

VIRTUAL MODULES

CME MODULES

(Available March 2020 - February 2021)

MODULE 1 - AMWA LEADS ACADEMY PART 1* (85 min)

The Essentials of Leadership: Your passion matters. How to make it work for you.
Networking 102: Creating Authentic Relationships

Chemen M. Neal, MD, CPCC, FACOG, FAMWA

MODULE 2 - AMWA LEADS ACADEMY PART 2* (54 min)

I've Got a One Track Mind & I'm Not Gonna Change It! Changing Perspective When You're Stuck
When Positive Isn't Enough: The importance of failure & how to do it well

Chemen M. Neal, MD, CPCC, FACOG, FAMWA

MODULE 3 – PRACTICAL TOOLS TO INCREASE YOUR LEADERSHIP POTENTIAL* (129 min)

Between Grit and Grace: How Women Can Be Feminine and Formidable

Sasha Shillcutt, MD, MS, FASE

Risk It to Get the Biscuit: Women, Leadership, and Risk-Taking - Rebekah Apple, MA, DHSc
Mistakes Have Been Made: Growing from Errors - Rebekah Apple, MA, DHSc

Turning Burnout into Joy - Mamta Gautam, MD, MPH, FRCPC, CCPE

Leveraging Coaching Skills for Optimal Results - Mindy Gillis, MEd

MODULE 4 – EFFECTIVE COMMUNICATION FOR HEALTHCARE LEADERSHIP* (112 min)

Leading with Emotional Intelligence - Margaret M. Hopkins, PhD

Difficult Conversations: Transforming Relationships and the Ways We Lead

Elizabeth A. Rider, MSW, MD, FAAP, FACH

Mastering the Art of Conflict - Karen Valencic, ME

Avoiding Death by Meeting: Practical tips for making all your meetings productive

Elise C. Carey, MD, FAAHPM, FACP

MODULE 5 –HARNESSING THE POWER OF SOCIAL MEDIA* (114 min)

Optimizing Your On-line Presence

Amanda Xi, MD, MSE

Social Media Strategies

Cherilyn Cecchini, MD

Instagram 101

Fatima Fahs, MD

LinkedIn 101

Michelle Benedict, BS

Visual Abstracts and Social Media: A Primer - Zainab Farzal, MD, MPH

MODULE 6 - GENDER EQUITY IN HEALTHCARE AND LEADERSHIP* (104 min)

Achieving Leadership Gender Equity in Medicine: Innovation, Collaboration and the Imperative for Systemic Change - Nancy D. Spector, MD

How Leaders Can Harness Diversity and Inclusion to Advance Equity in Medicine

Michael S. Sinha, MD, JD, MPH

The Gender Moonshot: Closing the Gender Gap - Shikha Jain, MD, FACP

Non-CME Modules

*CME is available

Machine Learning for Everyone (46 min)

Michelle Benedict, BS

Wealth Steps Webinars – A Step by Step Plan to Financial Freedom

Medical Student Modules

The Match and How It Works: What to do if you don't match (30 min)

Debra S. Rusk, MD, FAAEM, FACEP, FAAP

So I didn't match, what now? (30 min)

Angela Galli, MD

Chioma Allen, DO

Teamwork Training with TeamSTEPPS® Framework: Leadership, Communication, Situation Monitoring and Mutual Support

Tina Schade Willis, MD

Creating a Culture of Consent: Recognizing and responding to survivors of sexual assault

Intimate Partner Violence: Healthcare screening, education and response

Shelby Nardone

How Med Students Can Stay Productive During COVID-19

Sean Tackett, MD, MPH

Premed Modules

Research Basics Workshop

Lara Rostomian, Alondra Alvarez

Empathy and Communication

Laura Vater MD, MPH

Social Determinants of Health

Kendyl Naugle, Lara Rostomian, Christina Tolette, BS, Courtney Chau

How to Shine as a Medical School Applicant with MedSchoolCoach

Ziggy Yoediono, MD

Maintaining Mental Health Workshop

Kendyl Naugle

Kaplan MCAT Prep Workshop

Courtney Chau

*CME is available

SPEAKER LIST

CORE FACULTY

Rebekah Apple, MA, DHSc

Director, Master of Medical Management
Carnegie Mellon Heinz College of Information
Systems & Public Policy

Michelle Benedict, BS

Former Senior Program Manager, Apple

Elise C. Carey, MD, FAAHPM, FACP

Associate Professor of Medicine, Mayo Clinic
College of Medicine; Education & Faculty
Development Chair Center for Palliative Medicine
Mayo Clinic Enterprise

Cherilyn Cecchini, MD

Pediatrician, Account Supervisor
LifeSci Communications

Fatima Fahs, MD

Board Member
American Medical Women's Association
PGY4, Wayne State University
Department of Dermatology

Zainab Farzal, MD, MPH

AMWA Conference Co-Chair, Resident Division
NIH T-32 Post-Doctoral Research Fellow
Vice Chair, Section for Residents/Fellows, AAO-HNS
Dept. of Otolaryngology - Head and Neck Surgery
University of North Carolina - Chapel Hill

Mamta Gautam, MD MBA, FRCPC, CCPE, CPE

Department of Psychiatry, University of Ottawa
Psychiatrist, Psychosocial Oncology Program
The Ottawa Hospital; CEO, PEAK MD Inc.

Mindy Gillis, MEd

Leadership Assessment and Development Advisor
Mayo Clinic, Human Resources
Jacksonville, Florida

Margaret M. Hopkins, PhD

Professor of Management, College of Business
and Innovation, University of Toledo

Shikha Jain MD, FACP

Assistant Professor of Medicine
Rush University Medical Center
Director of Social Media and Communications Rush
University Cancer Center
Co-Founder, Rush Center for the Advancement of
Women in Healthcare, Co-Founder, Chair Women In
Medicine Summit: An Evolution of Empowerment

Chemen M. Neal MD, CPCC, FACOG, FAMWA

Assistant Professor Obstetrics & Gynecology
Director of Wellness, Department of Obstetrics &
Gynecology, Indiana University School of Medicine

Elizabeth A. Rider, MSW, MD, FAAP, FACH

Director, Boston Children's Hospital Harvard
Medical School Faculty Fellowships in Humanism
and Professionalism and Interprofessional Leadership
Assistant Professor of Pediatrics, Harvard Medical
School; Carlton Horbelt Senior Fellow, National
Academies of Practice

Sasha Shillcutt, MD, MS, FASE

Professor and Vice Chair, Strategy and
Innovation Department of Anesthesiology, University
of Nebraska College of Medicine, Founder and CEO
Brave Enough, Author, *Between Grit and Grace*,
Being Feminine and Formidable

Michael Sinha, MD, JD, MPH

Research Fellow, Harvard Medical School
Adjunct Faculty, Northeastern Univ. School of Law
Teaching Faculty, Harvard Medical School Center
for Bioethics

Sylk M. Sotto, MBA, MPS, EdD

Vice Chair, Faculty Affairs, Development and
Diversity, Department of Medicine, Indiana
University School of Medicine

*CME is available

Nancy D. Spector, MD
Professor of Pediatrics
Executive Director, Executive Leadership in
Academic Medicine, Associate Dean of Faculty
Development
Drexel University College of Medicine

Karen Valencic, ME
President and Founder, Spiral Impact
Author, *Spiral Impact: The Black Belt Edition*
The Power to Get It Done with Grace

Amanda Xi, MD, MSE
Program Co-Director
American Medical Women's Association
Critical Care Anesthesiology Fellow
Massachusetts General Hospital

RESIDENT, MEDICAL STUDENT, AND PREMED MODULES FACULTY

Chioma Allen, DO
Family Medicine Resident
University of Kentucky

Alexandra Alvarez
AMWA Premedical Division President-elect

Courtney Chau
BA Candidate at UC Berkeley

Angela Galli, MD
Research Fellow, Department of OB/Gyn
Indiana University School of Medicine

Shelby Nardone
Prevention Education Specialist, Haven

Kendyl Naugle
BA Candidate at UC Berkeley

Lara Rostomian
AMWA Premedical Division President
American Medical Women's Association

Debra S. Rusk, MD, FAAEM, FACEP, FAAP
Assistant Dean for Career Mentoring, Educational
Affairs, Indiana University School of Medicine

Sean Tackett, MD, MPH
Research Director, Osmosis
International Medical Education Director
Division of General Internal Medicine
Johns Hopkins Bayview Medical Center
Assistant Professor of Medicine
Johns Hopkins School of Medicine

Christina Tolette, BS
Post-Bac Fellow, NIH

Laura Vater MD, MPH
Internal Medicine Resident
Indiana University College of Medicine

Tina Schade Willis, MD
Professor of Clinical Pediatrics
Indiana University School of Medicine

Ziggy Yoediono, MD
Master Advisor, MedSchoolCoach

Anna Zelivianskaia, MD
AMWA Resident Division President
American Medical Women's Association
OB/GYN Chief Resident
MedStar Georgetown University

CHECK OUT THESE BOOKS BY OUR SPEAKERS!

*Between Grit and Grace: The Art of Being Feminine
and Formidable*
by Dr. Sasha K. Shillcutt

*Spiral Impact: The Black Belt Edition
The Power to Get It Done with Grace*
by Karen Valencic

*IRONDOC: Practical Stress Management Tools for
Physicians*
by Dr. Mamta Gautam

*CME is available

The Tarzan Rule: Tips for a Healthy Life in Medicine
by Dr. Mamta Gautam

Unlocking Your Authentic Self: Overcoming Imposter Syndrome, Enhancing Self-confidence, and Banishing Self-doubt
by Dr. Jennifer Hunt

Stellar Medicine: A Journey Through the Universe of Women's Health
by Dr. Saralyn Mark

Academic Promotion for Clinicians: A Practical Guide to Academic Promotion and Tenure in Medical Schools
by Dr. Anne Walling

A Woman's Guide To Healthy Aging: 7 Proven Ways to Keep You Vibrant, Happy & Strong
by Dr. Vivien Brown

The Vagina Bible
by Dr. Jen Gunter