VIRTUAL MODULES

CME MODULES
(Available March 2020 - February 2021)

MODULE 1 - AMWA LEADS ACADEMY PART 1* (85 min)
The Essentials of Leadership: Your passion matters. How to make it work for you.
Networking 102: Creating Authentic Relationships
  Chemen M. Neal, MD, CPCC, FACOG, FAMWA

MODULE 2 - AMWA LEADS ACADEMY PART 2* (54 min)
I’ve Got a One Track Mind & I’m Not Gonna Change It! Changing Perspective When You're Stuck
When Positive Isn’t Enough: The importance of failure & how to do it well
  Chemen M. Neal, MD, CPCC, FACOG, FAMWA

MODULE 3 – PRACTICAL TOOLS TO INCREASE YOUR LEADERSHIP POTENTIAL* (129 min)
Between Grit and Grace: How Women Can Be Feminine and Formidable
  Sasha Shillcutt, MD, MS, FASE
Risk It to Get the Biscuit: Women, Leadership, and Risk-Taking - Rebekah Apple, MA, DHSc
Mistakes Have Been Made: Growing from Errors - Rebekah Apple, MA, DHSc
Turning Burnout into Joy - Mamta Gautam, MD, MPH, FRCP, CCPE
Leveraging Coaching Skills for Optimal Results - Mindy Gillis, MEd

MODULE 4 – EFFECTIVE COMMUNICATION FOR HEALTHCARE LEADERSHIP* (112 min)
Leading with Emotional Intelligence - Margaret M. Hopkins, PhD
Difficult Conversations: Transforming Relationships and the Ways We Lead
  Elizabeth A. Rider, MSW, MD, FAAP, FACH
Mastering the Art of Conflict - Karen Valencic, ME
Avoiding Death by Meeting: Practical tips for making all your meetings productive
  Elise C. Carey, MD, FAACPM, FACPM

MODULE 5 – HARNESSING THE POWER OF SOCIAL MEDIA* (114 min)
Optimizing Your On-line Presence Social Media Strategies
  Amanda Xi, MD, MSE
  Cherilynn Cecchini, MD
Instagram 101 LinkedIn 101
  Fatima Fahs, MD
  Michelle Benedict, BS
Visual Abstracts and Social Media: A Primer - Zainab Farzal, MD, MPH

MODULE 6 - GENDER EQUITY IN HEALTHCARE AND LEADERSHIP* (104 min)
Achieving Leadership Gender Equity in Medicine: Innovation, Collaboration and the Imperative for
Systemic Change - Nancy D. Spector, MD
How Leaders Can Harness Diversity and Inclusion to Advance Equity in Medicine
  Michael S. Sinha, MD, JD, MPH
The Gender Moonshot: Closing the Gender Gap - Shikha Jain, MD, FACP

Non-CME Modules

*CME is available
Machine Learning for Everyone (46 min)
Michelle Benedict, BS

Wealth Steps Webinars – A Step by Step Plan to Financial Freedom

Medical Student Modules

The Match and How It Works: What to do if you don’t match (30 min)
Debra S. Rusk, MD, FAAEM, FACEP, FAAP

So I didn’t match, what now? (30 min)
Angela Galli, MD
Chioma Allen, DO

Teamwork Training with TeamSTEPPS® Framework: Leadership, Communication, Situation Monitoring and Mutual Support
Tina Schade Willis, MD

Creating a Culture of Consent: Recognizing and responding to survivors of sexual assault
Intimate Partner Violence: Healthcare screening, education and response
Shelby Nardone

How Med Students Can Stay Productive During COVID-19
Sean Tackett, MD, MPH

Premed Modules

Research Basics Workshop
Lara Rostomian, Alondra Alvarez

Empathy and Communication
Laura Vater MD, MPH

Social Determinants of Health
Kendyl Naugle, Lara Rostomian, Christina Tolette, BS, Courtney Chau

How to Shine as a Medical School Applicant with MedSchoolCoach
Ziggy Yoediono, MD

Maintaining Mental Health Workshop
Kendyl Naugle

Kaplan MCAT Prep Workshop
Courtney Chau

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SPEAKER LIST

CORE FACULTY

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*CME is available
Nancy D. Spector, MD  
Professor of Pediatrics  
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Drexel University College of Medicine

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President and Founder, Spiral Impact  
Author, Spiral Impact: The Black Belt Edition The Power to Get It Done with Grace

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CHECK OUT THESE BOOKS BY OUR SPEAKERS!

Between Grit and Grace: The Art of Being Feminine and Formidable  
by Dr. Sasha K. Shillcutt

Spiral Impact: The Black Belt Edition The Power to Get It Done with Grace  
by Karen Valencic

IRONDOC: Practical Stress Management Tools for Physicians  
by Dr. Mamta Gautam

*CME is available
The Tarzan Rule: Tips for a Healthy Life in Medicine
by Dr. Mamta Gautam

Unlocking Your Authentic Self: Overcoming Imposter Syndrome, Enhancing Self-confidence, and Banishing Self-doubt
by Dr. Jennifer Hunt

Stellar Medicine: A Journey Through the Universe of Women’s Health
by Dr. Saralyn Mark

Academic Promotion for Clinicians: A Practical Guide to Academic Promotion and Tenure in Medical Schools
by Dr. Anne Walling

A Woman's Guide To Healthy Aging: 7 Proven Ways to Keep You Vibrant, Happy & Strong
by Dr. Vivien Brown

The Vagina Bible
by Dr. Jen Gunter

*CME is available