AMWA National Office Moves

After more than a year of planning and months of packing and sorting, AMWA’s national office was moved from New York’s Lower East Side to Alexandria, Virginia, just across the Potomac River from Washington, DC. The moving van was loaded with files and boxes on Thursday, December 1, 1988, and pulled out headed south on December 2.

To ease the transition, offices were maintained in both locations for the month of December. AMWA’s New York staff deserves much of the credit for the smooth move, and were on hand to help out until the very end. A special farewell luncheon was held at Tavern on the Green on December 8, to say good-bye to the New York staff and to express the warmest appreciation for their loyalty and years of valued service.

Meanwhile, new staff members in Alexandria were undergoing a tough initiation: in addition to learning the ropes of new jobs and a new organization, they worked for a month and a half without benefit of office furniture! This was one of very few glitches in what was a remarkably smooth and efficient office relocation, accomplished on schedule and with next to no interruptions in service to members. AMWA staff and leadership alike deserve the gratitude of the entire organization.

Now that the furniture has arrived and all boxes have been unpacked, AMWA’s national office is looking as professional and efficient as planned. Members are invited to see the new space at a special reception to be held during the 1989 Interim Meeting. To meet new staff members, turn the page.

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Mark Your Calendar

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<th>Date</th>
<th>Event</th>
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<td>March 8-9, 1989</td>
<td>Carol Nadelson, MD Lila Wallis Visiting Professor Cornell University</td>
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<td>Note New Dates:</td>
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<td>June 21-24, 1989</td>
<td>AMWA Interim Meeting Hyatt Capitol Hill Washington, DC</td>
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<td>July 7-21, 1989</td>
<td>AMWA President’s CME trip to Egypt and Kenya</td>
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<td>August 25-27, 1989</td>
<td>Region IV Conference Butler State Park Carrollton, Kentucky</td>
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<td>October 25-29, 1989</td>
<td>AMWA Annual Meeting Beverly Hilton Hotel Los Angeles, California</td>
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<td>TBA 1990</td>
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<td>TBA 1990</td>
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<td>TBA 1990</td>
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AMWA’s 1988 Annual Meeting

A record-breaking 604 registrants met in Chicago’s Fairmont Hotel the first week of November 1988 for AMWA’s 73rd Annual Meeting. The beauty of women’s art, the tragedy of AIDS in women and children, and the future of women as leaders in medicine were themes for discussion throughout the five days.

The keynote speaker at Friday’s opening session was Wilhelmina Cole Holladay, founder and president of the National Museum of Women in the Arts. In “Our Hidden Heritage Preserved,” Mrs. Holladay recounted the history of women in art, of her own collection, and of the founding of the Museum. AMWA artists were also present in Chi-

Susan Lohman and Pat Adams work surrounded by packing boxes.
ANNUAL MEETING, continued

cago; Drs. Edel Hondl, Linda Yazvac, and Lucy Young organized a show and sale of works by women physicians and medical students with proceeds earmarked for AMWA’s Scholarship Loan Fund.

Business Briefs: The costs of relocation have been and will be high, requiring a vigilant eye on the bottom line. To address this issue, the House of Delegates ratified a 1989 dues increase from $100 to $135 and AMWA’s new President Lila Wallis, MD, appointed an Ad Hoc Committee on Financial Development. News from the Membership Committee was good: despite disruptions from the move and staff changes, membership was up overall by a healthy 17.2%.

Leadership: AMWA’s Leadership Task Force launched a highly successful new pilot program for training AMWA leaders. “Building Toward Leadership: The AMWA Model,” organized by Suzanne Widrow, MD, expanded participants’ vision of leadership and sharpened their practical skills. Eventually, a workbook and videotape will be made available for use on the branch level. The Controversies in Osteoporosis program outlined strategies for prevention and treatment: calcium and estrogen. The primary role of calcium, building peak bone mass at skeletal maturity, requires intakes of 1,000 to 1,200 mg per day. For postmenopausal women, however, calcium alone will not offset the loss of estrogen and hormone replacement therapy may be necessary.

The message from the plenary on AIDS in women and children came continued on page 6

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Legislative Process
Focus of Interim Meeting

AMWA’s 1989 Interim Meeting is going to break new ground for both individual members and the national organization. The first-ever Legislative Seminar will educate a group of legislatively aware AMWA leaders and help them shape our own legislative agenda. With the national office now located in the Washington, DC environs, it is time to fulfill the political aspects of AMWA’s strategic plan, and this intensive one-day course in the workings of Capitol Hill is the first step.

Final speaker confirmations are yet to come in, but the basic program has been set as follows:

Wednesday, June 21
Opening Session:
Why Should Physicians Become Politically Active?

Thursday, June 22
AM: Breakfast with Congressional speaker
Blueprint for AMWA’s Legislative Agenda
How to create a bill/How a bill becomes a law/How a law gets funded
Accessing Capitol Hill
PM: Women’s Issues on the Hill
Should You Run for Office/How to Run for Office
How to Approach Your Legislator
Congressional Reception, Rayburn Building

After a day devoted to committee and task force meetings (Friday), participants will gather for a brainstorming plenary session on Saturday morning. Each committee will be asked to name its priority issues for an AMWA legislative agenda as well as ideas for implementation. Together, the group will set priorities and select strategies to put the plan into effect.

You will also have the opportunity to see AMWA’s beautiful new national office and meet our enthusiastic new staff. Dessert and coffee will be served at the Alexandria office on Thursday evening and AMWA will play hostess to representatives from the many other national women’s organizations in the area.

An important note: Dates for this meeting were pushed back a day and a half in order to make the participation of Congresspeople possible. Check your appointment book, calendar, and call schedule now and note the change. To compensate for the extra days, the meeting will end on Saturday instead of Sunday.

If you want to join AMWA’s legislative team, you can’t afford to miss this meeting. In order to build a national network, special invitations are going out to all state directors and past presidents and each branch is being asked to designate—or sponsor, if possible—one member. Registration will be limited, however, so call 703-838-0500 today to reserve your place. Watch future issues of the newsletter and JAMWA for more details as they are set.

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Election Results

Officers
President-Elect
Susan Stewart, MD
Vice-President
Roselyn Payne Epps, MD
Secretary
Suzanne Widrow, MD
Councilor/Organization
Eden Kavanagh, MD
MIT Director
Janet Freedman, MD
MIT Representative
Linda Brzustowicz, MD

National Student Coordinators
Gerrie Gardner
Katherine Schneider

Regional Governors
I: Marylou Buyse, MD
II: Sharon Lee Hostler, MD
V: Laila Alidina, MD
VII: Linda Yazvac, MD
IX: Jacqueline Hart, MD
XI: Barbara Thulin, MD
*Since Dr. Thulin already has a seat on the Board as Legislative Committee Chair, Elinor Christiansen, MD, will serve as regional governor.
Meet the AMWA Staff

Lois Schoenbrun, Deputy Director.
Lois joined AMWA in October. As deputy director, she is responsible for administration and serves as both leader and support to staff in the finance, membership, student loan, and computer system departments. She will also help manage the Product Acceptance Program. Lois has had a varied career in health care, association management, and public affairs. From 1983 to 1988, she was membership director of the National Abortion Federation, a professional association that offers risk management and other training to physicians, nurses, counselors, and administrators. Prior to joining NAF, Lois directed a licensed outpatient surgicenter. Lois is clearly happy in her new job. “AMWA offers the best of association management in the unique environment of professional women working to strengthen themselves and their peers. I am very excited to be part of AMWA’s current changes and growth. I am especially proud of our new staff and I think the members will be too.”

Regina Sanborn, Membership Director.
Before joining AMWA, Regina spent ten years with the American Society of Mechanical Engineers, the last four as director of member services. At AMWA, she will be responsible for membership recruitment, retention, and services. A New York native, Regina is a member of the American Society of Association Executives, the National Association of Female Executives, and the Animal Protection Institute.

Susan Lohman, Membership Assistant. Susan attended both the University of Maryland and Prince Georges Community College, majoring in special education and legal secretarial skills. From 1976 to 1987 she worked for Graphic Fine Color, a printing ink company, handling customer service and assisting the executive vice-president. Susan is married and has two daughters, ages six and ten. She says, “I feel fortunate to be a member of the new AMWA staff and look forward to communicating with you.”

Rebecca Lovelace, Controller. Most of Rebecca’s 15 years in the accounting profession have been devoted to serving nonprofit organizations. Prior to joining AMWA, she was the corporate controller for a group of six companies. She also has more than eight years experience planning and implementing automated systems. Her responsibilities at AMWA include implementation of a fully integrated accounting system, management of all financial recordkeeping and reporting, financial analysis and projections for organizational planning and budgeting, and the creation of an AMWA financial procedures and policy manual.

Erma Logan, Bookkeeper. Erma is a native Virginian, born in the southern part of the state and educated in the Alexandria area. She has several years experience in financial services, including 14 years as a branch manager for a savings and loan association. Just before joining AMWA, Erma was a member services representative for the Pentagon Federal Credit Union. She is married and has two children. “I love working with numbers and money,” says Erma.

Marie P. Glanz, Student Loan Coordinator. Marie graduated from Chestnut Hill College in Philadelphia with an AB in English. She has taught junior high school, worked for an investment firm and for a computer consulting group. Her duties at AMWA include administering the loan program, AMWA awards, and the Bed and Breakfast Program, and assisting the AWHS Committee. Marie is married and has two children, a son who is a senior in high school and a nine-year-old daughter.

Jacqueline A. Chaney, Administrative Assistant to the Deputy Director. A Maryland native, Jacqueline received her AA degree from Anne Arundel Community College in Maryland and her BS from Jacksonville University in Jacksonville, Florida. Her love for the city prompted her move back to the Washington area. “My job at AMWA is challenging and involves my interest in health and fitness,” says Jackie.

Cheryl Henderson, Administrative Assistant to the Executive Director. Cheryl is a native Washingtonian with more than ten years experience in the administration/secretarial field. She is currently working on her AA degree in computer science at Northern Virginia Community College.

continued on page 6
STUDENT SENATE

Chartering/Reactivating Student Branches

Would you like to start or reactivate an AMWA student branch? Here are some hints to help you accomplish this difficult task with ease!

To charter or reactivate a student branch:

1) Contact the student regional coordinator and the regional governor and enlist their help.

2) Obtain a list of the current branch members, the charter information packet, and a student branch workbook from Membership Director Regina Sanborn at the national office. Complete the necessary forms and return them to the national office as soon as possible.

3) Recruit three or more medical student members.

4) Elect the following officers: president, vice-president/president-elect, secretary, and treasurer. To ensure continuity and to gain experienced leaders, the president-elect and secretary should be first-year students and the president and treasurer second-year students.

5) Set branch dues, if applicable.

6) Set a meeting/event schedule.

7) Choose a branch sponsor. The sponsor must be a member of AMWA (an MD, DO, or PhD). She should be a faculty member, serve a term of at least two years, actively participate in student AMWA branch activities, and act as liaison with administration and as student advisor.

To retain its charter, a student branch must:

1) Have three or more members.

2) Hold at least one, preferably two, meetings per year.

3) Send a delegate to the Annual Meeting at least once every three years. (A student branch must have a minimum of eight members to be eligible for a delegate.)

— Gerrie Gardner

COMP

Call for Model Programs

In order to ease the task of starting, reactivating, or maintaining a student AMWA branch, your national student coordinators plan to assemble a handbook of "model programs." It will consist of detailed descriptions of programs that have been particularly successful and will concentrate on logistics of program planning, including problems encountered and solutions devised. We are interested in all types of programs and areas of planning, including fund raising, public health education, medical community education, networking... anything that has met with success at your institution. We hope that all of you will share your "pet program(s)" with us. Call or write to Katherine Schneider (address and phone below) to discuss or submit your contribution. Please include your phone number with all correspondence.

National Student Coordinators

Gerrie Gardner, left, a former engineer, is a third-year student at the College of Osteopathic Medicine of the Pacific.

Katherine Schneider, right, is in her third year of the MD-PhD program at Columbia University. Write or call:

Gerrie Gardner, 1337 West Hill Ave, Fullerton, CA 92633; 714-525-9393.

Katherine Schneider, Box 677, 630 West 168th St, New York, NY 10032; 212-781-4654.

AMWA Student Awards

AMWA sponsors several award programs designed to support and recognize women medical students. Here is a summary of each one:

• Student Loan Fund — The Student Loan Committee has just increased the amount of the loan to $2,000 per year, with a limit of two loans per student. Loans must be paid back within three years after graduation from medical school at 10% interest. Recipients must be student life members of national AMWA, but nonmembers may submit membership and loan applications simultaneously. Applications are available now and are due April 15, 1989.

• Glasgow Award — Criteria for the Janet M. Glasgow Award have been revised by the Medical Opportunities and Practice Committee, which makes the award. Under the new guidelines, each student will be asked to write a 1,000-word essay describing the woman physician who has been her most significant role model. The author of the winning essay will receive a cash award of $1,500 and may have her paper published in JAMWA. Essays are due May 15, 1989.

The Glasgow Memorial Fund also provides for another program honoring all women medical students who graduate in the top 10% of their classes. These women are presented with a Certificate of Academic Achievement at graduation. Any woman student who graduates first in her class receives a special Janet M. Glasgow certificate.

• Carroll L. Birch Award — The Birch Award is sponsored by Branch 2 in Chicago and is given for the best unpublished research paper written by a woman medical student. The awardee receives $500 and may have her paper published in JAMWA. Manuscripts are due June 30, 1989.

Questions about any of the awards and requests for loan applications should be directed to Marie Glanz, student loan coordinator. All applications should be sent to the national office.
Message from the Director of Students

As I begin my second year as director of students, I am very encouraged by the increased growth and participation of student members. The numbers speak for themselves—student membership is up by 19%, students represented 50% of 600+ registrants at the 1988 Annual Meeting in Chicago, and student representation in the House of Delegates was also up. Students stopped me every day in Chicago to ask about the national organization, benefits of membership, and opportunities for student involvement. The seeds we have planted are bearing fruit.

Many of us have long believed that the future and direction of AMWA rests with our young members. But it is not yet time to sit back and be satisfied; the potential for growth is still out there. As many more women medical students apply to, enter, and finish medical school, the pool of talent and leaders grows—we need to bring that talent and leadership into AMWA.

Two new dynamic national student coordinators—Katherine Schneider and Gerrie Gardner—will be working with me on student activities in 1989. I am looking forward to another productive and challenging year.

Take Note

Primary Care Opportunities
Medical Students at all levels of training are invited to apply for summer or elective positions in AMSA’s Health Promotion and Disease Prevention Project. Spots in this community oriented primary care program are available for summer 1989; the application deadline is in March. Call Kathie Westpheling, MPH, at 703-620-6600 for more information.

National Boards Blues?
Stanley Kaplan is offering a 25% discount to AMWA student members on National Board review packages. Call your local Kaplan test preparation center for more information on this great savings opportunity.

Attention Student Branch Presidents
If you did not get your copy of the Student Branch Workbook at the Annual Meeting in November, call or write Regina Sanborn at the national office and request a copy for your branch (AMWA, 801 North Fairfax St, Alexandria, VA 22314; 703-838-0500).

Reminder!
Now is the time to start raising funds for travel to the Interim Meeting. Also please note that the dates of the Interim have been changed to June 21-24, 1989 (still in Washington, DC).

1989 Regional Coordinators

Region I: Heidi Flori
Box 73, 136 Harrison Ave
Boston, MA 02111
617-426-1227

Region II: Lisa Hoefl
100 Haven Ave, #19F
New York, NY 10032
212-740-4419

Region III: Tracy Lorraine Croll
3447 Ainslie St
Philadelphia, PA 19129
215-848-6757

Region IV: Esther Lim
150 North Ave, #304-A
Tallmadge, OH 44278
216-630-2739

Region V: Beverly M. Harris
Doctors’ Park Apts, #M-8
Beasley Drive
Greenville, NC 27834
919-758-5633

Region VI: Kathy G. Keller
1734 A Huntsville Dr
Haslett, MI 48840
517-349-7923

Region VII: Lanne Y. Maes
35 McGovern Dr
Little Rock, AR 72205
501-225-9449

Region VIII: Maureen Stephenson
120 Keene, Apt B
Columbia, MO 65201
314-874-6033

Region IX: Cecelia Kane
303 Detroit Ave, #305
Lubbock, TX 79415
806-762-5804

Region X: Anita Wyatt
1104 SW Gaines
Portland, OR 97201
503-248-9232 (h)
225-8391 (o)

Region XI: Frieda Hulka
905 Eden Ct, #6
Reno, NV 89509
702-825-2876

Region XII: Katie O’Farrell
3207 Monte Vista Pl
Davis, CA 95616
916-756-8944

Carroll Birch Award Winner

The winner of the 1988 Carroll Birch Award is Cindy Jacobs, PhD, a fourth-year student at the University of Washington Medical School in Seattle.

The title of her award winning paper is “Interleukin 1 Therapy in the Treatment of Antigen Induced Arthritis, an Experimental Model of Rheumatoid Arthritis.”

An extremely accomplished young woman, Dr. Jacobs received her PhD in veterinary pathology/microbiology in 1984. She decided to go into medicine “because I wanted to take my research in a more medically—clinically—oriented direction,” she said. “Although I plan to do an internal medicine residency, after 13 years in school I need a break. I’m going to take a year or two off to do research.” Dr. Jacobs is a staff scientist at the Immunex Corporation in Seattle, where she will continue her work for the foreseeable future.
Ruby Bailey, Receptionist. Ruby Bailey’s is the cheerful voice you hear at AMWA when you call. She is responsible for answering the phone and processing the mail. Ruby was born in Warrenton, Virginia, and has lived in Alexandria most of her life; she graduated from T.C. Williams High School in 1979. Previously, Ruby worked for JHK and Associates, a transportation and engineering firm. She has a daughter and says, “I am really having a nice time at AMWA.”

And one familiar face . . .

H. Patricia Adams, Computer Systems Manager. Pat Adams started at AMWA in May 1981; she is the only member of the New York staff to move with us. Born in Jamaica, West Indies, Pat is now living in Maryland. Her current responsibilities include the effective running of the computer and training new employees in various software packages.

ANNUAL MEETING, continued

across loud and clear: women are at risk and when women get AIDS, so do children. According to the CDC’s Mary Guinan, MD, PhD, women are getting AIDS from sexual contact with men who are bisexual and use IV drugs. And infected mothers are responsible for one-fifth of pediatric cases.

Throughout the meeting there were numerous lunches, breakfasts, and other chances for networking. As AMWA members departed on Sunday in the snow, they could look back on a full and satisfying week of leadership training, AIDS education, art viewing, and networking. See the January/February 1989 JAMWA for a complete report on the meeting.

1988 Legislative Summary

AMWA worked very hard on several pieces of legislation, none of which passed in 1988. The Family and Medical Leave Act, which would provide job protected leave to parents on the birth or illness of a child or their own illness, met its death in a filibuster in the Senate. It was fought by business interests led by the Chamber of Commerce on the grounds that the financial costs were too great. (See below for news of a study refuting this claim.) It is ironic that in a year when all politicians celebrated the family as part of their election campaigns, not enough of them were willing to support the basic needs of working families.

The need for federal policy on and support for child care is long overdue and more than 100 bills addressing this issue were introduced into Congress in 1988. Most of the bills sidestepped the need to create a federal structure and standards by offering tax credits to parents or block grants to states. While families with children could well use tax credits, these do not provide day care directly because the parents can spend the funds on anything.

The only major bill addressing quality standards, the health and safety of children, training and compensation for day care providers and workers, grants and loan funds to start up services, and making child care more affordable to low- and moderate-income families is the Act for Better Child Care, which AMWA supported. This bill would also directly subsidize child care through vouchers to eligible parents. Its cost is estimated at $2.5 billion, compared to $2 billion for tax credits. A major concern about the voucher portion involves church/state issues. Most existing child care programs are in sectarian institutions. Provisions specifying nondiscrimination in admissions, employment practices, and programming on the basis of religion were fought in 1988 by religious groups, particularly the US Catholic Conference.

Both of these bills will be reintroduced in 1989 with new numbers and possible alterations in their provisions. AMWA will follow them, make your voices heard, keep you posted on their progress, and urge you to make your wishes known to your own legislators.

Another area of concern in the year to come is the continued attack by the Bush Administration on reproductive rights, specifically the effort to have the Supreme Court overturn Roe v. Wade. This would put authority for abortion regulations back into the hands of the states, thus making it illegal in much of the country. Pro-choice organizations—including AMWA—are already gearing up to enter amicus curiae briefs on key cases. Again, watch this page for news of action on abortion suits.

Marjorie Braude, MD
Los Angeles, California

Ammunition

A study released in September 1988 by the National Association of Working Women (NAWW) showed that small businesses in states with strong parental leave regulations continued to grow at a robust pace, despite the costs of providing leave. The study discredited fears of many business leaders that the Family and Medical Leave Act would place an undue—if not deadly—burden on small companies (those with 15 or fewer employees). “We have laid to rest the single most important argument the business community has raised against family leave,” said NAWW Director Karen Nussbaum. The seven states that mandate parental leave are California, Colorado, Connecticut, Kansas, Massachusetts, Montana, and Washington.
CME News
As part of its ongoing CME accreditation process, AMWA adopted the mission statement for CME programs at the 1988 Annual Meeting. CME Director Constance U. Battle, MD, would like to remind branch and regional program planners that CME credit is available for AMWA programs at all levels—not just nationally. If you would like a copy of the guidelines and credit application, write to Catherine Wright, 13516 Walnutwood Lane, Germantown, MD 20874, 301-540-1917.

Financial Development Fund
AMWA President Lila A. Wallis, MD, has established an Ad Hoc Committee on Financial Development charged with developing and implementing a plan to raise funds for AMWA. At the Committee’s first meeting, Chair Clair Callan, MD, outlined three specific fundraising activities: raising funds for special projects such as task force programs, establishing an endowment fund, and beginning a building fund. The Committee is hoping for overwhelming support from the membership during its initial effort to get these three funds started. Any AMWA member who has fundraising experience is invited to be a part of this Committee. Any member who knows of any potential sources for funds or any member who would like to be a charter subscriber to any (or all) of these funds should contact either the national office (703-838-0500) or Dr. Callan (312-937-8190).

Korea Bound?
MWIA Corresponding Secretary Anne Barlow, MD, would like any AMWA members planning to attend the 21st MWIA Congress in Seoul, Korea to let her know as soon as possible. AMWA is eligible to send up to 24 delegates, and Dr. Barlow can arrange for you to be made a voting participant. She also has registration forms. The Congress is scheduled for September 3–9, 1989. Write Anne L. Barlow, MD, 20 South 19th St, Fernandina Beach, FL 32034.

AMWA Goes to Africa
Join AMWA President Lila A. Wallis, MD, for 15 days in Egypt and the game parks of Kenya. Earn CME credits while visiting the Pyramids and other ancient wonders of Egypt as well as Africa’s magnificent wildlife. The educational program will be “Women’s Health, 1989” and will feature visits to local health facilities and medical centers and meetings with government health and welfare officials. Scheduled for July 7–21, 1989, the tour is priced at $3,499 double occupancy (add $459 for single room accommodations). The tour fee includes round-trip airfare to and from New York City, deluxe accommodations, all sightseeing, most meals, and much more. For more information contact International Marketing Tours, 676 Winters Ave., Paramus, NJ 07652; 201-967-0880.

1988 Advertising Award
At the 1988 Annual Meeting, AMWA’s Board of Directors voted to recognize Dekalb General Hospital of Atlanta, Georgia, for positive portrayal of women in advertising. Keep an eye out as you go through magazines and newspapers, medical and other, and forward any potential 1989 award winners to Jean Fourcroy, MD, PhD, 6310 Swords Way, Bethesda, MD 20817.
AMWA MEMBERSHIP APPLICATION

NAME ____________________________

ADDRESS ________________________________________________________________

CITY ____________________________ STATE _______ ZIP __________

PHONE (HOME) ___________________ (WORK) ______________________

MEDICAL SCHOOL ________________________ YEAR ________

SPECIALTY(S) ____________________________

LICENSE(S) ____________________________

SPECIALTY BOARD CERTIFICATION(S) ____________________________

MAIL TO: AMERICAN MEDICAL WOMEN'S ASSOCIATION

801 NORTH FAIRFAX ST., ALEXANDRIA, VA 22314

☐ Regular Member $135
☐ Member-In-Training $40
☐ Student Member $40

four years including subscription to Journal

☐ Check Enclosed
☐ VISA/MC # ____________________________

($40 minimum charge)

Exp. Date __________

☐ Local Dues