



American Medical **Women's** Association

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MomMD Work-Life Balance Survey Results Are In

Yes, Medicine is a demanding career, but after reviewing the study it was refreshing to note that many women physicians control their hours and that life can be relatively “normal”! Two hundred and six women completed the 13-question Work-Life Balance survey on the MomMD.com website. The new work hour restrictions have helped to keep the residents hours manageable with 26% noting less than 50 hours per week. 85% of attending were also noted to work fewer than 50 hours a week. Medical students reported working an intermediate amount, with 80% working fewer than 50 hours a week. As expected, the further along in your career, the more children and for most of the women surveyed who were married or had a partner, 81.3% worked full time. For more details, click on the links below.

Work-life balance survey results: Introduction:

<http://mommd.com/work-life-balance-1.shtml>

Physician work-life balance: child care:

<http://mommd.com/work-life-balance-2.shtml>

Work-life balance survey results: schooling and education:

<http://mommd.com/work-life-balance-3.shtml>

Physician job satisfaction: <http://mommd.com/physician-job-satisfaction.shtml>