



2017 Webinar Series The National Prevention Strategy: Health Across the Life Span

Presented by Region VIII Federal Partners

Tobacco Free Living
Thursday, April 20, 2017
2:00 – 3:30 pm, MT (4:00-5:30 ET)

2:00-2:05 Welcome and Adobe Connect Logistics

Speaker: Cherri Pruitt, U.S. Department of Health and Human Services, Health Resources and Services Administration, Region VIII Maternal and Child Health Consultant

2:05-2:15 What IS the National Prevention Strategy, the Tobacco Free Living priority area, and the US Housing and Urban Development's Smoke Free Housing Initiative

Speaker: Abby Hugill, Regions 7 & 8 Healthy Homes Representative, Office of Lead Hazard Control and Healthy Homes

2:15-2:30 **Helping Residents of Public Housing Navigate Tobacco Cessation** – Learn about how one Colorado county uses an individualized and motivation based 12 week program to support Public Housing Authority residents through their journey to "Smoke Freedom" and a healthier lifestyle. Speaker: GlendaRika Garcia, Adams County Housing Authority

2:30-2:45 **BABY & ME – Tobacco Free** – The core components of this evidenced-based tobacco cessation program that integrates motivational interviewing skills and a unique incentive program to successfully help pregnant women quit tobacco, improve birth outcomes, and increase continued cessation during postpartum will be described. Speaker: Laurie Adams, Certified Cessation Specialist, Creator/Executive Director, BABY & ME – Tobacco Free Program

2:45-3:00 **Going Tobacco Free: Tobacco Free College Campus** – In this presentation, you will hear about how the United Tribes Technical College in North Dakota went tobacco free! Speaker: Jana Millner, Extension Nutrition Educator

3:00-3:15 **Montana's Tobacco Quit Lines** – Learn about the tailored services offered for American Indian tobacco users, as well as pregnant and post-partum women. Successes and challenges will be highlighted, along with strategies for sustainability. Speaker: Annie Rechlin, Tobacco Cessation Specialist, MT Department of Health and Human Services

3:20-3:30 Questions & Answers and Additional Resources

TO REGISTER, PLEASE GO TO:

https://hrsa.connectsolutions.com/nps_webinar_event/event/registration.html

Please contact: RegionVIIIFedPartners@HHS.GOV with any questions, to be added to our direct webinar series distribution list, or to request a written transcript of this event.

Continuing education credits from the Centers for Disease Control and Prevention for this activity are pending.