first group of interns in internal medicine at the Department of Veterans Affairs (VA) Medical Center in D.C. She became a fellow in endocrinology in 1970 and started a research career in the VA’s laboratory as the first African American woman research associate in the department, advancing to also become the first African American clinical investigator doing work on the hormone calcitonin. Dr. Silva and her collaborators were the first to describe the production of calcitonin from small cell carcinoma of the lung in humans in 1974 published in the New England Journal of Medicine. As the Assistant Chief of Endocrinology, she ran the Diabetic Clinic from 1977-1996. She was Professor of Oncology at Howard University College of Medicine as well as a Professor Emeritus of Medicine at George Washington University. She retired from the VA in 1996.

Dr. Silva was a member of dozens of local and national committees and organizations. She served on six separate advisory groups for the NIH and was a consultant to the Food and Drug Administration’s Immunology Section from 1981 to 1989. Dr. Silva also served on the board of directors for the Howard University Medical Alumni Association, the National Association of Veterans Affairs Physicians, the American Medical Women’s Association, the Foundation for the History of Women in Medicine and the National Research Center for Women and Families.

In 1983, she was elected president of the Howard University Medical Alumni, making her the first woman to hold that post. Dr. Silva was elevated to mastership by the American College of Physicians in 2003. She was a diplomat of the American Board of Internal Medicine and the Board of Endocrinology and Metabolism and presented scientific papers internationally and wrote and published extensively, mostly on endocrine topics. As a member of AMWA since 1964, Dr. Silva served in many roles, including President of AMWA from 2000 to 2002.

Dr. Silva was honored by the National Center for Women and Families in 2010 with the Foremother Award which recognizes lifetime achievements. She was known as a long-standing advocate for universal health care and a committed supporter of the advancement of women in medicine.

She was a designer of clothes, hats and furniture and with her husband’s help built a farmhouse, Overlook Farm, in Haymarket Virginia, acting as the general contractor. She loved collecting mushroom, horse and giraffe figurines and loved calla lilies.

She is survived by her husband of 37 years, Harold Bryant Webb, whom she married in 1982, her daughter, Frances Cecile Silva Esq., son-in-law Edward Fitzgerald, her brothers Garland Logan and Kenzel Logan, and a host of relatives and friends.
Vivian K. Harlin, MD died on January 31, 2021, at home surrounded by family. She was born on December 26, 1924, in Seattle, Washington. She married Allan J. Harlin in 1948 and had three children Sandra (Heim), Julie (Baldwin), and Andrew. She was a beautiful, generous, wise, and a truly dignified lady that touched the lives of everyone she met.

Dr. Harlin was a graduate of the University of Washington and received her MD from the University of Oregon. She was an intern and resident at Swedish Hospital (Seattle) and found her calling supporting the health needs of school children and providing guidance to school nurses and teachers as the Medical Director of Seattle Public Schools for 22 years. Dr. Harlin also served as the Director of School Health Services for the Office of Superintendent of Public Instruction for 5 years. She was a distinguished physician and active member of the Washington State Public Health, American Medical Women’s, and American School Health Associations and served on the Board of Directors for Foss Home and Village. Post-retirement, Dr. Harlin was an advocate for immunization, volunteering and working hundreds of hours in support of children’s health.

Dr. Harlin served in many AMWA roles, including the Councilor on Organization and Management, Chairman of the Medical Opportunities and Practice Committee before becoming President of AMWA from 1980 to 1981.

She was a true animal lover, and a lifetime supporter of animal rights causes and organizations. She was an avid Volkswalker, marching in 45 states. Dr. Harlin had a large group of friends and enjoyed traveling the world with them. She was a long-time member of Luther Memorial Church (Seattle) and recently Holy Cross Lutheran Church (Bellevue).

Dr. Harlin was the beloved matriarch of her large family and the glue that kept everyone together. She leaves behind two children, seven grandchildren, five great grandchildren, her dog Buddy, and extended family here and in Germany. She will be greatly missed but never forgotten.

IN MEMORIAM - VIVIAN JULIA ELSIE (KRAUSE) HARLIN, MD

Estherina Shems, MD passed away on November 12, 2020. Dr. Shems had a long and successful career in psychiatry, beginning in 1961 as a child psychiatry affiliate at the Child Study Center in Philadelphia and later working in the Department of Psychiatry at the University of Pennsylvania School of Medicine where she was Clinical Associate Professor, the Philadelphia Psychiatric Center, and the Irving Schwartz Institute for Children and Youth. She was also a consultant to early intervention programs for the Community Council for MH/MR, Inc. (Philadelphia), and an invited lecturer at the Institute of Pediatrics in the Chinese Academy of Medical Science in Beijing, China.

Dr. Shems was active in the Alumni Association of the Medical College of Pennsylvania, serving on the Executive Board and as vice chairman of the Trust Fund. She was an elected fellow of the American Psychiatric Association.

Dr. Shems was a lifetime member of AMWA and served on the board of directors. She was active in the Medical Women’s International Association (MWIA), having served as the Vice President of North America. Additional memberships included the Psychiatric Physicians of Pennsylvania, the Philadelphia Psychiatric Society, the College of Physicians of Philadelphia, and several honor societies.

Dr. Shems was the recipient of numerous awards, including the Lifetime Achievement Award from the Virginia Foundation of Independent Colleges (2002), the Richard H. Thornton Award for Excellence (1995), the T. Gibson Hobbs Outstanding Alumni Award from the University of Lynchburg (1993), an Honorary Doctor of Science from the University of Lynchburg. She was also featured in numerous editions of Who’s Who in America, Who’s Who in Medicine and Healthcare, Who’s Who in Science and Engineering, Who’s Who in the East, Who’s Who in the World, and Who’s Who of American Women.

Dr. Shems was born in Tel Aviv and moved to the United States in 1950. She earned her B.S. (cum laude) at the University of Lynchburg (1954) and a Doctor of Medicine at the Woman’s Medical College of Pennsylvania (1958). She completed her internship at Lankenau Hospital and a fellowship in adult psychiatry at the University of Pennsylvania.

IN MEMORIAM - ESTHERINA SHEMS, MD
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STUDIO AMWA/ARTIST IN RESIDENCE

AMWA Artist in Residence 2020-2021: Karen Poirier-Brode, MD

Karen left the Canadian Prairies, for medical school at McGill University in Montreal. An OBGYN residency was followed by subspecialty fellowship in Psychosomatic OBGYN and Pediatric Adolescent OBGYN, at UC Davis Medical Center in Sacramento, CA. She retired from her last position at Kaiser Permanente where she worked for 20 years as an OBGYN physician, and also as chair of the OBGYN Department at Dameron Hospital and Chief of Pharmacy and Therapeutics for Kaiser Permanente’s Central Valley. Since retirement Karen has pursued many interests including hosting A Creative Approach Podcast and attending art school at Los Rios Community College in Sacramento. Her art is featured at https://artofkarenpoirierbrode.blogspot.com. An interview with Karen about her AIR experience is available in the Studio AMWA section of AMWA’s website. amwa-doc.org/studioamwa

AMWA Artist in Residence 2021-2022: Zainab Mabizari, MD, MS

Zainab Mabizari was born in Houston, Texas to Algerian immigrants. She completed her medical education at Baylor College of Medicine and received a master’s in Narrative Medicine from Columbia University. She is currently completing a social-justice-focused internal medicine residency at Montefiore. Zainab is a poet and storyteller who has a passion for providing platforms to diversify narratives and elevate marginalized voices. She has been serving as a Doximity Op-Med Fellow 2020-2021 and you can find her words and poetry on publications like TEDx and the Intima.
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Vidhya Prakash; Podcast and Outreach: Chyanne Brown

FINANCIAL INNOVATION: Dima Elissa, MBA; Rural Health: Dr.
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1915-18 Bertha Van Hoosen, MD
1918-19 Angenette Parry, MD
1919-20 Etta Gray, MD
1920-21 Martha Tracy, MD
1921-22 Elizabeth Bass, MD
1922-23 Grace Kimball, MD
1923-24 Kate Campbell Hurd-Mead, MD
1924-25 Katherine C. Manion, MD
1925-26 Anna E. Blount, MD
1926-27 Frances E. Rose, MD
1927-28 Elizabeth B. Thelberg, MD
1928-29 Louise Tayler-Jones, MD
1929-30 Ellen C. Potter, MD
1930-31 Olga Statsny, MD
1931-32 L. Rosa H. Gantt, MD
1932-33 Esther Pohl Lovejoy, MD
1933-34 Mary O'Malley, MD
1934-35 Lena K. Sadler, MD
1935-36 S. Josephine Baker, MD
1936-37 Catharine Macfarlane, MD
1937-38 Constance Battle, MD
1938-39 Mary Jane England, MD
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1940-41 Elizabeth Mason-Hohl, MD
1941-42 Emily D. Barringer, MD
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1943-44 Alice S. Woolley, MD
1944-45 Kate Savage Zerfoss, MD
1945-46 Ruth Fleming, MD
1946-47 Lila Wallis, MD
1947-48 Helen Johnston, MD
1948-49 Dorothy Wells Atkinson, MD
1949-50 Elizabeth S. Waugh, MD
1950-51 Amye Chappell, MD
1951-52 Evangeline Stenhouse, MD
1952-53 Judith Ahlem, MD
1953-54 Camille Mermod, MD
1955-56 Esther C. Marting, MD
1956-57 Camille Mermod, MD
1957-58 Elizabeth S. Kahler, MD
1958-59 Katherine W. Wright, MD
1959-60 Jessie L. Brodie, MD
1960-61 Claire F. Ryder, MD
1961-62 Edith P. Brown, MD
1962-63 Ruth Hartgraves, MD
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1964-65 Bernice Sachs, MD
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1972-73 Ruth Fleming, MD
1973-74 Margaret P. Sullivan, MD
1974-75 Carolyn S. Pincock, MD
1975-76 Catherine W. Anthony, MD
1976-77 Claudine M. Gay, MD
1977-78 Charlotte H. Kerr, MD
1978-79 A. Lois Scully, MD
1979-80 Joanne L. Linn, MD
1980-81 Vivian K. Harlin, MD
1981-82 Christine Haycock, MD
1982-83 Annie Barlow Ramsay, MD
1983-84 Lila Kroser, MD
1984-85 Clair Callan, MD, MBA

AMWA Historic Landmarks

Bertha Van Hoosen, M.D. Historic Marker
Location where AMWA was founded
410 South Michigan Avenue, Chicago, IL

Rochester Hills Museum at Van Hoosen Farm
Home of Dr. Bertha Van Hoosen
1005 Van Hoosen Rd, Rochester, MI 48307
http://www.rochesterhills.org

On-line Exhibitions & Resources
www.amwa-doc.org

Faces of AMWA
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Music & Medicine
Dance, Theater, and Medicine
Women Physicians in WWI
Women Physician Suffragists
Elizabeth Blackwell Medal Awardees
AMWA Centennial Book and AMWA Centennial Video - www.amwa-doc.org

AMWA Legacy Quilt

Documentaries:
- At Home and Over There: American Women Physicians in WWI.
I went from 1 interview and 0 acceptances to 7 interviews and 3 acceptances. ~ Amy

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Activist, Author, Global Citizen, Mentor, Mom,
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We are proud of you.
You are an inspiration to many globally.
~Your loving family~
ACP congratulates
Susan T. Hingle, MD, FRCP, MACP
Chair Emeritus, ACP Board of Regents

on receiving the Blackwell Medal for leading advocacy and advancing women in medicine.

ACP is committed to promoting gender equity, and fostering an inclusive environment that promotes growth and development for female physicians.

Best Wishes
Dr. Laurel Waters in your role as president-elect.

From Dr. Jane Petro & the WIM Board.
Mayo Clinic Alix School of Medicine

Mayo Clinic Alix School of Medicine enables you to steer your education towards your interests, allowing you to individualize your medical school experience by exploring a career path that is of interest to you, and of vital importance to the lives of your future patients.

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- Enhance acumen through experiences that are not provided in the medical curriculum.

Each campus offers a different personality as well as unique amenities and experiences.

EXAMPLE OF INCOMING CLASS

<table>
<thead>
<tr>
<th>LOCATION</th>
<th>MD</th>
<th>2+2</th>
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<tbody>
<tr>
<td>Arizona</td>
<td>50</td>
<td>0</td>
</tr>
<tr>
<td>Florida</td>
<td>0</td>
<td>12*</td>
</tr>
<tr>
<td>Minnesota</td>
<td>46</td>
<td>0</td>
</tr>
</tbody>
</table>

*These students will complete years 1-2 on either the Arizona or Minnesota campus, and then years 3-4 on the Florida campus.

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EMILY CHEN, MBA
CAMILLE MERMOD AWARD

KAYLA LI, MSC
CAMILLE MERMOD AWARD

LORI HORHOR, BA
UNSUNG HERO AWARD

LAUREL WATERS, MD
AMWA PRESIDENT-ELECT

Laurel Waters, MD

Best wishes, Mom & Grandma, on your President-elect year in AMWA.

Orion, Ann, Aaliyah, Aurora, & Abel

Congratulations, Laurel Waters, MD --my loving wife-- on the beginning of your tenure as President-elect of AMWA.

This--the culmination of more than 30 years as an active AMWA member.

Jeanne Robertson
CONGRATULATIONS TO DR. JAN WERBINSKI
INCOMING 2021 AMWA PRESIDENT!

Thank you for your continued dedication, leadership, and commitment to championing women in medicine and for your efforts on integrating sex and gender differences into medical education.

We applaud you!

WESTERN MICHIGAN UNIVERSITY
Homer Stryker M.D.
SCHOOL OF MEDICINE
Congratulations, Mom on becoming AMWA President-Elect!

Love,
Forest and Khrizel Wolfe
AMWA Past Presidents wish Dr. Janice Werbinski much success as she begins her presidency

“To acknowledge our ancestors means we are aware that we did not make ourselves, that the line stretches all the way back…” —Alice Walker