

The AMWA Military and Veteran Subcommittee is proud to sponsor
CARE PACKAGES FOR SERVICE WOMEN

AMWA will be collecting gifts for military women overseas this Holiday Season. Here are some of the most requested items:

Food/Snacks

Beef Jerky

Coffee

Cookies

Dried Fruit

Energy Bars

Fruit Bars

Granola Bars

Little Debbie Snack Cakes

Nuts (All Kinds)

Peanut Butter

Pop Tarts

Pringles or Lays Chips in Canisters (no bagged chips because of crumbling)

Protein Bars

Rice Krispie Treats

Sandwich Crackers

Slim Jims

Trail Mix

Trident Cinnamon Gum

Toiletries

Brown/black hair ties

Bobby pins

Antiperspirant/Deodorant (Name Brand - solids only)

Baby Wipes

Chapstick

Feminine Hygiene (Tampax Sport, Playtex Pearl, Always Pads)

Lotion (Hand and Body – Bath &

Body Works is a big treat for females)

Mouthwash (Small Bottles)

Razors (Schick, Gillette – good, lubricated razors only)

Shampoo

Shaving Gel (Non-Aerosol)

Small Packages of Laundry Detergent/

Fabric Softener

Toothpaste/Tooth Brush

Entertainment

Magazines (gossip magazines, Cosmopolitan, fitness magazines..)

Card Games or just cards

Trending books

Writing materials (pens, notebooks, pencils..)

Batteries

Phone cards

Clothes/Miscellaneous

Thermoses

New sports bras

Green Bay Packers fan gear

Black or Green Boot Socks

Febreze (non aerosol)

Laundry Detergent

White Socks (must cover ankle, no logos)

Thank you cards

Bring all items to your local AMWA Chapter by December 2nd

