

September 24, 2009

In This Issue!

- AMWA's Board Interim Meeting
- AMWA BOD Members Visit Drexel Archives on the Hill 2010
- AMWA Member featured on Medelita Site Committee Members
- National Initiative Tied to 19th Amendment Centennial Targets Full Equality for Women by 2020 AMWA branch?
- Advocacy Committee Update
- Are you Involved in a local AMWA branch?
- Reminder to AMWA Student and Resident Members
- 2010 Award Nominations
- Take a Stand for Women around the World with Care
- Count Down to Universal Access
- Three Actions at Home to Get Positive Action in Washington
- Immigrant coverage creates new rift in health reform debate
- States targeting Medicaid physician pay
- A Real Win for Single-Payer Advocates
- H1N1 on the horizon: Here's how to prepare your practice--and staff
- Scientists Discover Three More Genes with Links to Alzheimer's Disease
- Habits Help in Avoiding Breast Cancer, Study Finds
- ACI's Women's Health Centers of Excellence
- Through Our Own Eyes Retreat
- Gynecologic Cancer Awareness Month
- Register today for Reproductive Health 2009
- Psychiatric Aspects of Women's Health Care
- Compassion & Choices is proud to present Dignity & Choices
- The Women's Alliance 2009 National Conference
- University of Arizona April and July 2010 Global Health Course
- The STAR Doctor Medical Professional Liability Insurance
- Medpedia.com
- Journal of Women's Health
- Doctor's Digest

Join AMWA Today!

AMWA's Donor Members include contributors who believe in AMWA's mission and goals through advocacy and our charitable programs.

American Medical Women's Association

This message contains graphics. If you do not see the graphics, [Click here to view](#)



Save the Dates!

2010 Annual Meeting

Friday, March 26 through Sunday, March 28

AMWA will again team up with the Institute for Women's Health for the 2010 meeting, held at The Crystal Gateway Marriott in Crystal City, VA.

Preparation for AMWA Day on the Hill 2010

Make your voices heard in health reform and other legislative matters. Join us Thursday March 25, 2010 for Advocacy Day immediately before the Women's Health Congress/ 95th year Anniversary AMWA Meeting. There will be a panel discussion in the morning and we will meet with our Legislators and/or their Health Legislative Assistants in the afternoon. If you are interested please RSVP to lwatersMD@yahoo.com.

Reform Matters Toolkit

An important part of AMWA's advocacy activities is to ensure that women's specific needs and the challenges are addressed within the health care system. The National Women's Law Center whose work focuses on women's health and health care coverage has a great advocacy and lobbying resource called the **Reform Matters Toolkit**. This Toolkit provides the resources women's advocates need to be full participants in the health care reform movement and policy debates at the state and national levels. The toolkit explores various health care reform proposals and their impact on women's access to comprehensive, affordable, quality care.

AMWA Wants Your Feedback!

How often do you read *NewsFlash*? Please participate in the **survey**; it will take you less than one minute!

AMWA News

AMWA's Board Interim Meeting

In this picture: (from Left, top row :) Sarah Hagy, Claudia Morrissey, MD, MPH, Ashely Styczinski, Medical Student, Kate Neely, MD, Bea Desper, MD, Roberta Gebhard, DO

Donation categories are variable and affordable. To Donate Now, [Click HERE](#). For those interested in Voting Membership categories, annual dues are as follows: Member, \$225; Discounted & Non-Physician Member, \$150; Resident Member, \$100; Medical Students, \$75 (one time fee); and Undergraduate Students, \$25 (one time fee).

Donate to AWHS

Help AMWA maintain and expand vital programs by supporting the American Women's Hospitals Service. AWHS supports medical clinics for the under served and international travel grants for young women physicians and medical students. Your gift to AWHS is fully tax deductible, and you will have the comfort of knowing that each AWHS-supported clinic's service and quality of care is monitored by AMWA physicians. You can see the stories of our clinics and read stories told by students who have received our travel grants posted on our website, www.amwa-doc.org. To order AWHS logo note cards, [click here for an AWHS Note card Order Form](#)

AMWA thanks our Corporate Partners for their continued generous support:



(from Left, bottom row :) Marlene Cutitar, MS, Eliza Chin, MD, MPH, Elinor Christiansen, MD, Laurel Waters, MD



AMWA's Board of Directors traveled to Philadelphia for their Annual Interim Board Meeting, September 12-13, 2009. During their stay, some Board Members were able to visit the Drexel Archives building (currently under construction) which will soon house AMWA historical items (more on the visit below.) The Board spent one and half days discussing the current status of AMWA and put plans in place to continue to move the organization forward. They also had a chance to meet AMWA's new Associate Director, Sarah Hagy, seen photographed with the Board above. All in all, the meeting was time well spent for those that were able to attend both in person and via teleconference. Thank you to the Board for spending your weekend putting plans into place to help advance the mission of AMWA!

AMWA BOD Members Visit Drexel Archives



Lobby of new archives building



Future lobby of AMWA exhibit



Outside of the new archives building

Dr. Eliza Chin, (President-Elect) and Dr. Laurel Waters (Board Member) visited the construction site of the new building and future home of AMWA's archives at Drexel. The sunlit lobby will feature floor-to-ceiling windows, a high tech globe display, and portraits of prominent women in medicine. Plans are underway to create the space for AMWA's Legacy Exhibit. In the meantime, we are still trying to reach our \$100,000 goal to fund this effort. Please consider even a small donation to honor AMWA's rich history. [Click here to donate now!](#) Donations of \$2,500 and above will be individually recognized in the lobby's "Wall of Fame" display!

AMWA Member featured on Medelita Site



Finding The Right Balance

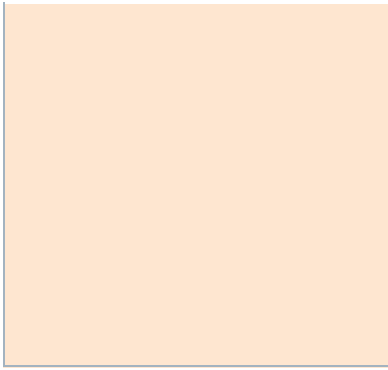
If you had told Eliza Chin (AMWA's President-Elect) back in her residency days that she would become a stay-at-home mother of three, "I wouldn't have believed you." Today, Dr. Chin can't imagine her life any differently. [Read her story.](#)

Medelita continues to make it easy for AMWA members to purchase lab coats and scrubs tailored for female physicians. Check out the [AMWA](#) page to easily take advantage of your discount through Medelita. Be sure to tell your AMWA colleagues of this great member benefit! Medelita proudly supports AMWA in its mission to advance women in medicine and improve women's health. AMWA members receive a 15% discount orders. Medelita will also donate 10% of all member sales directly to the American Medical Women's Association.

National Initiative Tied to 19th Amendment Centennial Targets Full Equality for Women by 2020

VISION 2020 Launches in Philadelphia. AMWA a National Partner.

VISION 2020 is a national project focused on advancing gender equality by energizing the dialogue about women and leadership. See at the launch event at the National Constitution Center are Eileen C. McDonnell, Executive Vice President and Chief Marketing Officer, The Penn Mutual Life Insurance Company; Richard V. Homan, M.D., Dean Drexel University



College of Medicine (DUCOM); Lynn H. Yeakel, Director, Institute for Women's Health and Leadership DUCOM and Co-Chair Vision 2020; Rosemarie B. Greco, Co-Chair, Vision 2020; Robert Chappell, President and CEO, The Penn Mutual Life Insurance Company; and Linda Johnson, President, National Constitution Center. The Penn Mutual Life Insurance Company is lead sponsor of Vision 2020.

(PHILADLEPHIA, PA September 14, 2009) By 2020, the centennial of the 19th Amendment's ratification, women and men will have equal access to leadership roles at all levels of American society, working together to shape every aspect of the country's future and making America stronger as a result.

That is the goal of Vision 2020, a national initiative launched on September 14, 2009 by Drexel University College of Medicine's Institute for Women's Health and Leadership. Penn Mutual Life Insurance Company, the initiative's presenting (lead) sponsor, is contributing \$600,000 to the project. The **American Medical Women's Association** is a national partner of Vision 2020.

Vision 2020 aims to complete the work of the suffragists, who pursued women's right to vote as the gateway to full equality for their sex. While American women have made momentous strides since 1920, when the 19th Amendment was ratified, they continue to face substantial roadblocks. Women hold far fewer leadership positions than men and as a result have considerably less influence on many key areas of American life.

The first public event will take place in October 21-22, 2010 at the National Constitution Center in Philadelphia. Experts in seven topic areas will meet over the next year, inviting 102 delegates — two women from each state and the District of Columbia, chosen through a competitive selection process — to create an action agenda for the decade 2010-2020. That agenda will be developed in the fall of 2010 at Vision 2020's flagship event, *Vision 2020: An American Conversation About Women and Leadership*. The focus of the discussion will be on setting measurable objectives to advance equality for women by 2020, the 100th anniversary of the 19th Amendment.

Vision 2020 founding institutions, Drexel University College of Medicine and Drexel University, have long histories of opening doors for women and minorities. Woman's Medical College of Pennsylvania, established in 1850 as the world's first medical school for women, and Hahnemann Medical College, established in 1848, merged in 1993 as MCP/Hahnemann and became Drexel University College of Medicine in 2002. It was the first medical school in the country to fully integrate women's health into its curriculum. The Institute for Women's Health and Leadership was a designated a National Center of Excellence in Women's Health by the U.S. Department of Health and Human Services in 1996. A core program of the Institute is the Hedwig van Ameringen Executive Leadership for Academic Medicine, the premiere leadership program for women in academic medicine.

Vision 2020 is the brainchild of former **Lynn H. Yeakel**, director of Drexel University College of Medicine's Institute for Women's Health and Leadership.

For more information about Vision 2020 [click here](#) or call 215-255-7373.

Advocacy Committee Update

September 9, 2009---Representing AMWA, Dr. Omega Silva attended the Town Meeting with Constituent Organizations held by Francis Collins, MD, PhD, the new NIH Director at 1:30 in the Natcher conference Center on the NIH campus.

Dr. Collins, who trained as a chemist obtaining a PhD in that field, went on to medical school and developed an interest in genetics when a teacher introduced the class to several patients with genetic problems---Downs syndrome, neurofibromatosis, galactosemia and others. He is delighted that President Obama sees science and openness as necessary for progress and that NIH exists to generate fundamental knowledge and to apply it to clinical medicine to make our lives better.

Dr. Collins sees opportunities in five areas:

1. Genomics as applied to fundamental biology in specific diseases.
2. Translating basic sciences into new and better therapies such as drugs and the use of public-private partnerships to develop the potential of the knowledge.

3. Putting science to work for health care reform with comparative effectiveness research and pharmacogenomics.
4. Global health with such diseases as malaria and schistosomiasis in cooperation with WHO and the Gates Foundation.
5. Reinvigorating and empowering the biomedical research community with training programs using the 10 billion NIH has received from the Recovery Act which will stimulate the economy, create and preserve jobs and advances biomedical research.

As Director he needs help in these areas:

1. Using the voices of the constituent organizations in support of medical research; let him hear your stories.
2. Describing NIH research to the public and Congress.
3. Communicating with wide open channels; let him hear of issues your organization would like NIH to consider.

*Want to help? Submit your stories relating to the areas noted above to associatedirector@amwa-doc.org by **Friday, October 9.***

Are you involved in a local AMWA branch?

AMWA headquarters is updating the branch listings, so please email your branch name and contact information to associatedirector@amwa-doc.org.

Reminder to AMWA Student and Resident Members

A reminder about one time fees for Students and Residents:

- Undergraduate students- onetime fee of \$25
- Graduate/medical students- onetime fee of \$75
- Residents- onetime fee of \$100

If you are currently a Student or Resident member, please email your anticipated completion year to associatedirector@amwa-doc.org so we can extend your membership.

2010 Award Nominations

Nominations for the 2010 AMWA Awards are now being accepted for the awards below.

Elizabeth Blackwell Award

This award, initiated in 1949 by Elise S. L'Esperance, M.D., is granted annually to a woman physician who has made the most outstanding contribution to the cause of women in the field of medicine.

Bertha Van Hoosen Award

This award is named in honor of the Founder and first President of AMWA, and honors a woman physician who has demonstrated exceptional leadership and service to AMWA, and has been an active member for at least five years.

Lila Wallis Women's Health

This award is given in the name of one of AMWA's most beloved Past Presidents. Each year, the award is given to an individual whose lifetime achievements, accomplishments, motivation, mentorship, energy and enthusiasm for women's health, education, and research reflect the trailblazing achievements and influences in women's health exemplified by Dr. Lila A. Wallis.

Woman in Science Award

This award is given to a woman physician who has made exceptional contributions to medical science, especially in women's health, through her basic and/or clinical research, her publications and through leadership in her field.

Anne C. Carter Leadership Award

This award honors the memory of Anne C. Carter, MD, and is in recognition of a national student leader in AMWA. *The award honors Dr. Carter's dedication to the welfare and success of all women medical students. Dr. Carter's life was a celebration of what women can achieve and contribute to others. For many years, Dr. Carter was Trustee of the Financial Aid Fund of AMWA's New York Branch 14, served as Chair of the Student Loan and Scholarship Committee, and on the AMWA Foundation Board.*

Email nomination and CV to associatedirector@amwa-doc.org by December 31, 2009.

Take a Stand for Women around the World with CARE

In honor of the International Day for the Eradication of Poverty on October 17, here are two simple ways that AMWA members can stand in solidarity with poor and marginalized women around the world:

--Read, learn and act! Encourage your book club, colleagues or members of your local AMWA branch to read the new book, "Half the Sky", by Nicholas D. Kristof and Sheryl WuDunn. This

moving book takes you on a journey through Africa and Asia to meet an extraordinary array of women who struggle and triumph in the face of poverty and oppression, including a woman in Burundi who becomes an empowered entrepreneur with the support of a CARE village savings and loan program. After reading the book, gather together at your next meeting, or at a local coffee house or living room, to start a conversation about the challenges and opportunities women and girls face around the world, and then take action together! For a discussion guide and more information visit [click here](#).

--Speak out! Providing economic opportunity for women is key to the fight against global poverty. Tell your member of Congress to support the **GROWTH Act** to help women around the world get the tools and resources they need to lift themselves and their families out of poverty. The act promotes microfinance tools like village savings and loan programs, enhanced land and property rights, and business training for women in developing countries.

Together, we have the power to help women around the world build a better future for all!

Count Down to Universal Access

AMWA has put together a list of organizations that are working hard to ensure health care reform. Keep up to date with the latest from Congress and how to take action to make your voice heard.

Physicians for a National Health Program

To receive e-alerts go to the 'Sign up for PNHP's E Alerts' box on the homepage. Enter in your email address and state.

Healthcare-NOW!

To receive e-alerts click on 'Healthcare-NOW! Updates' on the homepage. Click 'Sign Up' button under 'Sign up to receive monthly Healthcare-NOW! Email updates and/or action alerts'. Fill in and submit the form.

Progressive Democrats of America

To receive e-alerts enter your email address and zip code in the 'Join Our Email List' box on the homepage.

Association of Women's Surgeons

To receive e-alerts enter your email address in the 'Stay Informed' box on the homepage.

Center for Policy Analysis

To join listserve, send blank email to: join-equal@list.equalhealth.info.

Universal Health Care Action Network (UHCAN)

League of Women Voters

National Physicians Alliance

Health Care for All Colorado

Doctors for America

Raising Women's Voices

Policy, Legislation & Oversight

Three Actions at Home to Get Positive Action in Washington

By Rachel DeGolia, UHCAN

After a hot month back home, health care is heating up again in DC. There is one thing we have all learned the hard way: If we want positive action in Washington we're going to need much more action from home. Here are three areas UHCAN thinks need more attention this week from every part of our growing health care justice movement: the Senate; Older Americans; Doctors.

1) **Have you called your Senator lately?** The focus in August was on House members. It's time to pay more attention to the Senate. This morning Senator Max Baucus (D-MT), chairman of the Senate Finance Committee released his "bipartisan" health care proposal. Fellow committee member and long-time ally Senator Jay Rockefeller (D-WV) has already stated he will not support the Baucus compromise because it fails to include a public option. **What do your Senators say? Start with the Senate Finance Committee, but don't stop there.** Reconnect with the HELP Senators, the Senate leadership and everybody else

[Click Here for the Baucus plan](#)

2) **Respect your elders.** Older Americans are a special target of the fear and lie campaign against health care reform. We heard yesterday on the UHCAN State Leaders call that the constant media

assault is taking its toll. Seniors and retiree organizations are the backbone of the health care movement. If they get picked off, we lose. It takes more than facts to dispel the myths. It often takes 1-on-1 contact from somebody you trust. This is the time to strengthen our personal and organizational contacts with senior groups and individuals-our senior friends value the truth. **All of us in the health care justice community should put reaching out to seniors a little higher on our agenda right now.**

3) **The Public Option Gets a Second Opinion: Most Doctors want it.** A new study by the Robert Wood Johnson Foundation just came out in the New England Journal of Medicine. They surveyed doctors from around the country. 63% want a public option alongside private insurance companies. 10% more want only public options. And just 27% want only private insurance companies. The support for the public option cut across specialties and regions and even included 62% support from AMA members. This is the best chance ever for the health justice movement to include a loud provider voice. **Every local coalition should reach out to local doctors and get their comments on the new survey.** The National Physicians Alliance -- <http://npalliance.org> --can help.

See the poll stats here.

Immigrant coverage creates new rift in health reform debate

By Chris Silva

Washington -- A recent addition to the growing list of flashpoints in the health system reform debate is the question of whether illegal immigrants will be able to obtain government-sponsored health insurance under the overhaul plan envisioned by lawmakers.

The reform bill pending before the House does not contain explicit provisions preventing immigrants from purchasing coverage under its proposed health insurance exchange, according to a new report commissioned by Congress and released Aug. 25. The Congressional Research Service, an arm of the Library of Congress that conducts studies for lawmakers, examined the treatment of both legal and illegal immigrants in America's Affordable Health Choices Act.

While illegal immigrants are banned from receiving government affordability credits designed to help low-income people buy coverage, they could still put up their own money to participate in the exchange. The exchange would begin operation in 2013 and include choices of private plans along with a government-sponsored, national public plan option.

Read the full story at www.ama-assn.org

States targeting Medicaid physician pay

By Doug Trapp

Several states have marked Medicaid physician pay for reductions to help cover billions in budget deficits.

Ohio, Arizona and Michigan, for example, have adopted 3% to 5% fee reductions that will translate into millions in physician fee cuts. The moves could signal an end to the wave of Medicaid doctor fee increases in recent years.

The cuts might have been steeper without the \$787 billion federal stimulus package, adopted in February, which included \$87 billion to increase federal Medicaid matching rates by more than 6% through 2010. The federal government on average pays 57% of Medicaid costs.

But the act did not protect physician pay the way it guarded Medicaid beneficiary coverage. States accepting the additional federal funds must maintain or restore their Medicaid eligibility and enrollment standards to the same levels as they were on July 1, 2008.

Read the full story at www.ama-assn.org.

A Real Win for Single-Payer Advocates

By John Nichols

Canada did not establish its national health care program with a bold, immediate political move by the federal government.

The initial progress came at the provincial level, led by the Co-operative Commonwealth Federation's Tommy Douglas when he served from 1941 to 1960 premier of Saskatchewan. The universal, publicly-funded "single-payer" health care system that Douglas and his socialist allies developed in Saskatchewan proved to be so successful and so popular that it was eventually adopted by other provinces and, ultimately, by Canada's federal government. For his efforts, Douglas would be hailed in a national survey as "The Greatest Canadian" of all time. But Douglas' regional initiative also offers a lesson for Americans.

Those of us who know that the only real cure for what ails the U.S. health care system is a universal public plan that provides health care for all Americans while controlling costs recognize the frustrating reality that there are many economic and political barriers to the federal action that

would create a single-payer system. This makes clearing the way experimentation at the state level all the more important.

Read the full story at www.pnhp.org.

Health & Wellness

H1N1 on the horizon: Here's how to prepare your practice -- and staff

By Victoria Stagg Elliott

The exact number of people who will contract A(H1N1)-related illnesses is unpredictable. The disruption around the office when H1N1 hits is certain.

This fall and winter promise lots of patients sick with some kind of flu -- or fearful that they are -- as well as depleted staff levels when employees get sick or have to stay home with someone who is.

That's why experts are advising physicians to plan now for what is expected to be a very unusual, active flu season. Those who don't prepare will quickly be overwhelmed, said John Fontanesi, PhD, professor of medicine at the University of California, San Diego. He is working with the American Medical Association to create tools for physicians to make planning easier.

Beyond managing vaccine schedules, physician practices are advised to consider cross-training employees, having staff work from home, keeping those with H1N1 symptoms away from other patients, and even directing patients elsewhere to minimize disruption and illness spread.

Read the full story at www.ama-assn.org.

Scientists Discover Three More Genes With Links to Alzheimer's Disease

Fifteen years after scientists last discovered a group of genes linked to Alzheimer's disease, two separate European research groups have identified three new genes that may contribute to the disease. Alzheimer's disease is the most common form of dementia and affects at least 5 million Americans, but frustratingly little is known about the causes and risk factors of the condition. Through these recent discoveries, however, researchers have solidified their theory that genes are important in Alzheimer's disease, and hope in the future to learn how to reduce the risk of the disease that the genes produce. The prevailing thought is that 60-80% of a person's risk for Alzheimer's is attributable to genes, so learning more about which genes are involved and how they are involved seems to be the key to developing treatments and interventions. All of the genes that have been linked to Alzheimer's have normal roles in the way the brain works, but small variations in the DNA can alter their function and increase a person's risk for dementia. As researchers learn more, they will develop ways of counteracting those genetic variations. One theory is that inflammation plays a role in the development of Alzheimer's, so fighting this with anti-inflammatories is one speculative intervention being tested. As studies continue and progress, researchers hope to identify still more genetic variations that contribute to a person's risk of Alzheimer's disease, and in time, know enough to be able to reduce that risk.

Read the full story on washingtonpost.com

Habits Help in Avoiding Breast Cancer, Study Finds

A new report by the American Institute for Cancer Research posits that women can reduce their risk for breast cancer by almost half by following certain healthy lifestyle habits. This report updates a 2007 review of more than 800 studies on the role of lifestyle in cancer, and also adds data from 81 new studies. According to the report, women can cut their breast cancer risk by maintaining a healthy weight, getting 30 to 60 minutes of physical activity a day, breast-feeding their babies, and limiting themselves to no more than one alcoholic drink a day. Plant-based diets that emphasize fruits, vegetables, beans, and whole grains, and limit red meat intake, are documented to reduce the risk of cancer in general. The studies examined only lifestyle choices, and did not investigate the role of hormones in breast cancer. If all women followed these lifestyle recommendations, the report estimates that almost 40% of new breast cancer cases (which works out to be about 70,000 cases each year) could be prevented.

Read the full story on nytimes.com

Professional Development

WOMEN'S HEALTH Centers of Excellence
December 7-9, 2009 • New Orleans, LA
 REGISTER TODAY! Contact Gia Bosch Phone: 414-221-1700 Ext. 130 Email: gibosch@acius.net

ACI'S WOMEN'S HEALTH CENTERS OF EXCELLENCE DECEMBER 7-9, 2009 NEW ORLEANS

LEARN ABOUT:

- Unique clinical and business strategies that compose Women's Center Care
- Learning how to develop an infrastructure to promote multidisciplinary care for women
- Designing, executing and sustaining a brand promise etc

MEMBERS OF AMWA RECEIVE A \$300 DISCOUNT IF REGISTERED BY SEPTEMBER 30TH .
To learn more or register, visit our conference site [here!](#)

**THROUGH OUR OWN EYES RETREAT (TOOER)
Version 8.0: TOWARD MORE WHOLE LIVES: AN AUTUMN SANCTUARY BY
AND FOR WOMEN PHYSICIANS**

**September 27 - October 2, 2009 Mount Madonna Center
Watsonville, California
Explore, Rejuvenate, Breathe, Stretch, Heal!**

This is our eighth TOOER, and another great opportunity for women physicians to reflect on our careers, our work-life balance, and our personal health.

SEPTEMBER 2009 TOPICS include:

- wellness assessment
- stress management skills
- medical malpractice prevention
- personal and career evolution over a 5/10/20 year timeline
- successful aging and gerotranscendence

Each day we will have:

- FACILITATED SMALL GROUP DISCUSSIONS and exercises based on the specific interests and needs of our participants.
- DAILY YOGA SESSIONS
- OPEN TIME for you to pursue activities that renew your energy and creativity. Bring your journal, your watercolors, hiking boots, meditation pillow, your sunglasses, and a great book! We also encourage you to consider attending with a colleague, a friend from medical school, residency or your community.

MOUNT MADONNA CENTER is a conference and retreat center located on 355 acres of mountain-top redwood forest and grassland over-looking Monterey Bay, between Santa Cruz and Monterey, in Northern California.

FOR REGISTRATION INFORMATION PLEASE CONTACT:

Chiara Associates, c/o Charlea Massion, MD.
3235 Cunnison Lane, Soquel, CA 95073
Phone: 831.421.2476 Fax: 831.462.9098
Email: chiarasantacruz@gmail.com

Gynecologic Cancer Awareness Month



Want to help save women's lives – and be eligible to win some great prizes, at the same time? As a partner in the Pearl of Wisdom Campaign to Prevent Cervical Cancer, AMWA encourages you to join in the campaign's "Wear Your Pearl!" promotion, launched this month during Gynecologic Cancer Awareness Month. Help us get the word out to women that cervical cancer is preventable – using the Pap test, the HPV test and the HPV vaccine. To help get the conversation started, the campaign is asking women to wear their Pearl of Wisdom and submit to the campaign a photo of themselves wearing it. Photos can be fun or serious. Everyone who submits a photo will be eligible to win a fabulous prize when the promotion ends on **October 31**. And, if you don't have a Pearl of Wisdom already, what are you waiting for? You can purchase one at www.PearlofWisdom.us. All proceeds go to the U.S. Pearl of Wisdom Campaign Fund to support cervical cancer prevention activities. For more information, visit www.PearlofWisdom.us.

Register Today for Reproductive Health 2009

Registration is now open for *Reproductive Health 2009*. This is the cornerstone conference in reproductive health hosted annually by the Association of Reproductive Health Professionals, the Planned Parenthood Federation of America National Medical Committee, and the Society of Family Planning.

Make plans to join us for networking with committed colleagues and cutting-edge sessions on reproductive health research and clinical practice. Many distinguished speakers are already confirmed, including Jacqueline Darroch, senior fellow at the Guttmacher Institute; Henry Gabelnick, executive director of CONRAD; Scott Gilbert, professor at Swarthmore College; Joseph Speidel, Bixby Center director and professor at UCSF; and Beverly Winikoff, president of Gynuity Health Projects.

Reproductive Health 2009 will be held September 30 – October 3 in Los Angeles. Register early for discounted conference rates and first choice of breakout sessions. For more information, visit www.ReproductiveHealth2009.org.

Psychiatric Aspects of Women's Health Care- Saturday, September 26, 2009

Accredited for 4.0 CME/CEU by the Indiana University School of Medicine

Saturday, September 26, 2009

Hyatt Regency, downtown Indianapolis

7:45 am Onsite registration & continental breakfast

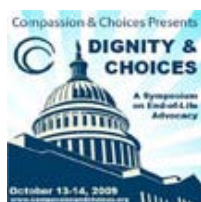
8:30 am - 1:00 pm Programming

Featured topics will include common psychiatric disorders in women with comorbid medical conditions, the impact of trauma on women's health, and a review of the rational use of hormonal and nutritional therapies in addressing women's health issues.

To register, click here.

Questions, contact Sara at 888.477.9119 or sara.stramel@pdallc.com

Compassion & Choices is proud to present DIGNITY & CHOICES, a Symposium on End-of-Life Advocacy, October 13-14, 2009.



Conveniently held at the **National Press Club in Washington, DC**, the symposium promises to be a must-attend event for policymakers and opinion leaders engaged in health care reform. Plenary and break-out sessions will cover topics in areas of policy, politics, medicine and ethics.

Dr. Elmer Huerta, former President of American Cancer Society, America's favorite ballet dancer Jacques D'Amboise, and New York Times Columnist Jane Brody will make plenary presentations. **Learn more here.**

Who Should Attend?

Policymakers, opinion leaders and philanthropists interested in health care policy and reform. Medical, legal and religious leaders. Journalists, editors and professional medical writers. Advocates and supporters of the end-of-life care movement, including executive directors, board members, national and international leaders, medical directors, clinical managers, advocacy and outreach staff.

Why Should You Attend?

Under new leadership, the nation has finally turned seriously to health care reform. End-of-life care has emerged as the most potent element of that reform. It is in end-of-life care that the current system most tragically fails patients and the people who love them. Too many people suffer needlessly in their dying, and we as a nation must do better. This symposium will alert us to aspects of the problem rarely discussed and illuminate the way forward.

The Women's Alliance 2009 National Conference Celebrating Ten Years of Service

November 5 - 7

Chicago Marriott O'Hare Hotel

Sponsored by

Heartland Human Care Services and Bridge to Success

Preparation for the November Conference is in full swing and it will be jam packed with vital information for surviving the current economy. We are running out of presentation time slots!

When making your Thursday travel plans, make sure you arrive early enough to participate in a fabulous pre-conference session planned for Thursday night, November 5th, from 6:00 to 7:30. This hilarious session, presented by Beyond the Good Life, will warm everyone up for the conference, helping to create a sense of connection and community. While having fun, you will discover how to create agreements that serve you, your partners & the organization; learn some strategies to stay grounded and calm in the times of chaos & challenge; and ways to identify early signs of common areas of burnout, fatigue & being overwhelmed.

FRIDAY NIGHT: Special Evening Reception at Bridge to Success from 6:00 to 7:30 - Pre-registration needed!

KEYNOTE SPEAKERS:

Edith Crigler, not only carried the Olympic Torch, but serves as Associate Executive Director of the Chicago Area Project and President of the Board of Directors for the Chicago Jobs Council. Edith not only talks the talk, she has walked the walk.

Teri Goudie, international media consultant and a former ABC News journalist, is considered one of the world's top trainers. Goudie teaches a simple five step method that is designed to turn words into action. Her method can be used in media interviews, presentations, meetings and email.

We also have **Angie Blumel**, Manager for Volunteer Services for the Chicago Architectural Foundation; **Cheyenne Brinson MBA, CPA**, TWA Board Treasurer and consultant with Karen Zupko and Associates; **Julie McClure** of New York Life Insurance; **Kacie Walters**, Knowledge Leader with Hewitt & Associates; **Colleen Pogany**, free lance web designer; **Jeanne Flint**, Executive Director WHW and TWA Board Vice President. And, more speakers are being lined up!

CONFERENCE REGISTRATION FEES:

Members - \$150.00

Non-Members - \$199.00

One-Day Member - \$75.00

One-Day Non-Member - \$100.00

Registration fee includes: conference materials, one reception, two continental breakfasts, & two luncheons

FOR A CONFERENCE REGISTRATION FORM PLEASE EMAIL:

svanveen@heartlandalliance.org

University of Arizona April and July 2010 Global Health Course

APRIL 1-23 and JULY 12-30, 2010: GLOBAL HEALTH: CLINICAL AND COMMUNITY CARE (FCM 896A) at the University of Arizona is a full-time (80 class hours) interactive, practical course preparing fourth-year North American clinical medical students, residents and other clinicians for health care experience abroad. Visiting participants receive 3-4 weeks' elective credit at their home institution (which must arrange the actual overseas preceptorship). The class is limited to 24, selected by February 15 for the April session and May 15 for the July session. For information and application forms, [click here](#).

or contact:

Ronald Pust, MD or Tracy Carroll, MPH, PT
University of Arizona College of Medicine
Dept. of Family and Community Medicine
P.O. Box 245052

Arleen Heimann, program coordinator
Phone: (520) 626-1992
Email: aheimann@email.arizona.edu
Tucson AZ 85724

Membership Updates

The STAR Doctor Medical Professional Liability Insurance Program for Women in Medicine



The Star Doctor Insurance Program provides Preferred Medical Professional Liability Insurance for Women Physicians. Coverage is available for most specialties.

The Star Doctor Insurance Program product is backed by an insurer who has provided Medical Professional Liability Insurance for over 35 years and is rated "A XIII" (Excellent) by A.M. Best Company.

Our program for Women in Medicine combines the value of competitive premiums with preferred and specialized features for Women Physicians who need to balance their personal and professional lives. (Some states are not eligible).

STAR Doctor Medical Professional Liability Insurance Highlights

- "Nose" or Prior Acts Coverage is available
- Affordable, part-time rates
- Free, automatic coverage for your locum tenens physician for up to 45 days
- Free, Unlimited Tail protection in the event of death, disability, or retirement (certain conditions may apply)
- Unlimited Tail available

- Legal Defense protection
- No deductible
- Defense expense paid in addition to the limit of liability
- Leave of absence features designed for new parents, illness, continuing education, and caring for family members
- Outstanding claim services

For more information, please contact: Jodie Cole, Senior Vice President, Ext. 222 jodiec@woodinsurancegroup.com.

Medpedia.com

In order to raise the professional profiles of our members, facilitate group dialogue and increase the networking potential of the AMWA, we've joined Medpedia, the new technology platform for the global health community.

Medpedia is a long-term project, launched last week that includes three features: a collaborative knowledge base, a professional network and directory for health professionals and organizations, and communities of interest in which medical professionals and non-professionals can share information about conditions, treatments and lifestyle choices.

By joining Medpedia, physicians and PhDs will have the opportunity to create and edit medical articles, or opt to oversee content on a specialized topic and receive credit for it. Each member of our group can set up their own professional profile, viewable by the public, and participate in the AMWA discussion forum. We hope that this will open dialogue within our organization, and that you'll post questions or comments to the community on Medpedia.

Follow this link to join the group: <http://www.medpedia.com/groups/99-AMWA>

Journal of Women's Health is expanding its monthly Bulletin Board section to include more information on the following topics. Kindly put JWH@liebertpub.com on your news alerts and/or let us know when there is news or new projects or programs that the women's health community should be aware of, such as:

- Centers of Excellence activities
- Fellowship announcements
- New women's health programs
- New funding opportunities
- Special events
- Advocacy activities

If you are an AMWA member, and you are not taking advantage of your FREE online Journal Subscription, email info@amwa-doc.org and we will send you the instructions on how to receive this great membership benefit!

Doctor's Digest

NOW...Doctor's Digest ON THE IPHONE/IPOD TOUCH!!! iPhone/iPod Touch users can download the Doctor's Digest "Essential Practice Tip" App from the "Medical" category in the Apple® App Store or from the iTunes store. HCPs receive a new tip downloaded twice per week to their iPhone/iPod Touch. [Click here for more info.](#)

ALSO...FOLLOW Doctor's Digest on Facebook (www.facebook.com) and on Twitter (www.twitter.com/DoctorsDigest)

Doctor's Digest: May/June 2009 Primary Care and the Medical Home

The idea of the primary care medical home is gaining support from payors and physicians alike. This issue talks about the technology and other tools you'll need to transform your practice, and how to get paid for practicing this type of patient-centered care.

Doctor's Digest: March/April 2009 Accurate Billing and Coding

As claims data is used for quality improvement projects and other purposes beyond reimbursement, getting coding right is more important than ever.

Doctor's Digest: January/February 2009 Time Management

Effective time management can make practices more efficient and profitable *and* improve the quality of physician's lives. This issue will offer practical tips and real-life examples for managing a busy schedule at work and at home.

Doctor's Digest: Free E-Subscription, Podcasts and Vodcasts on Demand

AMWA members and subscribers receive a free e-subscription to *Doctor's Digest*, access to all back issues and practice management podcasts and vodcasts on demand 24/7. Getting your free 2009 e-subscription and accessing the back issues is easy: just go to the **Doctor's Digest** page on AMWA's website and click on the link provided. Follow the links on www.doctorsdigest.net for access to the podcast and vodcast series.

AMWA invites you to participate in our continued E-volution by giving us feedback about what you like or don't like about our weekly news and information e-mail. If you have suggestions regarding readability, content, timeliness, etc. send them to amwa@fernley.com.

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