The CEO pledge is part of our community's overall commitment to improve quality and reduce the cost of health care costs, protect our health, and increase productivity. Employee health is the key to increased productivity. Companies can improve their financial bottom line by improving health and well-being. By supporting employee health and well-being programs, companies can benefit from higher levels of productivity and lower health care costs. This is why we support programs that promote physical activity for employees, their families, and our country.

For the betterment of my company, our employees, their families, and our country, I pledge to improve employee health and wellness by promoting opportunities and resources for physical activity before, during, or after the workday, and to enhance my own health and wellness by engaging in regular physical activity.

American Medical Women's Association

Physical Activity
For the Promotion of
National Coalition

JOINING THE CAUSE
To Get America Moving