



American Medical Women's Association

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THE AMERICAN MEDICAL WOMEN'S ASSOCIATION PARTICIPATES IN NATIONAL BREAST CANCER AWARENESS MONTH THIS OCTOBER

This October, **the American Medical Women's Association** is proud to participate in National Breast Cancer Awareness Month. Breast cancer is one of the most common kinds of cancer in women after skin cancer. About 1 in 8 women born today in the United States will get breast cancer at some point (American Cancer Society – footnote)

The good news is that most women can survive breast cancer if it's found and treated early.

- If you are a woman age 40 to 49, talk with your doctor about when to start getting mammograms and how often to get them.
- If you are a woman age 50 to 74, be sure to get a mammogram every 2 years. You may also choose to get them more often, depending on your doctor's recommendation.

Talk to a doctor about your risk for breast cancer, especially if a close family member of yours had breast or ovarian cancer. Your doctor can help you decide when and how often to get mammograms.

"With early detection, women of all ages can survive breast cancer, and the numbers of survivors prove that we are making great strides. We encourage all women from 40-49 to speak with their doctor about the need for screening and those over 50 to have them every 2 years." says Eliza Chin, MD, MPH, American Medical Women's Association Executive Director.

For more information, visit amwa-doc.org.

The American Medical Women's Association (AMWA) works at the local, national, and international level to advance women in medicine, advocate for equity, and ensure excellence in healthcare. As the

oldest multispecialty association of women in medicine, AMWA has been the vision and voice of women in medicine for over a century.

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