



# American Medical Women's Association

For the betterment of my company, our employees, their families, and our country, I pledge to improve employee health and wellness by providing opportunities and resources for physical activity before, during or after the workday, and to enhance my own health and wellness by engaging in regular physical activity.

JOINING THE CAUSE  
TO GET AMERICA MOVING



Our country is in a health care crisis, well beyond worst case scenarios even the experts had predicted only ten years ago. With heart disease, diabetes, obesity and depression on the rise, every organization in America has an obligation and responsibility to lead its community.

The National Coalition for Promoting Physical Activity has a vision that one day, all Americans will be physically active and they will live, work and play in environments that facilitate regular physical activity. By supporting employee health and wellness initiatives in the workplace, companies can improve employee morale, increase productivity, enhance work quality, and reduce staggering health care costs. The CEO Pledge is part of our community outreach to help create a healthier society.

Signature \_\_\_\_\_ Date 06/25/14  
President

Signature \_\_\_\_\_ Date 06/25/14  
Chief Executive Officer

FARRAZMANA S. HAAFEIZULLAH MD FACCP

