

Resident Quarterly Newsletter

AMWA Annual Meeting 2021 Advancing Leadership Development For Women in Medicine March 25 – 28, 2021 Virtual Meeting

REGISTER TODAY

President's Corner

By: Dr. CS Tse

Accepting Applications for AMWA Resident Conference Co-Chairs 2021-2022

If you have a passion for AMWA, excellent organizational skills, and creative ideas for the AMWA 2021 Annual Meeting, then we encourage you to apply as Conference Co-Chair and be part of the 2021-22 AMWA National Resident Leadership Board. Additional details about the position can be found here: [Residency Division Positions](#). To apply, please send an email to president@amwa-resident.org detailing your interests in this position and your past AMWA involvement. Attachment of your CV is encouraged but not necessary. We will be accepting applications on a rolling basis through the **first week of March 2021**.

Succeeding in Medical & Surgical Research Webinar

Join us in a live virtual research panel discussion with stellar medical and surgical residents who have gone above and beyond in scholarly productivity and accomplishments.

You can ask questions directly about research awards, physician-scientist tracks, and publication tips to residents who serve as journal editors and researchers in a wide variety of research topics.



AMWA Surgical Research Webinar - Wednesday, January 27 at 7:30 p.m. (ET)
AMWA Medical Research Webinar - Thursday, January 28 at 7:30 p.m. (ET)

Exploring Careers in Global Health, Military, Public Health, Research, and Academia

February 17, 2021 at 7:30 p.m. (ET)
Webinar

REGISTER TODAY

Explore the wide range of career options for women physicians!

Join our panel of phenomenal women physicians who have diverse career paths, including research, non-profit, academic medicine, private practice, global health, public health, rural medicine, and military medicine.

We are inviting all attendees to ask questions during the webinar for the panelists to answer live.



SPEAKERS:

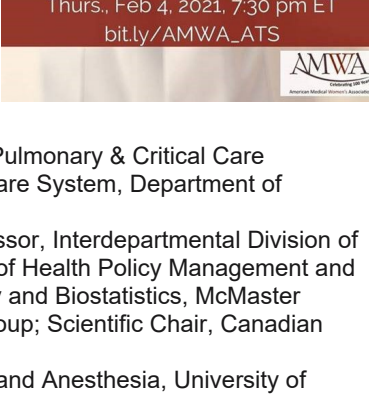
- Dr. Akwi Asombang: Interventional Gastroenterologist, Brown University, Co-founder/President Pan African Organization for Health Education and Research (POHER)
- Dr. Sarah Cutrona: Chief (Interim), Division of Health Informatics and Implementation Science, University of Massachusetts Medical School
- Dr. Anju Goel: internist and public health specialist, San Francisco Bay Area; Caduceus Healthcare Inc., Contractor for Centers for Disease Control and Prevention (CDC)
- Dr. Bernadette Grosjean: Psychiatrist in Beverly Hills, CA; MD Consultant for Asian Pacific Boarding Care; Volunteer for Physician Support Line
- Dr. Monique Hassan: Minimally Invasive and Bariatric Surgeon, Texas A&M University Health Science Center Scott & White Memorial Hospital and Clinic
- Dr. Rebecca LeLeiko: Cardiologist, Emory University
- Dr. Nina Nandy: Gastroenterologist in Albuquerque, New Mexico, affiliated with Presbyterian Hospital and Group and University of New Mexico Hospitals
- Dr. Monica Ormeno: Child & Adolescent Psychiatry, Naval Medical Center San Diego
- Dr. Patricia Panakos: Assistant Program Director, Emergency Medicine Residency, Jackson Memorial Hospital
- Dr. Cynthia Purviance: Emergency Medicine, San Diego, CA
- Dr. Vanessa al Rashida (Private Practice), Internal Medicine, Physician Optum New Mexico

AMWA-ATS: A Career in Critical Care: Hear from Nationally Recognized Leaders

February 4, 2021 at 7:20 p.m. (ET)
Webinar

REGISTER TODAY

Join our panel of distinguished Critical Care Women Physicians who are active members of the American Thoracic Society, Women in Critical Care discuss why critical care medicine is an exciting career to pursue. The panelists are composed of women in all stages of career and many nationally recognized leaders as clinician-educators and research scientists. We hope to engage with medical trainees of all stages in this mentorship panel to discuss exciting career pathways in critical care, in addition to research, academic, and leadership opportunities.



- Kathleen Akgün MD, MS, BS, Associate Professor Term, Yale Pulmonary & Critical Care Medicine; Director, Medical Intensive Care Unit, VA CT Healthcare System, Department of Medicine
- Karen E.A. Burns, MD, FRCPC, MSc ,BA, BSc, Assistant Professor, Interdepartmental Division of Critical Care Medicine, St. Michael's Hospital; Faculty, Institute of Health Policy Management and Evaluation, University of Toronto; Faculty, Clinical Epidemiology and Biostatistics, McMaster University; Executive Member, Canadian Critical Care Trials Group; Scientific Chair, Canadian Critical Care Society
- Carolyn Calfee, MD, MAS, Professor in Residence of Medicine and Anesthesia, University of California, San Francisco
- Michelle Ng Gong, MD, MS, Professor, Department of Medicine (Critical Care); Professor, Department of Epidemiology & Population Health (Epidemiology); Chief, Department of Medicine Division of Critical Care; Chief, Department of Medicine Division of Pulmonary Medicine; Director, Department of Medicine Critical Care Research, Albert Einstein College of Medicine
- Jenny Han, MD, Assistant Professor, Pulmonary and Critical Care, Emory University
- C. Terri Hough, MD, MSc; Division Head, Pulmonary & Critical Care Medicine, Oregon Health & Science University
- Janice M. Liebler, MD, Professor of Clinical Medicine, Keck School of Medicine of University of Southern California
- Renee D. Stapleton, M.D., Ph.D., Professor of Medicine, Pulmonary Medicine Department of Medicine, The University of Vermont Medical Center

MENTORSHIP TOOLKIT

By: Dr. Elizabeth Jeans

Have questions on how to make the most out of mentorship? Utilize this resident and fellow [mentorship toolkit](#) to initiate or grow your mentor/mentee relationship. Check out the recording of the webinar on [Mentorship Relationships](#).

DIVERSITY & INCLUSION

By: Dr. MerryJean Losso

D&I resident physicians, MerryJean Losso, MD & Dahima Cintron Lopez, MD featured in [AMWA Diversity Dialogues](#), episode "Residency Life," where we discuss the transition to residency life, residency in a pandemic and how diversity and inclusion enlightens our training as young physicians. There will be another podcast featuring residents later this year.

AMWA Section of Diversity and Inclusion will be coordinating the [Annual National Excellence in Diversity and Inclusion Awareness in Medical Research Award](#) for this year's national AMWA meeting.

MerryJean Losso, MD to be featured in AMWA's upcoming [Racism in Medicine Discussion](#), Saturday, January 23 from 5:30-7:30pm EST.

AMWA RESIDENT AWARDS

By: Dr. Madeleine Manka

As this AMWA resident awards season came to a close, we would like to revisit and highlight our 2020 AMWA resident award winners from last year!

- Charlotte Edwards Maguire, MD Outstanding Resident Mentor Award – **Brette Harding, MD**
- Susan L. Ivey, MD Courage to Lead Award – **Anne Kuwabara, MD**
- Susan Love Writing Contest – **Tara Shrout, MD, MSc**
- Elinor T. Christiansen, MD Altruism Award – **Katharina Perlin, MD**

Look out for our next issue for 2021 AMWA Resident Award Winners!

ADVOCACY CORNER

By: Dr. Tara Shrout

Highlight an AMWA Resident on Instagram!

Do YOU or a fellow AMWA resident have an advocacy goal? Starting soon, one resident per week (on Fridays) will be highlighted on AMWA Instagram and we are seeking nominations. As women in medicine, we learn from each other; [please nominate yourself and/or others!](#)

REFER-A- COLLEAGUE CONTEST - WIN AMWA MERCHANDISE!

By: Dr. Monique Mun

Encourage your co-residents and colleagues to join AMWA and be part of an organization that advances women in medicine! If you have recruited the MOST members, you will get an official AMWA T-shirt! (See shop at amwadog.org to preview shirt) You will also get special recognition in the quarterly newsletter.

Membership benefits include: ~member-only discounts ~ mentorship ~ advocacy ~ leadership opportunities ~ awards and scholarship ~ professional development and more!

Rules:

1. Direct new members to amwa-doc.org to fill out the online membership form
2. Make sure they include **YOUR name and email** under "**How were you referred to AMWA?**" (this is important, otherwise we can't track it)
3. Contest ends on **March 1st, 2021**
4. Winner will be contacted via email

Questions? Email: recruitment@amwa-resident.org

LITERARY AMWA | WINTER 2020 – 2021 | ISSUE 4

Read the latest issue here: [Winter 2020 – 2021, Issue Four](#)

2020 Susan Love Residency Writing Competition 1st place winner and 2nd place winner are featured in this issue:

1st place winner: *"Everything I Need to Know to be A Good Doctor, I Learned From My Mother: The Emergence of A Softer Face of Medicine"* by **Ovini Rodrigo, MD**; Pediatrics, Baylor College of Medicine/Texas Children's Hospital

2nd place winner: *"Building Each Other Up: One Woman at a Time"* by **Selena Park, MD**; Obstetrics/Gynecology, Robert Wood Johnson University Hospital

RESIDENT/FELLOW MEMBER SPOTLIGHT



Thea Lananh Swenson, MD, PM&R

Q: Tell us about your work:

A: I am a PGY2 in PM&R at Vanderbilt University with an interest in sports medicine. I went to undergrad at Stanford University where I majored in engineering: product design. Prior to medical school, I worked consulted for various health tech startups. I became very interested in health systems design. During my free time in residency, I mentor health tech start-ups through the

Vanderbilt Owen School of Business, help with research on female athletes, work on narrative medicine projects, and help lead residency recruitment.

Q: What helped you get there?

A: My family, friends, mentors, and a determination to find my passion. I tried a lot of different careers before medical school and even in medical school, and with the support of the people around me, I was able to carve my own, unique career path.

Q: What advice do you have for women in medicine?

A: Surround yourself with a support crew, and be open to opportunities. Some of my most interesting and career defining experiences occurred when I was willing to take a chance on something that seemed interesting to me.

If YOU want to be featured on the next AMWA Resident/Fellow Member Spotlight, or you know someone who should be featured, [please fill out the brief questionnaire](#).

RAFFLE WINNER FOR AMWA END-OF-YEAR SURVEY



Thank you ALL who participated in the end-of-the-year survey!

Those who participated were entered into a raffle to get the chance to win a FREE medical text book.

Congratulations to our winner, **Hazel Mathes, DO** for being the winner!

AMWA X OSMOSIS: WOMEN IN HISTORY MONTH VIDEO SUBMISSIONS

As you might know, March is Women's History Month. This year, we are inviting AMWA members to celebrate together by working with Osmosis to create a video that highlights women in history that have inspired us. They do not have to be medically focused, but of course if they inspired you to pursue science/medicine that is surely something to celebrate.

[Complete the form](#) by Monday, February 8 and you'll be awarded 1 month of FREE Osmosis Prime. You'll receive an email to activate your Osmosis Prime by Wednesday, February 10. The video will appear in early March, but don't worry, AMWA will let all your members know.

We would love to hear from you!

Please send us updates and photos of your branch's activities to: recruitment@amwa-resident.org.

We will include it in the next resident quarterly newsletter. Photos are always welcomed!

Editors of this issue:

Monique Mun, MD