



Dr. Patching poses for a picture with AMWA Members at our 95th Anniversary Meeting.

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AMWA Offers Special New Member Rate!

In honor of AMWA's 95th Anniversary, Physician (Regular) Members can now join AMWA for just \$95, normally an annual fee of \$225! This is a perfect time to join AMWA and [learn what membership](#) can do for you!



Help AMWA continue work with its various programs including American Women's Hospital Service (AWHS), The Legacy Fund, or support the Student Members of AMWA.



American Medical Women's Association
The Vision and Voice of Women in Medicine since 1915

Thanks to AMWA Corporate

Omega Silva Awarded Foremother Award of National Research Center for Women and Families

Omega C. Logan Silva, MD, MACP was awarded the Foremother Award of the National Research Center for Women and Families on Monday May 10, 2010 at the University Club. Read more about [Dr. Silva here!](#)

AMWA Launching the Task Force on Women in conjunction with STOP Obesity Alliance

In concurrence with National Women's Health Week, AMWA has joined forces with the STOP Obesity Alliance in launching the Task Force on Women – a collaboration of organizations joined together to take a closer look at the disproportionate grip obesity and chronic disease has on women in the United States. Read more [the Obesity Alliance here!](#)

Medicare and the New Health Law – What it Means for You

Starting tomorrow and throughout this week, Medicare beneficiaries across the country should begin receiving copies of a brochure "Medicare and the New Health Law – What it Means for You" in their mailboxes. The mailing from CMS outlines key provisions of the Affordable Care Act for people with Medicare as well as members of their families. The mailing is being sent in both English and Spanish. Read the full article [about Medicare here.](#)

The Anatomy of Health Care Reform Webinar May 11th

On May 11, AMWA held a joint webinar, "[The Anatomy of Health Care Reform](#)" with Doctors for America (DFA), Physicians for Reproductive Choice and Health (PRCH), and National Women's Law Center (NWLC). Sponsored by

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Doctors for America, this webinar helped clarify provisions within the new healthcare bill and how it will impact our patients. For more information go to <http://drsforamerica.org/>

MomMD Work-Life Balance Survey Results Are In

Yes, Medicine is a demanding career, but after reviewing the study it was refreshing to note that many women physicians control their hours and that life can be relatively "normal"! Two hundred and six women completed the 13-question Work-Life Balance survey on the MomMD.com website.

Read the [Work-Life Balance results here!](#)

Women's Summit, Reno, NV

Our own **Mary Guinan, PhD, MD** spoke at the Women's Summit, in Reno, NV in May, 2010 and she had excellent company! First Lady Michelle Obama was the keynote speaker and promoted healthy lifestyles among women and children. To an audience of over 1600, Dr. Guinan spoke on keeping women and children healthy, including strategies for healthy eating and the prevention of obesity.

Let's Move!

AMWA was there at the launch of Ms. Obama's **Let's Move** campaign and is committed to working with her on the issue of obesity. Read more [about the Let's Move Launch here!](#)

Community Outreach / Education

Kim Templeton ktemplet@kumc.edu and Siatta Dunbar siatta@mac.com are working on an education curriculum that can be replicated at AMWA branches. It will be used in the Be One Teach One (BOTO) outreach program to help the youth in Harlem, New York City. Look for more information to come!

Scientists and Communities Make Advances in AIDS Vaccine Research

*This just in from NIAID HIV Vaccine Research
Education Initiative (NHVREI)*

Scientists continue to make progress in the quest for a safe and effective vaccine to prevent HIV/AIDS. Such progress would not have been possible without the help of tens of thousands of volunteers from all corners of the globe who have literally rolled up their sleeves to become clinical trial volunteers in support of HIV vaccine research. Read more [about the AIDS Vaccine Research.](#)

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Full Articles

National Research Center for Women & Families Honors Dr. Omega Silva

The National Research Center (NRC) for Women & Families honored four inspiring women, including AMWA member Omega Logan Silva, M.D, at the 2010 Foremother Awards Luncheon on May 10, 2010, in Washington, DC. Other 2010 honorees include Diane Rehm, Ruth Lubic, and Catherine DeAngelis, M.D. The Foremother Awards honors women who have made life changing contributions to adults and children across the country. Join us in congratulating Dr. Silva! omega.silva@verizon.net

AMWA launching the Task Force on Women in conjunction with STOP Obesity Alliance

In concurrence with National Women's Health Week, AMWA has joined forces with the STOP Obesity Alliance in launching the Task Force on Women – a collaboration of organizations joined together to take a closer look at the disproportionate grip obesity and chronic disease has on women in the United States. The 20+ consumer, provider, government, labor, business, insurance and quality-of-care organizations that make up the Task Force will work to elevate obesity and chronic disease issues among women on the national policy agenda. At the group's initial meeting on May 11, the Task Force discussed topics including Cervical Cancer Screening, Obesity, Diabetes and Nutrition. As a follow-up to the initial meeting, AMWA will work with the STOP Obesity Alliance and the rest of the Task Force to develop recommended action steps for public and private sector decision makers who help shape the environments in which we live and work. Heading up the task force for AMWA is Theresa Rohr-Kirchgraber, MD (trohrkir@iupui.edu) and Ashley Styczynski (Ashley.styczynski@gmail.com). To read the press release, click on: <http://www.stopobesityalliance.org/newsroom/pressreleases/women%e2%80%99s-expanding-societal-roles-%e2%80%93-and-waistlines-%e2%80%93-prompt-high-level-groups-to-take-action-against-obesity-during-nationalwomen%e2%80%99s-health-week>

Medicare and the New Health Law – What it Means for You

Starting tomorrow and throughout this week, Medicare beneficiaries across the country should begin receiving copies of a brochure “Medicare and the New Health Law – What it Means for You” in their mailboxes. The mailing from CMS outlines key provisions of the Affordable Care Act for people with Medicare as well as members of their families. The mailing is being sent in both English and Spanish. Because Medicare is a trusted resource for beneficiaries and their family members, the mailing encourages them to log on to www.medicare.gov or call 1-800-MEDICARE to get their questions about Medicare or the Affordable Care Act answered and reminds them to be on the alert for possible scams. The first benefit that many people with Medicare will receive as a result of the passage of the new law is a one-time check for \$250, if they enter the Part D donut hole and are not eligible for Medicare Extra Help. Beginning next year, the Affordable Care Act ensures that Medicare beneficiaries will get free preventive care services like colorectal cancer screening and mammograms, in addition to a free annual wellness visit. The law also includes new tools to help fight fraud by helping Medicare crack down on criminals who are seeking to scam seniors and steal taxpayer dollars. The brochures can also be found at: <http://www.medicare.gov/Publications/Pubs/pdf/11467.pdf> (English) and http://www.medicare.gov/Publications/Pubs/pdf/11467_S.pdf (Spanish). Please share this information with your members, partners and constituents.

MomMD Work-Life Balance Survey Results Are In

Yes, Medicine is a demanding career, but after reviewing the study it was refreshing to note that many women physicians control their hours and that life can be relatively “normal”! Two hundred and six women completed the 13-question Work-Life Balance survey on the MomMD.com website. The new work hour restrictions have helped to keep the residents hours manageable with 26% noting less than 50 hours per week. 85% of attending were also noted to work fewer than 50 hours a week. Medical students reported working an intermediate amount, with 80% working fewer than 50 hours a week. As expected, the further along in your career, the more children and for most of the women surveyed who were married or had a partner, 81.3% worked full time. For more details, click on the links below.

Work-life balance survey results: Introduction:

<http://mommd.com/work-life-balance-1.shtml>

Physician work-life balance: child care:

<http://mommd.com/work-life-balance-2.shtml>

Work-life balance survey results: schooling and education:

<http://mommd.com/work-life-balance-3.shtml>

Physician job satisfaction: <http://mommd.com/physician-job-satisfaction.shtml>

Let's Move!

AMWA was there at the launch of Ms. Obama's *Let's Move* campaign and is committed to working with her on the issue of obesity. AMWA and The American Academy of Pediatrics (AAP) are joining forces. AMWA will use the AAP 5-4-2-1 prescription for healthy living on business card magnets as messaging from AMWA. While acknowledging these recommendations from the AAP, AMWA can target mothers, who are often the decision makers in the family regarding food and lifestyle. AMWA has organized a networking coalition of national physician organizations and have chosen as a joint project, childhood obesity.

Scientists and Communities Make Advances in AIDS Vaccine Research

This just in from NIAID HIV Vaccine Research Education Initiative (NHVREI)

Scientists continue to make progress in the quest for a safe and effective vaccine to prevent HIV/AIDS. Such progress would not have been possible without the help of tens of thousands of volunteers from all corners of the globe who have literally rolled up their sleeves to become clinical trial volunteers in support of HIV vaccine research. The need for a vaccine remains critical. An estimated 1.2 million Americans are living with HIV/AIDS. According to the U.S. Centers for Disease Control and Prevention (CDC), some 56,300 individuals in the United States become newly infected every year. African-Americans account for almost half of these new infections, Hispanics for 18 percent. While advancements in antiretroviral drug therapies are prolonging the lives of HIV/AIDS patients, they

remain prohibitively expensive for many, making the discovery of an HIV vaccine our best hope for ending the spread of the virus.

In 2009, HIV prevention research received positive news when a 16,000-person vaccine trial in Thailand showed a vaccine regimen was modestly effective in protecting some of the trial participants from contracting HIV. While this vaccine is not considered effective enough for licensure, the data gleaned from the multi-year trial has been invaluable, illuminating the path toward future discoveries in HIV vaccine research. HIV vaccine candidates do not contain the HIV virus, so they cannot infect trial volunteers. HIV vaccine trials are monitored not only by scientists and researchers, but also by community advisory boards made up of local prevention experts and regular citizens who ensure that the safety and well-being of study participants is always the top priority. Historically, the development of vaccines has taken decades. It took scientists 42 years to develop a measles vaccine and 47 years to develop one for polio; the typhoid vaccine required more than a century of research and testing. Today, those vaccines are protecting and saving millions of lives around the world.

To learn more about HIV vaccine research in the United States, visit <http://betheneration.nih.gov>.